

State Police crackdown on
distracted driving P11

Sports:
Fitzgerald helps Pirates

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NEWS BRIEFS



Complete Race Coverage!

The Wilmington Chamber of Commerce half-marathon and 5K Run/Walk came off without a hitch, despite a damp forecast Sunday morning. Sports.

Farmers Market

Last day is Sunday. Don't miss out on all the fun. Find out what's going on. on Page 2.

Six Steps to an amazing garden

Read our tips on how to make your garden look its best even in the winter, and prepare for a splendid spring yard. Page 13

Butters Row Closing

The Mass DOT will be closing the butters Row bridge on Friday for repairs. Find out more on Page 15.

To Do

Looking for a little something to do? Check out our Calendar listings on Page 6 and our Library events

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Runner has his arms full

Steve Zella was the 4th man to finish the 5k road race in Wilmington on Sunday. Twin daughters Olivia and Ava were waiting at the finish line.

(photo by Maureen Brady-www.shootingstarspix.com)

Local Heroes Completes Mission

Package sending winds down as service men and women return from overseas

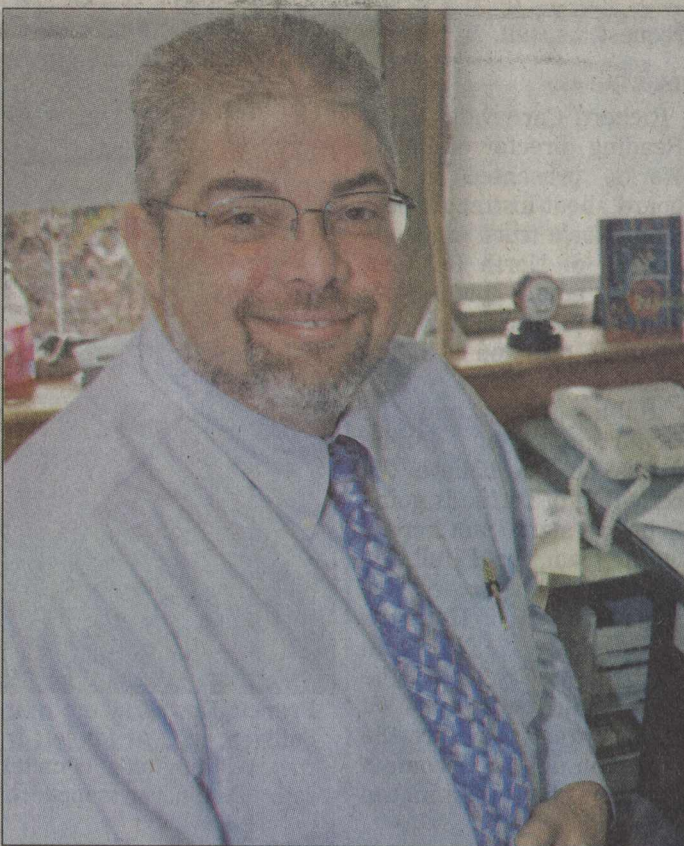
By JAYNE W. MILLER
News Editor

WILMINGTON - Nine years. 18,000 packages. Baby wipes. More than half a million dollars in shipping costs and supplies. Local Heroes, founded by Wilmington Veterans Agent Lou Cimaglia, will send its last package November 30 ending an era of generosity, service, and dedication to service men and women overseas.

"It's run its course. I'm always going to be there, obviously, with my positions and we'll continue to put the signs up when they come home," Cimaglia told the Town Crier.

On Saturday evening Nov. 30 at 7 p.m. at the Knights of Columbus Hall in Wilmington Local will send out its last packages to our service men and women overseas. Anyone wishing to join us may do so, but

CONTINUED PAGE 15



Lou Cimaglia is closing down Local Heroes as fewer and fewer men and women are serving overseas.
Town Crier File Photo

Education notes

Pinwheels for Peace

By SHARON ADELMAN
CROWLEY
Crier Correspondent

WILMINGTON - Imagine... "Whirled" Peace. This nifty homophone with its double meaning is the motto for Pinwheels for Peace, a project chosen by the Boutwell Early Childhood Center in Wilmington for International Day of Peace

last week.

The symbolism behind this global project: pinwheels spinning or "whirling" in the wind spread feelings of peace throughout the world, according to the Pinwheels for Peace website.

Kindergarten teacher Kelly Torpey learned about the project three years ago and shared it with her students. "It's fantastic and the

kids really seem to enjoy it," she said.

Torpey runs the project each year in conjunction with lead teacher, Jen Mahon. "It's become a joint effort by all the teachers at Boutwell," she said. "We talk about what peace means to the students and what peace means in their school. In

CONTINUED PAGE 15

MCAS results stable

Wilmington maintains Level 2 status

By SHARON ADELMAN
CROWLEY
Crier Correspondent

WILMINGTON - Results for the spring 2013 MCAS testing have been released by The Department of Elementary and Secondary Education (DESE). Wilmington schools received a Level 2, classified for "not meeting gap-narrowing goals." This district's progress toward narrowing proficiency gaps is 58%. To be on target, cumulative progress and performance must be 75% or higher.

Statewide, many schools showed improvement or remained the same as 2012. DESE findings report 48 schools narrowed proficiency gaps and 500 schools met Level 1 performance benchmarks.

A five-level accountability

system measures progress and performance, with Level 1 defined as "meeting gap-narrowing goals" and descending through Level 5, "chronically underperforming schools." Districts are classified by its lowest performing school.

MCAS, otherwise known as Massachusetts Comprehensive Assessment System, is the Commonwealth's standards-based student assessment program. The results, per DESE, are used for improvements in teaching and learning, school and district accountability, and student accountability.

State and federal law mandates that students take the MCAS when enrolled in Massachusetts public schools, grades 3 - 8 and grade 10. Depending on

CONTINUED PAGE 15

Selectmen notes

High School appeal over

By CHRISTINE KENNEY
Crier Correspondent

WILMINGTON - At the Board of Selectmen meeting on Monday, September 23, members voted to approve the special town meeting warrant. The town meeting is scheduled for November 13 at the Middle School Auditorium.

The big item on the agenda is the town's interest in purchasing 7.6 acres of land owned by the Roman Catholic Archdiocese of Boston (St. Dorothy's) for

approximately \$1.7 million.

Two additional warrant items include a request to allow land zoned as highway industrial allow for personal services companies, such as a hair salon, and another zoning request to change 276 Lowell Street from R20 to general business.

High School

Town Manager Jeffrey Hull reported about Justice Peter Krupp's decision

CONTINUED PAGE 2



Dave Trane and Steve Lawrenson were talking "engines" like the one in this 1959 Chevy Apache owned by Trane at the antique car show held at the Wilmington Farmer's Market on Sunday. The car show was part of a benefit for Butter's Farm.

(photo by Maureen Brady-www.shootingstarspix.com)

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Catherine Warren of Girl Scout Troop 62002 helped Maya Lanzi make a God's Eye at the craft table at the Wilmington Farmer's Market on Sunday.
(photo by Maureen Brady-www.shootingstarspix.com)

Wilmington Farmers Market

Closing Day – Come Join us for another day of fun!

WILMINGTON - The Wilmington Farmers Market, located on the Swain Green across from the Town Common, is open this Sunday, September 29, 10:30 am to 1:30 pm. Our theme for this week is our Closing day for the season. Following are the things you can expect this week:

Wilmington Police Department will be doing a car safety check.

Cub Scout Pack 136 will be on our community table and will be selling batteries as a fundraiser. Stop by the second community table featuring WCTV.

Bed by Nine will be back with their music and there is a special performance by Wilmington Dance Academy at 11:30am.

Academy of Traditional Karate will be at the education table offering more details about techniques and classes offered.

On the kids table we are having a "sunflower contest," bring a picture, a drawing or a craft featuring the sunflower that you planted on the opening day.

Additionally, we will have the following vendors:

Farmer Dave, Gaouette Farm and Nagog Hill Orchard will be there with fresh fruits and vegetables that are currently in season.

Lawton Family Farm will have grass-fed beef as well as various varieties of cheese.

Seafood Express will have fresh seafood.

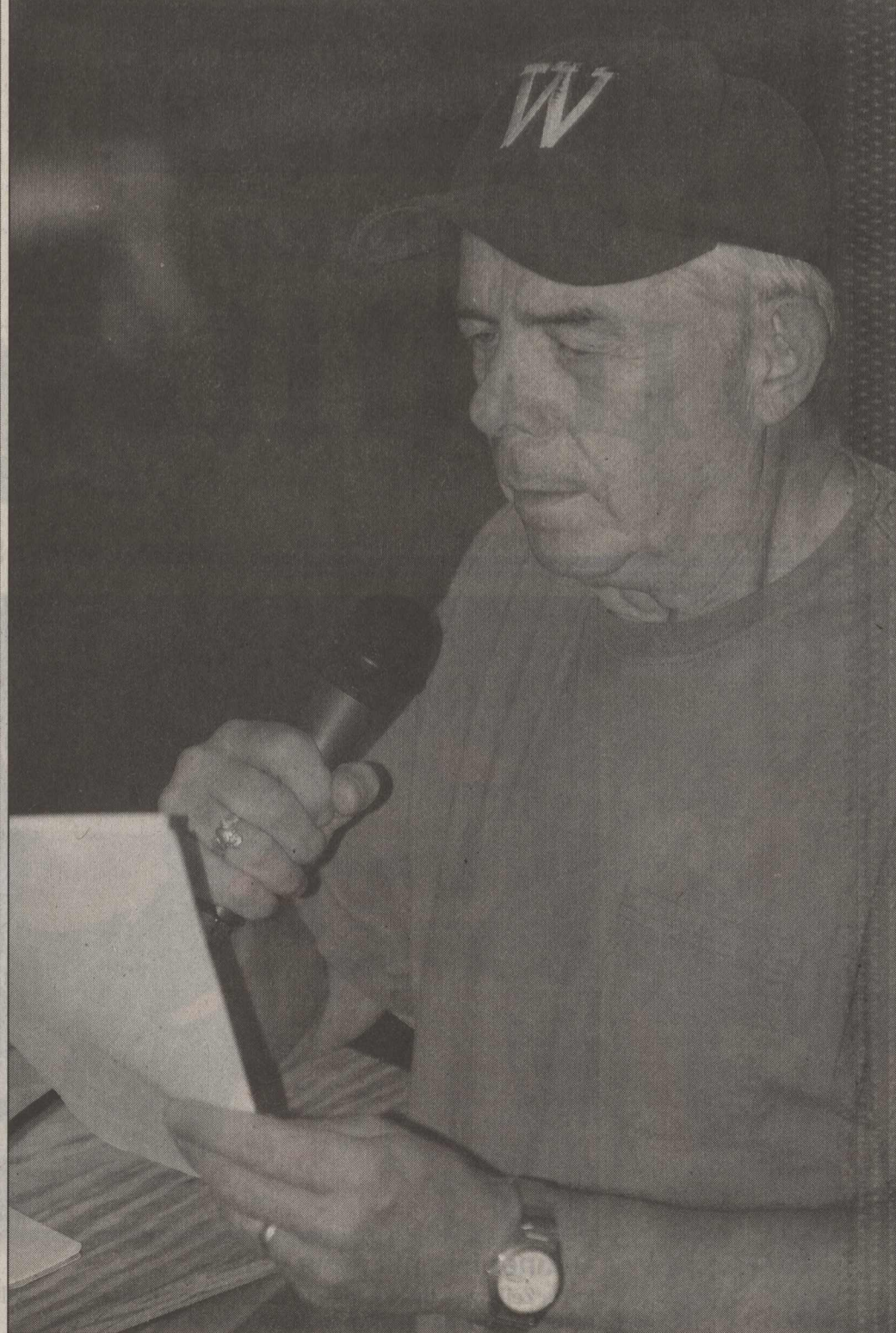
Danish Pastry House and

JannaBee's will have fresh baked goods, Let's Get Baked will feature freshly made breads and Mizz Megz with some delicious cupcakes.

Additionally we will have Fior D'Italia with their delicious pasta, 27 West with freshly ground coffee or beans, Kittredge Candles with scented soy candles, soaps & lotions and Little Lemon Boutiques offering quality handmade gifts.

And Guess What???? Pizza Goddess is BACK with their Food Truck serving some delicious pizzas.

Make sure to connect with us on Facebook and Twitter for regular updates. Please contact us at info@wilmingtonfarmersmarket.com for further information.



Tom Walsh made an announcement in honor of National POW/MIA Day just before the WHS football game against Arlington Catholic on Friday night.

(photo by Maureen Brady-www.shootingstarspix.com)

Passages

Francis Downs was a hard worker



Francis Downs at his retirement party, with his brother Jimmy at right, and Tommy Sullivan, left. At far left is another brother, Forrest "Brownie" Downs. Francis Downs was Wilmington's cemetery superintendent for many years. Although he officially retired, he never stopped working.

BY LARZ F. NEILSON
Editor Emeritus

WILMINGTON - Francis Downs arrived home this week. On Tuesday, the familiar ground of Wildwood Cemetery opened up to greet him, and he was laid to rest alongside his wife Betty.

Francis Downs, Wilmington's long-time cemetery superintendent, died last Thursday. He was 90 years old.

He had lived in Wilmington for over 70 years. His father, Glenn Downs, bought the Pettingill farm at the corner of Woburn and Lowell streets in 1940. Today, Lucci's Supermarket is on the site of that farm. Francis came to that farm as a teenager, and worked with his father for many years. He was a hard worker.

He first went to work at the cemetery in 1944, and when Ernest "Buster" Eames retired, he became superintendent. In 36 years with the town, he only took two sick days.

He worked closely with Willis "Bud" Lyford at the

Nichols Funeral Home, on call when help was needed. If you bought furniture from the Coombs Furniture Co., it would possibly be delivered by Francis. He also took care of the Coombs' yard, along with that of the Weinbergs and Fred Cain.

After his retirement, he would often be found at the Town Crier office on Wednesday afternoons, inserting, tying and delivering newspapers, alongside his wife Betty, who worked at the Town Crier forever.

Francis and Betty raised six children.

"Every morning before going to work he would give each of us a kiss goodbye," his son Bill wrote. "Sunday dinners with family, Christmas and Thanksgiving when we had to bring out the sheets of plywood that dad put

together to make a table large enough for the whole family. Working with him at the home of Weinberg's, Coombs' and Fred Cains, we took care of their yards. Before Memorial Day we would go with him to help the different veterans groups to put out flags on the graves. Most of all, I remember how proud he was of his large family. He worked sometimes three jobs to make ends meet. He never called in sick, maybe once or twice in 36 years. As a kid I'd go with him during haying season to help his dad cut and bale hay. Grampa Glenn Downs owned the large piece of land across from the Burger King in Wilmington. I was young so it was fun for me but a job for dad and his brbthers but he never complained about having to help his dad."

High School appeal found in town's favor

CONTINUED FROM PAGE 1

regarding Gerry O'Reilly's appeal on the high school building project. Krupp confirmed that the final order of conditions put forth by the Department of Environmental Protection is acceptable.

"I think we ought to be pleased," said Selectman Michael Champoux, reaffirming that the town has supported the project since its inception.

Construction

Gene Sullivan, PE, attended the meeting to talk about his work for Kirkwood Holdings, Inc., at 904 Main Street. Sullivan was requesting an earth removal permit be granted to him for the construction of the site, predominantly rock material.

Hull informed the board

that the town department heads had recommended the permit be granted, and the board unanimously voted favorable.

Sullivan is also involved with a project at 114 West Street. John Christopher, who spoke on behalf of the project, informed the board that the West Street property needed an earth removal permit as well, explaining that the team was able to move 14,000 yards of rock from one part of the site to the other.

"Now we are asking to remove an additional 6,000 yards of rock that's been moved over," Christopher said.

Christopher noted that the original plans for the site grade were not completely accurate, which is why the permit was needed.

The board approved his

request, as well.

Truck Exclusion

Richard Carnevale, North Reading director of Public Works, presented to the board about his recommendation for a truck exclusion in part of North Reading, which could potentially affect traffic flow in Wilmington on Salem Street.

"Public safety and the Department of Public works do not believe the rerouting of traffic is going to have a significant impact on the town," said Hull.

The board approved the request. However, Selectmen Chairman Michael McCoy noted the town would keep an eye on Salem Street to ensure the exclusion did not become a problem for Wilmington residents.

Firearms safety course in N. Reading

NORTH READING - the North Reading Rifle Club, 242 Central St., will host a firearm safety course Wednesday, October 16 and October 23 at 7 p.m. You must attend both dates. Certified instructors will explain firearms operation, safe handling, storage, transportation and laws.

Each participant will shoot a rifle, revolver and semi-automatic hand gun. A certificate required by Massachusetts law, when applying for a Class A or B license to carry, or firearms identification card will be issued to everyone completing the course.

A licensed is required to purchase, possess or carry a firearm. To register or for more information call Richard Morrisette at 978-657-7291

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It's Your Money

by Todd Brisbois

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Guest Op-Ed

by Caroline Little

Newspapers are still the cornerstone of democracy

We've been calling it the end of an era for a long time now.

It's supposed to be the end of newspapers, according to naysayers who have been predicting their ultimate demise for years. But the facts prove the newspaper industry is growing and transforming rather than dying. Of course, there are always bumps in the road to innovation, but as it turns out, we're actually in the midst of a promising and exciting time.

Top businessmen and investors such as Warren Buffett, John Henry and Jeff Bezos are demonstrating that newspapers are still lucrative investments. And despite gloomy predictions, our circulation revenue is actually rising.

We're experimenting and transforming to match the pace of our innovative and digitally-driven world. Digital and bundled subscriptions accounted for a five percent uptick in circulation revenue in 2012 - the first national rise in circulation revenue since 2003.

Newspaper content is now ubiquitous, available and accessed on every platform and device. Recent Scarborough research also shows that across all print, digital and mobile platforms, a full 70 percent of U.S. adults read newspaper content each week. That's more than 164 million adults - 144 million of whom, still pick up the print copy.

And despite the common perception that the younger, digitally-native generation has abandoned newspapers, this study shows quite the opposite. Some 57 percent of young adults, ranging in age from 18 to 34, read newspaper content in a given week. This is a strong indication that the industry is still a relevant and vital source of information, even to Millennials, who coincidentally also contribute heavily to the growth of mobile readership, which jumped 58 percent over the last year.

The reason for this is simple. With the deluge of information available on the Internet, people of all ages rely heavily on sources they trust to provide accurate content and quickly sift fact from fiction.

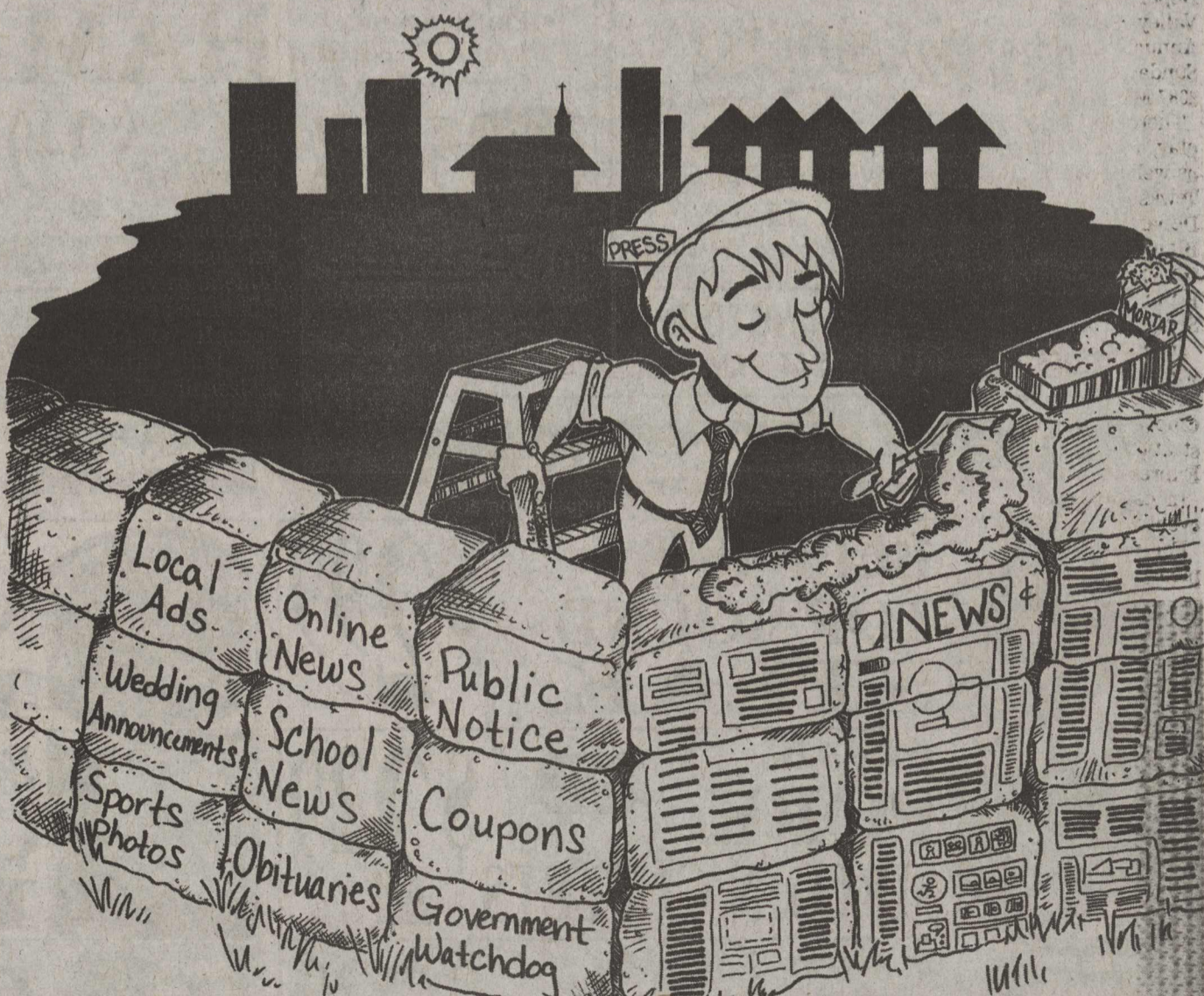
Newspapers consistently and reliably provide the most up-to-date, accurate and important news. And our audiences recognize this, rating newspapers as the most trusted of all media forms in a recent Nielsen study. While 56 percent say they trust newspapers, 52 percent trust local television and only 37 percent trust social media.

Today's technology has only proven how valuable this content is by providing a platform to widen the audience for each story, which can now be taken and repeated, shared, tweeted, condensed and emailed countless times a day.

Newspapers have always been the cornerstone of our society, and that did not change with the digital revolution. Ever since the Philadelphia Evening Post first published the Declaration of Independence, our newspapers have continued to unite us as communities and as a nation. News media connects us through stories, keeping us informed on school board decisions, local heroes, national budgets and international conflict.

The public's right to know is essential to preserving our unique American democracy, and newspapers serve the vital role of independent watchdogs - keeping governments, businesses and other institutions in check. Without a free press that can protect its sources, American democracy will suffer.

The newspaper industry will continue to innovate and transform with the times, just like any other industry. But one thing will never change: Our historic promise to connect, inform, investigate and foster an educated society.



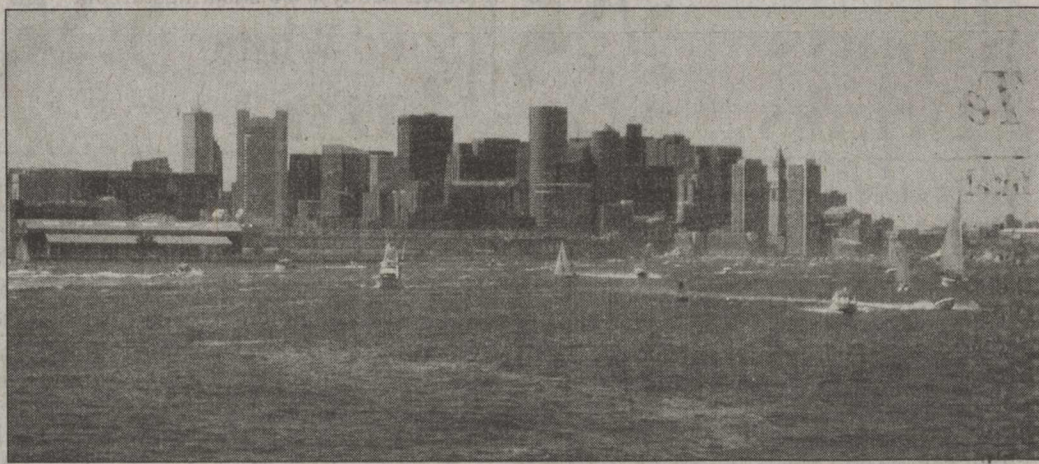
Newspapers are the Cornerstone of Your Community



Environmental Notes

by George R. Allan

Dirtiest Harbor In America?



Boston Harbor is now a popular and clean recreation area
Photo by George Allan

In September 1988, George Bush (the elder), the Republican presidential candidate, came to Boston to tweak Democratic candidate, Mike Dukakis, about his poor environmental record. From an excursion boat in Boston Harbor, Bush declared that the harbor was the dirtiest in America and a reflection of Dukakis' failed environmental policies. Delaying the harbor cleanup was, according to Bush, a policy blunder that cost Massachusetts millions in federal aid.

Fast forward 25 years and Boston Harbor is now one of the most visited and used recreational areas in New England. It was a Federal Court ordered mandate, not a presidential photo-op, that forced the cleanup of the harbor. The work began in 1989 to upgrade the Deer Island sewage treatment plant to meet the current federal water quality standards. In addition to more treatment processes, a key element of the project was a 9.5 mile tunnel to discharge the treated wastewater out in the deeper waters of Massachusetts Bay. The work was completed in 2000 at a cost of \$3.8 billion.

If you haven't had the opportunity to visit Boston Harbor and the waterfront recently... do it. You will be impressed. This past August, I took my grandsons on a harbor cruise. The harbor was alive with activity including tour boats, private boats, ferries and kayaks. In fact the day we were there, the Red Bull Cliff Diving competition was taking place at the Institute of Contemporary Art (ICA). World class divers were splashing into Boston Harbor from the roof of the ICA. This is quite a testament to the improved quality of the harbor.

While there have been dramatic improvements, the cleanup work is not done. The focus now is on combined sewers. Unlike modern collection systems where street runoff goes into one set of pipes and sewage from homes and businesses goes into a separate set of pipes, the collection systems in Boston and surrounding cities like Cambridge and Somerville, were combined in one pipe system. In periods of heavy rain, these combined systems would be overloaded because of the street drainage. When the combined flow reached the sewage treatment plant or a relief outlet along the route, it would overflow into Boston Harbor and the Charles and Mystic River. This would cause obvious public health issues because of the bacteria and pollutants in the discharge. In some cases beaches had to be closed.

The MWRA has an active program to eliminate the combined sewer overflows and to construct separate sewer and drainage collection systems. They have also built underground storage areas to hold peak flows from the combined sewer and drain pipes after a heavy rain. In these storage areas, the wastewater is screened and chlorinated before being pumped back into the system during non-peak flow periods. This combined sewer overflow control program carries a price tag of about \$885 million.

The MWRA sewer system serves two million people in

43 communities. Wilmington is the northernmost town in the sewer system. Only a portion of the residential and commercial buildings in town are connected to the system. The main trunk sewer from Wilmington is connected to Woburn. From there it is all downhill to Boston Harbor. The MWRA charges an assessment to each member community based on flow and population. Wilmington's sewer assessment for the current fiscal year is \$2.4 million.

If you have been paying attention to the many Red Sox wins this year, you know that after each victory at Fenway Park they play the song "Dirty Water" by the Standells, which was recorded in 1966. So while we may "love that dirty water" in song, we enjoy the benefits of all the effort and money spent to make Boston Harbor one of the best recreational water resources in America.



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- All submissions **must** be accompanied by name, address, and a daytime telephone number. There are **no** exceptions.

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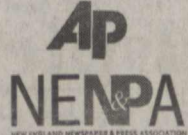
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Community Event in Tewksbury

Safe Halloween

TEWKSBURY -The Tewksbury Police Department, in cooperation with Merrimack Valley Pavilion, will be hosting the 15th Annual Community Safe Halloween on Sunday, Oct. 27, from 10AM to 1PM at M.V.P. 2087 Main Street.

There will be games for the children to play, face painting, safety demonstrations, as well as arts & craft tables courtesy of the Tewksbury Public Schools, Tewksbury Fire Department, Tewksbury Public Library, Blair House, Safe Routes to School, Lowell General Hospital, RTN Credit Union, Hannaford, Community Teamwork, Girl Scouts, and Tewksbury Rail Trails.

In addition to the above activities, there will be a touch a truck courtesy of Metlife, Tewksbury Transit, and Tewksbury Country Club, a costume contest, a Police K-9 demonstration, and entertainment thanks to Dance Expressions and Ram Jam Entertainment.

In case of rain, a smaller version of the event will take place inside MVP.

For more information or to get involved, please contact Officer Jennie Welch at

(978)851-7373, Ext 230.

Tips for Safe Trick or Treating

If you're going 'Trick or Treating' at Halloween, remember these safety tips, so you can have fun and keep safe at the same time!

- Always go trick or treating with an adult
- Only go to houses where you or your friends know the residents
- Don't knock on doors where there is a sign saying 'NO callers' or there are no outside lights on
- Stay in areas that are lit with streetlights - take a flashlight with you just in case
- Stay with your friends - don't split into smaller groups unless an adult goes with you
- Don't talk to strangers on the street
- Don't enter any house, stay on the doorstep
- Always look carefully before crossing the road, even if you are part of a group;
- Be visible



Austin Harrington and Brian Connelly chose candy from a bowl that RoseAnn Nowak was giving out on Halloween night last year.

(photo by Maureen Brady-www.shootingstarspix.com)

Tewksbury Senior Topics

Intake day for Upscale Consignment Monday Oct 7; Silvertones Oct 11

Our Senior Citizen Artisans and Art Instructors will hold their 21st "Showcase of Creativity" art show at the Senior Center this Friday, September 27th from 5:00 to 7:30 PM. They would love to have you join them. The Public is Welcomed & Refreshments will be served.

A Special Town Meeting will be held on Tuesday, October 1st beginning at 7:00 PM at the High School.

The Seniors will hold a Giant Yard Sale at the Senior Center, 175 Chandler Street, on Saturday, October 5th from 9:00 AM to 2:00 PM. The cost of a table space is \$15 or \$25 for two tables. The event also features luncheon specials and a yummy bake sale table. For more information one may call 978-640-4482. Admission is Free.

The Upscale Consignment Boutique will be holding its "Intake of Items Day" on Monday, October 7th from 2:00 to 6:00 PM. This is a good time to check out the new items coming in. On intake day the boutique is open until 6:00 PM.

RN, Karen Orband, will be at the Senior Center on Tuesday, October 8th for the Diabetes Academy meeting at 10:00 AM. New attendees are always welcome. Ms. Orband is a great resource for those who may have questions about Diabetes. The public is welcome.

Tickets are now on sale for the following day trips taking place in October:

Oct. 7th - Foxwood \$25 - includes motorcoach transportation, casino package and driver gratuity

Oct. 10th - Aquasino Cruise - unfortunately this trip is now CANCELED due to the lack of interest.

Oct. 17th - Salem Cross

Inn/Quabbin Reservoir \$52 (lunch & guided bus tour of Quabbin included) It is asked that sign-ups be done ASAP so we can secure our reservations.

For more information on day trips and activities at the Senior Center one may call 978-640-4480.

The Catmobile clinic will be at the Senior Center parking lot on Friday, October 11th. Spay and neuter packages are available for one's cat/s. One must make a reservation by calling 978-465-1949 or logging on line at www.catmobile.org.

In the evening on Friday, October 11th the Silvertones Band will hold its monthly dance. Tickets will be available at the door at \$10. Why not come on down for an enjoyable evening of dancing or just plain listening to the sounds of a 17 piece band.

The Piecemakers Quilting Club will hold its Annual Quilt Show at the Senior Center on Saturday and Sunday, October 19th and 20th. The hours of the show are 10:00 AM to 4:00 PM. Admission is \$6 and luncheon specials are available for purchase.

One may want to mark his/her calendar for the following events - Tickets will be available soon:

The Friends Halloween Dance of Friday October 25th with music by the Fred Manzi Band - \$10

The Edwards Twins Matinee Show of Sunday, November 3rd - \$35

The Blues Brothers Show of Friday, December 13th - \$10 (This show will be funded, in part, by the Tewksbury Local Arts Council and the Massachusetts Arts Council)

The Friends New Year's Eve Dinner/Dance of

Tuesday, December 31st - \$50

Elder Services of the Merrimack Valley SHINE Coordinator, Susan Cripps, will be at the Senior Center on Friday, October 25th at 10:00 AM to discuss Medicare and supplemental medigap coverages. The public is welcome to attend this informative presentation.

A Cribbage Tournament will be held at the Senior Center on Saturday, October 26th. The registration fee is \$20 per person. One may register prior to the tournament or upon arrival at 12 Noon on the day of the tournament.

Then on Sunday, October 27th the Seniors will hold a Breakfast Benefit and Mini Fair at the Senior Center. The Breakfast will be held from 7:00 to 11:00 AM; and, the Mini Fair will be open from 7:00 to 12:00 Noon. Table space is available to the public for the Fair.

DJ Jon Mansfield will be back for an afternoon dance on Monday, October 28th. Those purchasing tickets by October 23rd will have lunch included.

Medigap Presentation from the following companies will take place on the dates noted:

Friday, November 1st at 10:00 AM - Tufts Health Medical Preferred by Gerald Lodge;

Friday, November 8th at 2:00 PM - Fallon Health Care by Heather Bousquet; Friday, November 22nd at 10:00 AM - BC/BS by Heather Hurd

If one would like to have a representative from another company do a presentation, please contact the Council on Aging at 978-640-4482.

A pleasant week is wished to all. God Bless America

Tara Morgan to be performing on WCTV for Wounded Veterans

On Tuesday, October 1st, iPods For Wounded Veterans will be presenting a special live entertainment TV program at the studios of Wilmington Community Television (WCTV) at 10 Waltham Street in Wilmington at 8:00 PM.

Country and Western vocalist Tara Morgan will be performing a live one-hour program. Her program will be broadcast on Comcast channel 9 and Verizon channel 37. There are 10 audience seats



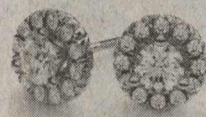
available free of charge. For seating reservations call Paul Cardello at 603-770-

5765.

Morgan will also be performing a fundraiser to benefit iPods For Wounded Veterans on Saturday, October 5th at 8 PM. The concert will be held at the Billerica VFW Solomon Post 8819 on Phinney St. There will be raffles and other activities in a non-smoking function room. Seating is available for \$10.00 per person. To reserve your tickets please call Cmdr. John Parker at 978-758-7384.

Because in your greatest ecstasy, your deepest despair, she is there.

Ah, yes. It's football season.



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LOWELL GENERAL HOSPITAL

Community Health and Wellness Programs

September/October 2013



Turbo Kick®

Tuesdays, September 10-October 15, 6:30-7:30pm, \$45

This six-week class is a combination of intense kickboxing and dance moves to high energy and motivating music. It's the ultimate cardiovascular challenge that's a unique blend of intense intervals of strength and endurance training followed by a relaxing cool-down.

SIDS Workshop

Monday, September 16, 7:00-8:30pm, FREE

This SIDS training course will define sudden infant death syndrome, discuss risk factors and identify safe sleeping positions and environments.

Freedom From Smoking®

Tuesdays, October 8-November 26, 6:15-7:15pm, \$30 (refunded upon completion of the class)

This eight-week American Lung Association program gives attendees the tools needed to end dependency on smoking and improve health and wellness. The class is offered for adults age 19 and older.

Fall Festival

Saturday, October 26, 11:00-2:00pm, FREE

Your kids won't want to miss this exciting journey as they learn about their bodies and earn stamps on a "Passport to Health." Join us for fall-themed activities and games - healthy snacks and Halloween safety bags provided!

Registration required!

Call 1-877-LGH-WELL (1-877-544-9355) or visit www.lowellgeneral.org/health

Lowell General Hospital

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Bird and Blooms

by Gerry Duggan

Autumn brings changes for flora and fowl

Middle to late September, the full harvest moon has passed. Autumn is upon us and we have just missed our first frost. I didn't check this year but previous years have seen birds just after dark when moon is bright flying up from the bushes to continue their migration south. We know that the birds migrate at night because they need to feed during the day.

I haven't seen the flocks of blackbirds yet. I don't put out seed until after they pass through. Saw one catbird last week, but it will be soon on its way. Orioles and house wrens have vanished. Around Butters Row the blue jays have had a successful breeding year with many of them around.

House sparrows are prolific as usual with just one nesting box in my yard hosting 3 broods at least. I think I had mentioned before the bird we commonly call the English sparrow is not in the sparrow family, but actually part of the weaver finch family.

I had no visit from the great blue heron, probably because I had covered my goldfish pond with chicken wire. Last year, toward the end of August, a great blue raided my pond. I don't

know how many fish it ate but I do know my only large gold breeder made a nice tidbit for the heron. After several visits one day, I had covered pond and I never saw a fish for the rest of the year. This spring when the water warmed I finally saw fish including my other large calico, about 9 - 10 inches, that had survived the feeding frenzy of previous year. I added more feeder fish to pond, ended up with about 20 that I could see, along with many black goldfish.

Since I keep suet out year round, I have many downy, hairy, and red-bellied woodpeckers, along with a flicker or two. The flickers seem to prefer the ants along the sidewalks and curbs. One day after their young had fledged, I had 8 downy woodpeckers on the shed, swing set, and pole where a large suet basket is located.

Unusually, this year the downy woodpeckers took a liking to the sugar and water solution in the hummingbird feeder, much to the chagrin of the hummingbird. Hope the sugar is ok for the downy, no way to stop them anyway, unless the feeder doesn't get put out, which isn't going to happen. Maybe the sugar mix is like a drug to the downy, if so, we have a large group of addicted downies!

I had again this year my mystery plant, actually two of them out front. Haven't been able to identify this plant or weed. It stands about 3 - 4 feet, blooms at night, with as many as 20 flowers, about 2 inches across, tubular, as soon as it starts to get light, the flowers start to wilt. The bees are in them early, by about 10am they are done and fall off, when it gets dark again plant re-blooms. This process goes

on for about a month. When finished blooming, the plants are covered with seedpods, which the goldfinches feast on. About a month ago I backed into my driveway, about 6 feet away from these two plants, as I was sitting in my car a goldfinch was prying the seeds out of the husks. Aren't usually able to get that close to any wild bird. The goldfinch either didn't see me or because I was in the car, I wasn't a threat. He continued to pry these small seed out with his beak, which is perfectly designed for that purpose for about 10 minutes before he flew to a hosta plant that had bloomed and gone to seed.

I don't rush to clean up the gardens in the fall. A lot of our flowering plants are a good source of food for the wild birds. So, consider leaving your cone-flowers, black-eyed susans and other flowering plants so the birds can feed on them. I have noticed the finches, chickadees and other small seedeaters prefer to swing on these spindly stems picking seeds rather than hitting the thistle feeders we put out. Of course, come an ice storm and the birds will flock to our handouts, making us feel good that we helped them through a tough time.

One bird I haven't seen this year in my neighborhood is the mockingbird, though I have spied them in other locations.

We have noticed there weren't any monarch butterflies this year. There are several factors that could have caused population drop. The only wintering spot for monarchs is in Mexico, where these hardy butterflies migrate in the fall. The local inhabitants are deforesting that region of Mexico for firewood. The Mexican government is developing a cooking stove program that should burn wood more efficiently, requiring less of it. Another big problem is that farmers along the routes the monarch take to reach their summer breeding grounds are wiping out the milkweed plant, which is the only plant the monarchs use to lay their eggs on and the only plant the monarch larvae eat. This is a recipe for a disaster for the monarch. The people studying the problem have noted that the monarch, unlike most other insects and animals, doesn't have a plan B. Time will only tell if this collapse can be reversed.

Keep your eyes and ears peeled for those high-flying migratory Canada geese. You will hear them before you will see them. The next few weeks you may see the first slate juncos or snow birds. They moved north out of our area by mid-April to their breeding areas in Canada, and they are on the way back now. I didn't want to take the chance on 9/17 with my four hibiscuses so I brought them in, looks by the time this article is printed we may be close to another frost.

As before, if you have any questions, comments or sightings contact me by e-mail daisdaph@verizon.net or call my cell phone in the afternoon @ 508-320-3092



Let's Hear it!!

Your Two Cents...



Congrats to the Wilmington Chamber of Commerce for putting on a terrific race Sunday and thanks to the Town and all the departments that helped coordinate the day.

Want your opinion heard?

Send your Two Cents to:

twocents@YourTownCrier.com

All submissions must be accompanied by contact information for verification purposes.

Submissions exceeding 200 words will not be considered for publication.

All submissions chosen for publication will be done so anonymously.

Want your opinion heard?

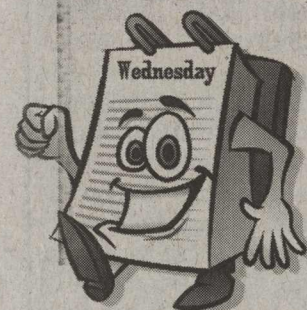
We LOVE your letters!

Send Letters to the Editor to:

Jayne@yourtowncrier.com

All submissions must be accompanied by full name, address, and daytime contact information for verification purposes.

Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.



Community Calendar

send your item to:

Calendar@YourTownCrier.com

Wilmington:

For the Fall and Winter Season: The Wilmington Community Television station will be switching over to its fall and winter schedule as of September 7th. As of the 7th, WCTV's hours will be from Monday to Thursday from 10:00 AM to 9:00 PM, Friday and Saturday from 9:00 AM to 1:00 PM, and no business Sunday. Camera editing lessons are available for those interested: memberships are required for said lessons however, and can be acquired for \$15 as a normal resident, \$10 for students and seniors, \$25 for a 4-member family, or \$50 for a full organization.

Sunday, September 29th: It's that time of the year again, with the proud and triumphant return of the ever-popular Wilmington Farmer's Market, once again taking the Swain Parking Lot across from the High School by storm! This year, come by the Market, open on Sundays from 10:30 AM to 1:30 PM for a great variety of different services, from local businesses to fresh grown fruits and vegetables for you to take home to devour! As a note, the Farmer's Market is currently looking for volunteers, and no pets are allowed in the market itself.

Thursday, September 26th: Both the Woburn Street School and the Shawsheen Elementary School will be holding Open Houses to introduce parents to the atmosphere and general climate of both schools, with the Woburn Street School holding its open house from

5:30 PM to 8:00 PM and the Shawsheen School from 5:30 to 7:30 PM. Parents should utilize this opportunity to really get a feel for the place their children will be attending to learn!

Monday, September 30th: The Wilmington Public School System and the varied businesses around Wilmington will be hosting a Golf Tournament and Luncheon Fundraiser intended to benefit the school programs, businesses, and community events that are held in Wilmington at the Hillview Country Club in North Reading. The Continental Breakfast and Registration goes from 7:15 AM to 8:00 AM, with a Shotgun Start to the tournament at 8:05 AM and a Buffet Luncheon at 12:30 PM. Each player can register as one or in a team of four for \$125 each, and the luncheon costs \$30 to partake in. Raffles will also be available, so make sure to head on down!

Friday, October 4th: The Wilmington Sons of Italy and the Italian Heritage Association's 4th Annual Golf Classic will be held at the Merrimack Valley Golf Club this year, with a shotgun-start tee off at 8:30 AM. Each player must contribute \$125 to play; this cost covers a continental breakfast, gift, goodie bag, golf cart, a luncheon, and more; any questions should be brought to Kevin Caira at 978-657-7734

Thursday, October 17th: The Wilmington High School Building Committee will be holding a meeting to discuss affairs and topics that con-

cern the ongoing construction of the new Wilmington High School inside of the Town Hall beginning at 6:30 PM; be sure to attend to gain the latest information regarding the progress of the new high school!

Saturday, October 26th: The Wilmington High School will be becoming a fierce musical battleground as the Wilmington Choral and Theater Support group, or CATS, holds another Wilmington Battle of the Bands! Held from 7:00 PM to 10:00 PM inside of the Wilmington High School Auditorium, a \$10 admission fee will bring you into a night of musical greatness, with many bands jamming out to their best tunes to please and wow their audiences! Bands must have members who are all under the age of 21, and one band must be a Wilmington resident currently attending school. The application deadline is October 3rd, with participating bands announced the next day.

Sunday, October 27th: The Wilmington Horribles Parade tradition continues once again this year with the 46th Annual Horribles Parade being held at the Wilmington Public Safety Building on Adelaide St. The parade will start from the Public Safety Building at 4:30 PM, and will proceed to march down to the Wilmington High School cafeteria for the marchers in the parade to claim candy treasures for the day! In case of rain, marchers are to go straight to the high school cafeteria.

Tewksbury:

Friday, September 27th: To help ensure the safety of the younger bicyclists around Tewksbury, the Bicycle and Pedestrian Advisory Committee along with MassBike are providing a Child Bicycle Safety Seminar free of charge at the Trahan Elementary School from 3:15 PM to 4:15 PM. The kids will learn about important things such as the Rules of the Road, the Quick ABC check, and proper helmet and bike fitting and safety. Bring your kids down to learn some valuable lessons while on two wheels!

Saturday, September 28th: The Tewksbury Rod and Gun Club will be holding a free-of-charge Open House event at the Club building, located on 73 Chandler St. from 9:00 AM to 3:00 PM; this is considered a family event, so bring yours down for the day! Enjoy a good day of shooting with trained firearms safety instructors, as well as food provided by the club's kitchen at reasonable prices! Don't be nervous; come down and learn more of the Tewksbury Rod and Gun Club.

Saturday, September 28th: The Town Of Tewksbury's Democratic Committee will be holding a meeting at the Tewksbury Town Hall, located on 1009 Main Street. All registered Democrats are welcome to attend this meeting, held at 10:00 AM.

Saturday, October 5th: The Tewksbury Knights of Columbus, located on 2068 Main Street in Tewksbury, will be hosting a Country Night featuring Angela West

beginning at 7:00 PM. Tickets will be sold at the door, and the night will be laden with entertainment, from music to 50/50 Raffles to even a Chili Cookoff! Don't miss out on a Country night of fun!

Sunday, October 6th: The Tewksbury Girl Scout troops will be holding registration and fall sign ups at the Wynn Middle School, located on 1 Griffin Way at 1:00 PM. Registration is only \$25, which covers the membership fee for the 2013-2014 year of Girl Scouts. Come down and make new friends, artistic masterpieces, and help your community as a Tewksbury Girl Scout!

Monday, October 7th: The Tewksbury Senior Center's ever popular UPScale Boutique will be performing an intake of items beginning at 2:00 PM. Come down and see what there is available, perhaps even see something quite nice and purchase for yourself! Don't miss out; check out the UPScale Boutique and its inventory!

Saturday, October 19th: The Tewksbury VFW Post 8164 will be hosting a Comedy Night fundraiser to benefit the 344th Military Police, or MP, Company currently stationed and serving in Afghanistan. The fundraiser will feature three of New England's funniest comics, from Doug Blay, Caroline Plummer, to the headliner, Tom Gilmore. Don't miss out on a fun night of even funnier jokes at the VFW Hall on 87 Vernon St. in Tewksbury. Tickets are \$20, can be purchased at the door, and include snacks and the first

drink bought at the event. Doors open at 6:30 PM, with the performances starting at 7:30 PM. Be sure to call Karen Reynolds at 978-658-8983 to reserve a spot.

Saturday, October 26th: This year's popular AppleFest craft show and will be held at the Tewksbury Memorial High School from 9:00 AM to 3:00 PM. For more details, be sure to contact Cathy Burgoyne and the Tewksbury PAC.

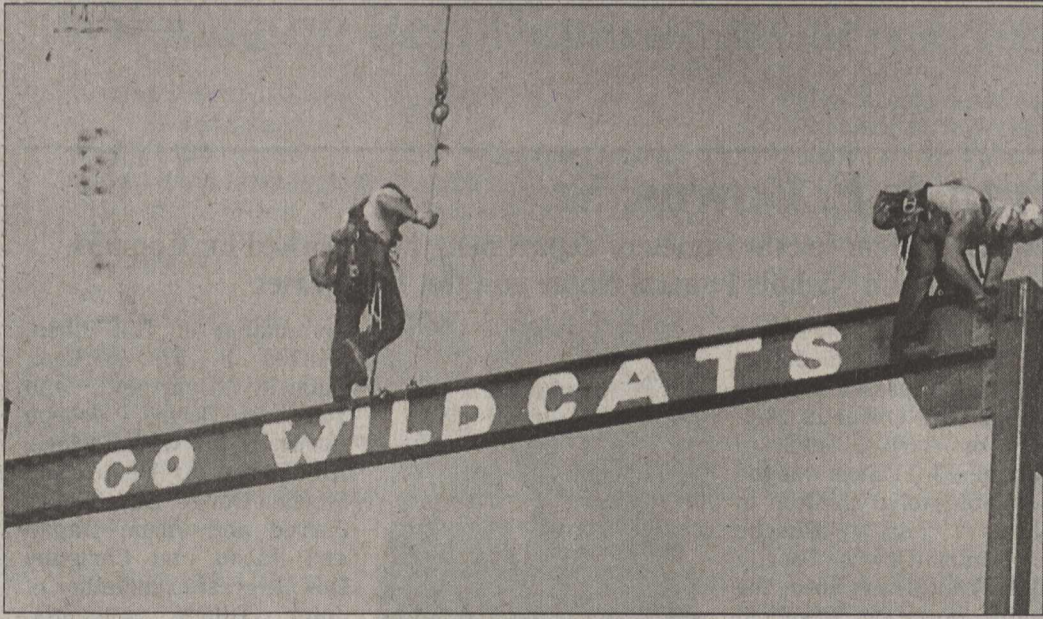
Saturday, October 26th: The Shawsheen Tech Alumni Association will be sponsoring a "Roasted Ram" night, held at the Wilmington-Tewksbury Elks from 7:00 PM to 11:00 PM to raise funds for this year's Shawsheen Tech Classes' scholarships. At the fundraiser will be plenty to do, with a cash bar, appetizer buffet, caricature artist, and the classic 50/50 raffle! For those ages 21 and over, tickets are \$30, and can be acquired by emailing svth-saa@gmail.com. Don't miss out on a fun night for a good cause!

Merrimack Area: Burlington:

Tuesday, September 24th: The College Planning Services will be hosting a night of education with a free dinner seminar held at the Café Escadrille, located on 16 Cambridge St. Entitled "How to Go To College Without Going Broke!" 6:00 PM to 8:30 PM, and participants must reserve a spot in advance; to reserve a place, visit <http://www.collegeplanningservices.org/>

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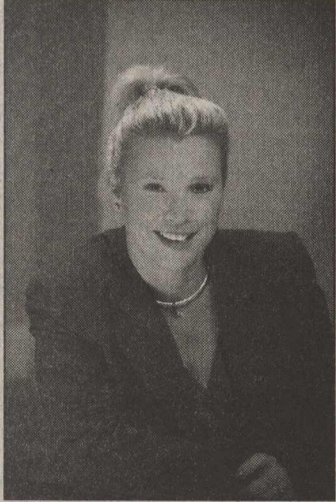
Chris Barry, Wilmington resident and steward for the Iron Workers Local 7 sent in this photo of the men installing a bit of support for the 'Cats as they build Wilmington's new high school.
Photo by Chris Barry

Bernard completes lending program

Maureen Bernard, Vice President/ Residential Loan Officer at Reading Co-operative Bank, has successfully completed "Fundamentals of Credit Analysis: Introduction to Commercial Lending", a training program offered exclusively by the Massachusetts Bankers Association.

This newly rectified, seven day program demonstrates the essence of corporate finance, loan structuring, business and industry risk analysis, and an interpretation of cash flow statements by the combination of lectures, hands on exercises, and case studies.

"In this ever changing market it is important to continue to learn in order to better serve my clients. I pride myself on being able to service all their lending needs and this is exactly



what this course will help me do in the future," says Bernard.

Maureen brings 30 years of experience as a community lender to her clients at RCB. If there is a way, she will find it. Maureen takes personal pride in satisfying her customers time and time

again. She has counseled a considerable number of mortgage approval scenarios, she will meet you anywhere, anytime.

Reading Co-operative Bank is a dynamic, 21st-century community bank, founded in 1886 on the principle that profit and growth go hand-in-hand with responsible banking and service to the community.

Reading Co-Op is a 5-star bank that is rated in the top seven percent of banks in the country for overall financial condition by Bauer Financial. Customer Service Specialists can be reached at 781.942.5000, reading-coop.com or by visiting one of the locations in Reading, North Reading, Wilmington, Woburn and now in Andover and Burlington.

Shawsheen Tech's culinary restaurant open

The culinary arts department at Shawsheen Valley Technical High School is used to serving treats. At the end of the 2012-2013 school year, it received one.

The American Culinary Federation (ACF) visited Shawsheen Tech and performed an evaluation on the school.

"They come in and they look at your program," said Joe Williams, the head of culinary at Shawsheen. "They see if you are teaching standards that can be employable for the students when they graduate. They want to see if we're teaching what the trade basically wants in a chef or baker."

The answer from the ACF was resounding yes.

In fact, Shawsheen was placed in the top 2 percent of the state after the ACF's testing and evaluations were complete.

"They evaluate our equipment, our curriculum, our board of health records, what we test on, our menu, the restaurant, the hours it's open, everything from soup to nuts," Williams said. "If we meet certain criteria, they put their stamp of approval that our graduates have enough knowledge when they leave to get a job in the field."

"When [students] go for a job interview, they can say they were part of an ACF certified program, that has a little bit of weight when they interview at a restaurant, a hotel or a bakery. The industry knows what [the ACF] is."

The ACF testing also included touring the facility as well as speaking to past graduates of the program and members of the faculty.

"They really loved that we had a lot of resources available to the students," Williams added.

The ACF does certification exams every five years, but the high standards the organization looks for don't stop after the testing is over. The ACF requires self-studies to be mailed in annually by schools and the organization also monitors who schools hire to teach, the amount of students involved in the program and any changes in curriculum or equipment.

Ram's Head Open

Shawsheen Tech's student-operated restaurant The Ram's Head has been opened since September 17th.

The dining room will have seatings Tuesday through Friday at 11:30 a.m. and

12:15 p.m. and reservations aren't required, but highly recommended.

A choice of four to six entrees are served every day at the Ram's Head and all of the meals are prepared and served by students. Leftover meals are turned into TV dinners that are sold to the public in the form of a frozen dinner.

The menu at the Ram's Head changes every day and meals include appetizers, and dessert.

The school bakery is open Tuesday through Friday starting on Sept. 17 from 8 a.m. to 1:30 p.m.

New from the bakery will be special cakes to celebrate occasions such as weddings, birthdays, christenings and other important anniversaries. Williams said edible pictures can also be made on these cakes.

There will also be a baby announcement cake that will feature either pink or blue frosting inside the cake to reveal whether the child will be a boy or a girl.

"Not too many places do that," Williams said with a laugh.

Call 978-667-2111 to make reservations at the dining room. The bakery can be reached at 978-671-3674.

Free Bicycle Training Events for Adults and Kids

TEWKSBURY - The Tewksbury Bicycle and Pedestrian Advisory Committee (BPAC) has been hard at work to maximize a grant offered by the Metropolitan Area Planning Committee (MAPC) and is offering multiple trainings for adults and children this week.

FRIDAY, September 27th from 3:15 - 4:15 PM at the Trahan Elementary School on Salem Road, a free Child Bicycle Safety Education seminar will be presented by MassBike where students will learn the rules of the road, ABC Quick Check, and proper helmet and bike fit. Families are encouraged to come attend.

The BPAC is also pleased to invite residents to participate in a bicycle advocacy training Saturday, September 28th from 10 am -

4 pm at the South Fire Station Community Room. The training will consist of two separate programs address different aspects of advocacy and policy-making. These workshops are free for the public to attend.

The morning session covers the 'Decision Making Process' focusing on how decisions are made and how individuals and groups plug into that process. This training explores the decision-making process for local projects and policies and the interaction between local, state, and federal entities when making those decisions.

It also includes an overview of how projects are funded, public involvement, building alliances with citizens and organizations sharing complementary goals or missions, and maintaining

momentum behind efforts that can sometimes take years.

The afternoon session addressed Programs, Policies and Projects focusing on policy, programmatic, and infrastructure project solutions to common barriers to biking. This training gives an overview on:

Infrastructure featured in the NACTO Bike Design Guide, Massachusetts Project Development & Design Guide, and other Complete Streets design guides. Educational programs, including on-bike classes, classroom workshops, and other offerings.

Please join us in helping to make Tewksbury a more bicycle and pedestrian friendly community. To register contact Ann Buskey at buskeya@gmail.com.



Tewksbury Congregational Church members Maggie Butler and Steve Trudeau unloaded items being donated to Tewksbury's Zero waste Day on Saturday at the Wynn Middle School.
(photo by Maureen Brady-www.shootingstarspix.com)

FREE HOME SELLER'S SEMINAR - TONIGHT!
Thurs. 9/26, Hillview CC - 149 North St., N. Reading
6pm - Registration, 6:30pm - Presentation by Professional Organizer,
Interior Designer/Stager, Real Estate Attorney, CPA & Dave O'Neil - Broker/Owner

	<p>New Listing! Ipswich Rare 3BR/2.5BA TH built in 2011 with many Seller Upgrades! \$424,900 55RiverPoint30.C21.com</p>	 Karen Dame
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OBITUARIES

Lorraine R. Benson

Social worker for Mass and CT

WILMINGTON - Lorraine (Lorry) R. (Frykberg) Benson, age 81, of Wilmington, MA, formerly of Tewksbury, MA, and Cromwell, CT, died peacefully on September 24, 2013, following a lengthy illness.

Lorraine was born in Chicago, IL, on March 2, 1932, she was the cherished daughter of the late Harry and Rose (Rambach) Frykberg. Lorraine lived in Chicago until the age of five when her family moved to Fort Wayne, Indiana. Lorraine had a natural talent and interest in music. While attending South Side High School she played the violin and the piano for the high school orchestra. Following graduation, Lorraine continued playing her instruments for several orchestra's in and around Fort Wayne and later in Middletown CT.

Lorraine continued her education by attending Oberlin College for two years and then transferred to Indiana University where she completed her Bachelor's degree in 1954.

While in her early 20's, Lorraine followed her college friend Helen's footsteps and moved to Boston. Lorraine took her first job at the watch counter at Jordan Marsh in Boston. Later, inspired to help others, she took a position as a social worker for the State of



Massachusetts, eventually completing her Master's degree in Social Work at Boston University in 1962.

In 1968, Lorraine moved to Cromwell, Connecticut, with her family. She became active in the Covenant Congregational Church and played the piano for the choir, always sharing her love of music.

Lorraine also continued her Social Work for the State of Connecticut, her dedication to the families she helped over the years in Massachusetts and Connecticut was unwavering. Lorraine's kindness and compassion for them over the years will forever be remembered by the many people that she helped.

Following her retirement, Lorraine enjoyed traveling with her family and friends including trips to England, Ireland, Florida, Cape Cod and a cruise to the Caribbean. She enjoyed

many visits with her granddaughters, entertaining them on her piano while playing favorites including Hello Dolly.

In her spare time, Lorraine loved to play bridge with her friends and spend time in her rose garden where she grew beautiful roses.

In her later years, Lorraine moved back to Massachusetts to be closer to her son and his family, creating many lasting memories.

Lorraine was the beloved mother of Eric A. Benson and his wife Irene of Tewksbury, MA, loving "Grandma Lorry" of Katelyn and Sarah Benson, cherished daughter of Harry and Rose (Rambach) Frykberg.

Family and friends will gather for a Memorial Service on Saturday, September 28th at 11:00 a.m. in the Wilmington Congregational Church, 220 Middlesex Ave. (Rte. 62), Wilmington. In lieu of flowers, donations in Lorraine's memory may be made to the Woodbriar of Wilmington, Employee Assistance Fund, 90 West St., Wilmington, MA 01887 or the Alzheimer's Association, 480 Pleasant St., Watertown, MA 02472. Arrangements under the direction of the Nichols Funeral Home, Wilmington. nicholsfuneralhome.com

James R. Busby

Truck driver for Consolidated Freightways

WILMINGTON - James R. Busby, age 88, of Wilmington, MA passed away peacefully surrounded by his loving family on September 18, 2013 at the Lahey Clinic in Burlington.

James was born in Cambridge on January 20, 1925, the cherished son of the late George and Elizabeth (Doherty) Busby. James was raised in Somerville and was part of a large and loving family. While attending Somerville High School, he was drafted and enlisted in the United States Navy on March 29, 1943, during WWII. He proudly served aboard the USS Hall (DD-583) traveling throughout Europe and Asia. He received several commendations for his service to the country and was honorably discharged on January 28, 1946.

After leaving the service, James married the love of his life, Norma T. Belliveau, on October 11, 1952 and they spent nearly 61 years together before her passing on August 9th of this year. James and Norma were always together. They were soul mates who truly loved each other. As a young couple, they moved from the city to Tewksbury where they lived for several years before settling in Wilmington for fifty years where they raised two wonderful children, Karen and Jim. James loved his family and always put them first. Working hard to provide for his family, James proudly spent many years as a truck driver for Consolidated Freightways and was a member of Teamsters Local #25 in Charlestown. He was very proud of his safe driving record and he received many awards for his driving skills.

James enjoyed traveling



and outings with family and friends. Whether it was a cruise, a trip to Foxwoods, a Red Sox game, or an outing for ice cream, he was always up for a good time. Family cookouts, celebrations, parties, and holidays were very special times for James. He was known to be a prankster and a "big kid" at heart. He had a great sense of humor and many humorous memories were made whenever he got together with friends and the families of his brothers and sisters, the "Busby Clan." Many stories are still shared about their adventures and good natured fun.

James's devotion to his wife was unwavering. He adored his children and their spouses, and when he became Grandpa/Papa he showered his grandchildren with unconditional love and support. James lit up whenever he was with them and cherished every moment they were together. He never missed a chance to spend time with his grandchildren, of whom he was so very proud.

James and Norma loved to go dancing. Whether it was ballroom dancing or square dancing, they always had a great time. James was also a lifetime member of the VFW in Medford and the Wilmington Senior Center where he enjoyed participating in their many activities, especially aerobics. In his spare time, James enjoyed

gardening and grew beautiful flower gardens around his yard. He was an avid Red Sox fan and hardly ever missed a game no matter what was going on. James was very generous when it came to his time as he was always willing to lend a hand to someone in need. James had a warm heart and always rooted for the underdog, even if he didn't know that person. He will be remembered as a very joyful, loving, and compassionate man.

It goes without saying that James was deeply loved and "one of a kind" to his family and friends. He will forever be missed by all who loved him.

James was the beloved husband of the late Norma T. (Belliveau) Busby, devoted father of Karen Diorio and her husband Jerry of Auburn, NH and James R. Busby Jr. and his wife Susan of Wilmington, loving grandfather of Kristen and Jason Diorio, Jamie, Katie, and Sarah Busby. He was the cherished son of the late George and Elizabeth (Doherty) Busby, dear brother of Elizabeth "Betty" Ober of Woburn, William "Billy" Busby of Nashua, NH, George Busby of Melrose, Robert "Bobby" Busby of Quincy, and the late Christine Viccaro of Somerville, and Catherine "Kay" Hayden of Woburn. James is further survived by many nieces and nephews.

Family and friends gathered at the Nichols Funeral Home, Inc. 187 Middlesex Ave. (Rte. 62), Wilmington, on Monday, September 23rd at 9:00 a.m. followed by a Funeral Mass in St. Thomas of Villanova Church, 126 Middlesex Ave., Wilmington at 10:00 a.m. Interment with Military Honors was held in the Wildwood Cemetery, Wilmington. Visiting hours were at the Funeral Home on Sunday, September 22nd from 4-8 p.m.

Francis E. Downs, Sr.

Superintendent for the cemetery department; also worked for Coombs Furniture and Nichols Funeral Home and the Town Crier

WILMINGTON - Francis E. Downs, Sr., age 90, of Wilmington, passed away at home on September 19, 2013. Born on April 9, 1923, in Warren, VT, Francis was the oldest of twelve children to Glenn and Phoebe (Carpenter) Downs. Shortly after Francis was born, the family moved to Wakefield where Francis spent most of his childhood. At the age of 17, the family relocated to Wilmington, the town that Francis would make his home.

Francis married the love of his life, Elizabeth "Betty" Akins, in 1948. Together, they raised five children. He loved to take the family on trips to Kennebunk, Nova Scotia and Prince Edward Island, as well as enjoying picnics and taking rides to the beach on Sundays. Francis loved gardening, picking blueberries and strawberries, as well as playing cribbage, collecting wind-chimes and taking in Football games. Francis loved his family and took great care of them. He would always be willing to lend a hand to whomever needed one; all they had to do was ask. In their later years, Francis and Betty enjoyed the company of their grandchildren and great-grandchildren. They were so important to them and they were extremely proud of all of them.

Francis was a hard worker. He worked many jobs during his life to provide for his family. In 1944, Francis took a job with the Town of Wilmington, at the age of 21, and spent thirty six years



there working as a foreman and the superintendent for the cemetery department before his retirement in 1980. Francis also worked for Coombs Furniture for over 30 years doing furniture deliveries. Francis also spent many years as the "right-hand man" of Bud Lyford, former owner of the Nichols Funeral Home, whatever Bud needed, Francis was always there with a helping hand. After retirement, since he never finished high school, Francis secretly went back to school and received his GED on August 31, 1992 at the age of 69.

Francis was the beloved husband of Elizabeth V. (Akins) Downs. He was the devoted father of Wilfred F. "Bill" Downs & his wife Beverly of Lowell, Glenna Feeley & her husband John of Alton, NH, Francis E. "Frank" Downs, Jr. & his wife Pamela of Wilmington, Andrew "Mack" Downs & his wife Danielle of Pelham, NH, and the late Phyllis Hagan & her husband Joseph "Butch" of Delaware. Frances was the loving

grandfather of Tina Allen, Wilfred F. II, Michael, Patrick, Courtney, and Timothy Downs, Joseph Barnes & his wife Earlene, Andrea Barnes, Derek and Stephen Downs, Ben, Travis, Jarred and Jason Hagan and Jacob and Christine Downs, great-grandfather of John, Dillon, Angelina, Jaylyn, Natasha, Devin, Matthew Lylah, Kynley, Hannah and Cailyn. Francis was the dear brother of Forrest Downs of Wilmington, Clifton Downs of Mansfield, Stella Flynn of Reading and the late Clayton, Clesson, Harvey, Edward and James Downs, Geneva Morrison, Charlotte Godett and Pauline Russo. Francis is also survived by many nieces, nephews and friends.

Family and friends gathered for a Funeral Service on Tuesday, September 24th at 11:00 a.m. at the Nichols Funeral Home, Inc., 187 Middlesex Ave., (Rte. 62), Wilmington. Interment followed in Wildwood Cemetery.

Visiting hours were held Monday, September 23rd from 4 to 8 p.m. Memorial donations in Francis' name may be made to the Care Alternatives Hospice, 100 Locke Drive, Marlborough, MA 01752 or the Jimmy Fund, c/o Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Nichols Funeral Home, Inc.
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Barbara L. Stratton

Editor for Big Table Publishing Company and Boston Literary Magazine

WILMINGTON - Barbara L. Stratton, age 86, of Wilmington, passed away peacefully at home on September 18, 2013. Barbara was born on December 16, 1926 in Hamden, CT. She attended the University of Connecticut before moving to Chicago, IL where she worked as a buyer for Plax Corporation.

She met her husband Robert in 1953 and they were engaged by the end of the year and married in June of 1954 in Connecticut. They were married for 58 years.

In 1963 they moved to Michigan, where Barbara was a Market Researcher, and she remained in that occupation following their move to Wilmington, MA in 1971. She later became a representative for Creative Memories and gave workshops and classes on photo album design. Barbara also started and ran several cre-



ative endeavors, including production of artistic hand-painted bells and hand-knitted scarves. Following her retirement, Barbara authored a collection of poetry titled "A Taste of Honey", and served as an editor for Big Table Publishing Company and Boston Literary Magazine.

Barbara was known for her sense of humor and her love

of dogs. She enjoyed spending time with her family, sitting by the pool in the hot sun drinking coffee, and doing jigsaw puzzles on line.

Her husband Robert passed away in March of 2013. Barbara leaves behind her loving close family: son James Stratton and his wife Roberta of Chelmsford and their son Robert, son Richard Stratton and his wife Cindi of Hudson, NH and their children Christopher and Courtney, and daughter Robin Stratton of Newton.

Visiting hours were held on Friday, September 20 from 5 - 7 pm at Nichols Funeral Home, 187 Middlesex Ave (Route 62) Wilmington. Funeral services were held privately.

Nichols Funeral Home, Inc.
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nicholsfuneralhome.com

Tierney hosts workshop for local Fire Departments

Congressman Tierney this week hosted 50 local fire chiefs, grant writers and fire department personnel from across the 6th district for a workshop with guest speakers from the Federal Emergency Management Agency (FEMA).

"This week's workshop was a continuation of my efforts to ensure our local fire departments can effectively compete for critical FEMA grant funds. It is imperative they have the necessary resources to swiftly and safely respond to emergencies. Moving forward, I will

keep supporting and advocating for our fire fighters and first responders," said Congressman John Tierney.

This year, local fire departments have been awarded \$1.5 million in FEMA Assistance to Firefighters Grants, which have enabled local departments to obtain and upgrade equipment to keep firefighters safe in the line of duty.

"The presentation by Chief Parr was outstanding. It was well organized and presented," said Mike Patterson, Assistant Fire Chief in Burlington. "I have taken this program on two other occasions. Each time, I picked up more valuable information. This presentation no doubt prepares you for completing the application process. Once again,

thank you to Congressman Tierney for his support of the fire service."

"Thank you again to Congressman John Tierney. The program was very well planned and taught. In Amesbury in the past we have been very successful in this FEMA Grant program and our success comes from the grant workshops. I brought more useful knowledge back to my office, which I believe means success for this next round of grants," said Jonathan Brickett, Amesbury Fire Chief.

For more information about FEMA's Assistance to Firefighters program, visit: <http://www.fema.gov/welcome-assistance-fire-fighters-grant-program>

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Wilmington Rec. Department newsletter

YOUTH PROGRAMS:

Kinder Soccer
Ages: 4 - Kindergarten
Dates: Saturdays, Sept. 21 - October 19; 5 Weeks
Times: 9:30 - 10:20 a.m. or 10:30 - 11:20 a.m.
Location: West Intermediate Gym
Cost: \$40
Learn to play soccer through skills and drills in this, fun, educational program! Choose the time that is right for you for this indoor program!

Yoga-Play Classes
Dates: Saturdays, Sept. - October 19; 5 Weeks
Location: West Intermediate Cafeteria
Cost: \$35
Yoga for Tots (Ages: 2 - 4 with caregiver)
Time: 11 - 11:30 a.m.
Little Yogi's (Grades K - 3)
Time: 10 - 10:45 a.m.
An introduction to yoga - children will learn yoga poses and practice both individually and in a group. This, non-competitive and fun program works to develop confidence, awareness and control. Bring a yoga mat and some water.

Rec. Basketball League
(Grades 3 - 10)
Dates: Dec. 2, 2013 - Feb. 8, 2014 (No December 23)
Cost: \$75

Registration Deadline: Thursday, October 3.

The 2013-14 season includes nine Saturday games and one weeknight practice each week. There are separate divisions for boys and girls. The registration form with additional information is available on the Recreation page on the Town website, and in the Recreation Department Office, Town Hall, Room 8.

Chefs in Training -
Mozzarella Cheese and Pizza!
Grades: 3 - 6
Date: Thursday, October 17
Time: 3:30 - 5:15 p.m.
Location: High School
Cost: \$40

In this new class, students will learn to make homemade mozzarella cheese and then use it to top their own

pizza. Mangia!

Chemistry Capers
Grades: 2 - 5
Dates: Saturdays, November 9 - 23
Time: 9 - 11 a.m.
Location: West Intermediate Cafeteria
Cost: \$85
Unlock your inner scientist as you investigate chemistry in a fun and interactive way. Explore slime, build a super-ball, analyze mysterious liquids and make balloons!

Pottery Plus!
Dates: Saturdays, November 2 - 23
Grades: K - 1; Time: 10:45 - 11:45 a.m.
Grades: 2 - 4; Time: 9:30 - 10:30 a.m.
Location: West Intermediate Art Room
Cost: \$45
This class includes three weeks of pottery plus one week of painting on canvas. Paints are non-toxic and washable and all pottery pieces will be functional and food safe. Just in time for holiday gift giving!

ADULT PROGRAMS:
Ballroom Dance Lessons
Dates: Fridays, October 4 - November 22, 8 Weeks
Time: 7 - 8 p.m.
Location: Town Hall Auditorium
Cost: \$45 per person
Learn the basics of ballroom dance, including the waltz, the fox trot and swing, as well as introductory Latin dance.

Adult Yoga
Location: The Yoga Loft, 3 Lopez Road
Cost: \$80
Bring a yoga mat to each class.

Yoga for the Full-Figured Woman
Dates: Thursdays, September 26 - November 21, (No 10/31), 8 Weeks
Time: 7:15 - 8:15 p.m.
This class introduces beginners to yoga in a fun and relaxed setting. Movements are modified for a non-intimidating approach to improving your health. Take this class as a gift to yourself!

Mixed Flow Yoga

Dates: Tuesdays, October 1 - November 19, 8 Weeks
Time: 5:30 - 6:30 p.m.
For the student who has some previous yoga experience. Advanced beginners and intermediates will learn countless new ways to stretch every muscle group with modifications for every ability level.

Core Boot Camp
Dates: Tuesdays and Thursdays, October 1 - November 21, 8 weeks (16 classes)
Time: 7 - 8 a.m.
Location: The Yoga Loft, 3 Lopez Road
Cost: \$100
Start your morning right with this class using exercise stations designed to promote strengthening and aerobic health.

TRIPS:
Italian Festival Day Trip
Date: Wed., October 16
Cost: \$78 per person
Travel to Luciano's at Lake Pearl in Wrentham for a delicious lunch and two amazing performances. "Italy's funniest clean comedian", Rocco Ponzini will regale his audience with side-splitting observations about America. Top off the day with the Italian singing duo of Frank Zarba and Ray Cavicchio.

Lake Winnepesaukee Trip
Dates: November 10 - 11 (Veteran's Day)
Cost: \$179 per person double occupancy

Travel to Meredith, New Hampshire for a little culture and a lot of fun! Accommodations are across the street from Lake Winnepesaukee at the Inn at Mill Falls. This trip includes dinner and breakfast along with stops at Hampshire Pewter, tour and demonstration at Pepi Hermann Crystal Studio, candy making at Kellerhaus Candy, Winnepesaukee Playhouse production of "Harvey" and free time at both the Merrimack Premium Outlets and at Mill Falls. Check out the complete flyer on our website, or pick up a copy in the Recreation Department.



THMS International Club held a car wash at Jim Boudreau's Automotive Service Center this past weekend to raise money for "Doctors Without Borders" Pictured from l-r are: Stephen Long, Connor Pennell, Ashley Figucia, Amy Glover, Shaylee and Kyle Puleo, Natalie Veloz, Steven Fallon and Sandra Lantum.

(photo by Maureen Brady-www.shootingstarspix.com)

Steps 2 Cure NF walk set for October 20

The Seventh Annual "Steps 2 Cure NF", a 3 mile walk and professionally timed run around Lake Quannapowitt in Wakefield, takes place on Sunday, October 20. Registration opens at 12:30pm.

Kids Dash, featuring a short course for children between the ages of 5-10, kicks-off at 1:15pm followed by the walk at 1:40pm and the race at 2pm. New this year for children is a Treat Trail where candy and novelties will be distributed at stops along the route. Costumes are encouraged! The event will also feature raffles, refreshments, award presentations and entertainment. Proceeds from Steps 2 Cure NF will support the programs of Burlington, MA based non-profit NF, Northeast.

Neurofibromatosis is a genetic disorder of the nervous system that causes tumors to form on the nerves anywhere on the body at any time and affects three times as many people as muscular dystrophy and cystic fibrosis combined. NF, Northeast's mission is to

find a treatment and the cure for neurofibromatosis by promoting scientific research, creating awareness and supporting those who are affected by NF.

For more information, to register or volunteer, please call (781) 272-9936 or visit the website www.nfincne.org.

HOME SHOW

Fri., Sept. 27

11AM-10PM

Sat., Sept. 28

10AM-10PM

Sun., Sept. 29

10AM-6PM

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OBITUARY

Joanne Sullivan

Billing clerk for Consolidated Freightways

TEWKSBURY - Joanne (Collins) Sullivan, "Joanie", age 81, of Tewksbury, formerly a long time resident of Wilmington, died unexpectedly on September 23, 2013, at the Lowell General Hospital - Saints Campus. Joanne was born in Boston on February 15, 1932, she was the dear daughter of the late Patrick and Mary E. (Lampro) Collins. Joanne was raised in Dorchester and was a graduate of Notre Dame Academy, Roxbury, MA.

Joanne married Eugene Sullivan on April 11, 1953, the couple lived in Boston for a short time before moving to Wilmington over 60 years ago where they raised their family of eight children. Joanne was a very dedicated and loving mother; her family always came first, whether there was a school event, sporting event, or any other activity that her children were involved in she was always there showing her love and support.

Joanne was a hard worker, for many years she was a billing clerk for Consolidated Freightways and a life member of the Teamsters Local #25 in Charlestown. Joanne was a great employee, her dedication and loyalty was unwavering and she made many friends at work throughout the years.

Joanne had a competitive side; she was always up for a game of cards with her sisters and dear friends, especially canasta. She loved to go bowling, or take a trip to Foxwoods or Ocean City, New Jersey where she took her chances at the slot machines. Joanne would often follow Boston sports; Red Sox, Bruins (she loved her hockey), or Patriots, and she loved to watch profes-



sional golf.

Joanne enjoyed traveling with her family and friends, she loved to visit the Cape, go to the beach, and had many fond memories of her trips to her sister's home in Dennisport, MA.

In later years, Joanne welcomed her role as "Nana" and "Great-Great", she adored her grandchildren, cherished the time they spent together, and was very proud of each and every one of them.

Joanne will be fondly remembered as a very private and quiet lady, but she had an inner strength that carried her through. Joanne was a woman of great faith, she trusted in God, and she loved her church. Joanne was very devoted to her family and friends, she was fiercely loyal and loved unconditionally. She will be greatly missed by all who knew and loved her.

Joanne was the beloved wife of the late Eugene B. Sullivan, devoted mother of John "Jack" Sullivan & his wife Lisa of Fitchburg, Michael Sullivan of San Diego, CA, Mary Harnum &

her husband Kirby of Canton, Eileen Costello & her husband John of Tewksbury, Jeremiah Sullivan & his wife Michelle of Pittsburgh, PA, Eugene "Donny" Sullivan of Wilmington, Timothy Sullivan & his wife Kelley of Haverhill, and the late Joanne Sullivan, loving "Nana" of John Patrick, Courtney, Nicholas, Nathaniel, Matthew & his wife Julia, Joanne, Paul, Luke, Kaitlyn & her husband Todd, Thomas, Margaret, Bridget, Meghan, Kayla, Jennifer, Brian, Thomas, and Michael, "Great-Great" of Ericka, Jack, Owen, Hannah, Connor, Lucy, Joseph, Peter, Jude, Madeleine, Andrew, and Maria, dear daughter of the late Patrick and Mary E. (Lampro) Collins, sister of Mary Surran of Tewksbury, Eileen Collins of Weymouth, the late Robert Collins, Rev. Michael "Buddy" Collins, M.M., and Nancy MacDonald. Joanie is also survived by many nieces and nephews.

Family and friends will gather at the Nichols Funeral Home, Inc., 187 Middlesex Ave. (Rte. 62), Wilmington, on Friday, September 27th at 11:00 a.m. followed by Mass of Christian Burial in St. Thomas of Villanova Church, 126 Middlesex Ave., Wilmington at 12:00 noon. Interment Wildwood Cemetery, Wilmington. Visiting hours will be held at the Funeral Home on Thursday, September 26th from 5-8 p.m. Memorial donations in Joanne's name may be made to Susan G. Komen for the Cure, Attn: Donor Services, P. O. Box 650309, Dallas, TX 75265-0309.

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Tewksbury Police Log

Heroin related arrests

MONDAY, SEPTEMBER 16

1:02 a.m. Pierre Nguidjoi, 67, of 33 Butler Avenue in Lowell, was arrested at 450 Main Street and is charged with domestic assault and battery.

4:03 p.m. Shoplifting was reported at 333 Main Street.

4:20 p.m. A motor vehicle parked on Linwood Avenue was reportedly stolen.

4:40 p.m. A motor vehicle related accident occurred at 400 Ames Hill Drive.

5:40 p.m. A motor vehicle related accident occurred at 56 Trull Road.

9:45 p.m. Lyndsay Perkins, 23, of East Pearl Street in Nashua, New Hampshire, was arrested at 1619 Main Street and is charged with a miscellaneous equipment violation and operating a motor vehicle with a suspended license.

10:02 p.m. A motor vehicle related accident occurred at the intersection of South Street and Ash Street.

TUESDAY, SEPTEMBER 17

10:33 a.m. A vehicle parked on Wayside Road was reportedly burglarized.

10:55 a.m. Harry White, 28, of 11 Coolidge Avenue, Apartment 1 in Lawrence, was arrested on Route 495 North on the basis of two warrants. Amanda Hill, 30, of 1323 Pawtucket Boulevard, Apartment 33 in Lowell, was on the basis of a warrant. She is also charged with operating an uninsured vehicle, attaching plates, and operating a motor vehicle with a suspended license.

9:12 p.m. A motor vehicle related accident occurred at 95 Main Street.

10:24 p.m. Breana Zarba, 24, of 18 Doherty Way in Tewksbury, was arrested at 95 Main Street on the basis of a warrant.

WEDNESDAY, SEPTEMBER 18

4:44 p.m. Malicious damage reportedly occurred on Joanne Drive.

6:33 p.m. A motor vehicle related accident occurred at 4 Highwood Drive.

7:18 p.m. John Gill, 33, of 1352 Main Street in Tewksbury, was arrested at his home and is charged with witness intimidation. This was a courtesy booking.

11:12 p.m. A domestic disturbance reportedly occurred at 450 Main Street.

THURSDAY, SEPTEMBER 19

4:08 a.m. A vehicle parked on Bruce Street reportedly sustained a break-in.

9:10 a.m. A motor vehicle parked on Benson Road was reportedly stolen.

9:34 p.m. Malicious damage reportedly occurred on Dickson Avenue.

1:51 p.m. Maximo Pena, 29, of 76 Wyman Street, Apartment 1 in Boston and Fabian Gonzalez, 22, of 17 Wardman Road, Apartment 6 in Roxbury were arrested at 95 Main Street and are charged with distribution of heroin, possession of and the intent to distribute cocaine, and conspiracy. Stephen Tabaldi, 33, of 3 Benson Way in Burlington and Danielle Phelan, 25, of 150 2nd Avenue, Apartment 208 in Charlestown, were arrested and are charged with possession of heroin and conspiracy.

5:48 p.m. A disturbance reportedly occurred on Clark Road.

FRIDAY, SEPTEMBER 20

1:05 a.m. A disturbance was reported at 49 Eighth Street.

2:50 a.m. A burglary was reported at 1910 Andover Street.

6:41 a.m. A vehicle parked on Elm Street was reportedly burglarized.

9:45 a.m. A vehicle parked at 10 Main Street was reportedly burglarized.

11:08 a.m. A motor vehicle related accident occurred at 1215 Main Street.

1:46 p.m. A motor vehicle related accident occurred at the intersection of North Street and Andover Street.

SATURDAY, SEPTEMBER 21

1:24 a.m. Richard Lucas, 57, of 1322 Ames Hill Drive in Tewksbury, was arrested at his home on the basis of a warrant.

4:48 a.m. A motor vehicle related accident occurred at 40 John E Smith Drive.

6:50 a.m. Rogelio Roche-Martinez, 39, of 48 Rogers Street in Billerica, was arrested at 450 Main Street on the basis of a warrant.

11:13 a.m. Miguel Gonzalez, 56, of 102 Oxford Street in Lawrence, was arrested at the intersection of North Street and International Place and is charged with the subsequent offense of possession of a Class A substance.

12:26 p.m. A motor vehicle related accident occurred at the intersection of Salem Road and South Street.

Disclaimer: The arrest records available through this publication are public information. Any indication of an arrest does not mean the individual identified has been convicted of a crime. All persons arrested are innocent until proven guilty in a court of law.



Wilmington Police Log

Vandalism on Tow Vehicle

MONDAY, SEPTEMBER 16TH:

1:30 AM: Antonio Dos Santos, 26, of 37 Edgar Apartments in Somerville was apprehended on Main Street, charged with operating a motor vehicle under the influence of liquor, the unlicensed operation of a motor vehicle, and speeding.

9:17 AM: An employee of the Amware Pallets located on Burlington Ave. was reported to have stolen a drill, welder, and money from the company.

TUESDAY, SEPTEMBER 17TH:

10:59 AM: A motor vehicle collision involving a Chrysler 200 and a Ford Econovan occurred at the intersection of Middlesex Ave. and High St. Both vehicles sustained an unspecified level of damage, and no mention of any injuries was made in the report.

11:22 AM: A motor vehicle collision occurred at the CVS on Main Street involving a Mercedes Grand and a Ford Explorer. No mention of any damage of injury to vehicle or driver was reported.

2:04 PM: Valerie Belding, 19, of 36 Jacquith Rd. in Wilmington was apprehended on Washington St. due to an outstanding warrant for her arrest.

WEDNESDAY, SEPTEMBER 18TH:

10:53 AM: A motor vehicle collision occurred on Salem St. involving a Honda Civic and a Honda Accord. Fire Department officials were called to the scene of the collision, and no mention of any potential injuries or damage to either vehicle was made in the report.

THURSDAY, SEPTEMBER 19TH:

9:11 PM: An A&S Towing Company vehicle was vandalized by unknown suspects while the vehicle was on company property on Andover St.

FRIDAY, SEPTEMBER 20TH:

11:51 PM: A motor vehicle collision involving a Toyota Matrix and an Infinity G35 occurred at the Sonny's Mobile On The Run located on Lowell St. No mention of any injuries was made in the report, and both vehicles sustained sufficient damage to warrant towing.

SATURDAY, SEPTEMBER 21ST:

2:51 AM: Kristen Sullivan, 21, of 36 Hathaway Rd. in Wilmington was arrested at her residence, charged with Assault and Battery.

From the Wilmington Public Health Director

Plan today to prevent the flu

WILMINGTON - September is National Preparedness Month; federal, state, and local emergency preparedness officials have been suggesting various ways to ensure that all residents of the Commonwealth are ready for any emergency, man-made or natural.

One issue that consistently has local health officials worried continues to be the possibility of another Flu pandemic. An outbreak of Influenza has the potential for making many people ill, resulting in many deaths, and having a negative

impact on the economy. Flu vaccine has been released to the communities and is plentiful this year.

Wilmington is hosting its annual Town Wide Flu Clinic on Saturday November 2, 2013 from 9am-12 p.m. at the Town Hall. It's for ages 5 and up.

Regardless of where you get your vaccine from, residents are encouraged to seek it out. Besides the traditional shots, many providers offer the nasal mist or a type that is applied near the skin surface. Manufacturers have also been providing a high dose

version for people over age 65, and formulations that protect against four strains of flu instead of the traditional three.

Becoming immunized is easy, and will help protect not only you, but also those around you. Making it difficult to be transmitted person to person is just one way to keep a pandemic at bay. Other ways to protect people include coughing and sneezing into your sleeve, washing your hands often, and staying home if you are sick.

For more information on the Flu, visit mass.gov/flu.

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Charlotte and Daphne Griffin shared a scooter while out for a walk in Tewksbury on Sunday morning.
(photo by Maureen Brady-www.shootingstarspix.com)

State Police second distracted driving crackdown underway

In a continuing effort to save lives and stop the deadly practice of texting and driving, the Massachusetts State Police are conducting a targeted distracted driving enforcement operation in the 12 communities covered by the State Police Barracks Troop A-1: Andover, Dracut, Dunstable, Lawrence, Lowell, Methuen, North Andover, North Reading, Reading, Tewksbury, Tyngsboro and Wilmington.

The second of four planned operations, which began on September 16 and is ongoing through October 11, targets people who write or read electronic messages while driving. The first enforcement wave was held in June and demonstrated that properly equipped and trained law enforcement officers can detect, identify, and cite violators of the Commonwealth's ban on 'texting' while driving. During that period, State Police patrols cited 440 drivers for composing, sending, or reading electronic messages and wrote 509 more citations for impeding operation. In addition, four junior operators were cited for talking on a cellphone while driving.

Driving and text messaging both demand simultaneous visual, manual, and cognitive attention from the driver; it is very dangerous to do both at the same time.

Enforcement includes roving police patrols, spotters and stationary police vehicles prominently placed at strategic locations. "These tactics can curtail distracted driving, including cell phone use involving texting. Choosing to text and drive is a selfish choice that often results in tragedy. We want people to know we are serious about stopping this dangerous behavior, and will show zero tolerance for

motorists who break the law," said Colonel Timothy P. Alben, Superintendent of the Massachusetts State Police.

Getting a ticket under the Massachusetts crackdown can be costly. Penalties start at \$100 for the first offense and can rise to \$500 for repeat violations.

Distracted driving practices, especially those involving cell phones and other electronic devices, have become epidemic on U.S. roads as the devices become ever more popular.

To date, Massachusetts, 40 other states, the District of

Columbia, Puerto Rico, Guam, and the Virgin Islands ban text messaging for all drivers.

"Distracted driving continues to endanger drivers, passengers and pedestrians and is a plague on highway safety that is not easily defeated," said NHTSA Administrator David Strickland. "Massachusetts is leading the way in identifying good practices for law enforcement to detect, identify, and cite drivers who continue to text while driving, ultimately improving the safety for all drivers on our nation's roads."

The project is part of a two-year research grant to Massachusetts funded by the National Highway Traffic Safety Administration (NHTSA) through the Highway Safety Division of the Executive Office of Public Safety and Security and is designed to test the effectiveness of a variety of aggressive enforcement techniques in curtailing distracted driving.

For more information on texting while driving including the demonstration grant to Massachusetts, visit www.distraction.gov.

Tewksbury's North Street reconstruction information

Roadway reconstruction will begin on Friday, September 27, 2013 on North Street between the limits of Kendall Road and Northgate Road in Tewksbury.

This section of North Street will be open to all traffic with one lane alternating at construction crews. The work will be during the hours of 7:00 AM to approx. 5:00 PM.

If inclement weather postpones the construction,

work will be scheduled for the next suitable day.

We appreciate your cooperation and patience during this phase of the construction process. Please do not hesitate to contact Michele Stein, Town Engineer, at 978-640-4370 ext. 239 or Joseph Giuliano, Project Manager, at ext. 252 with any questions or concerns you may have throughout this process.



Red Roof Inn of Woburn recently joined the Wilmington Chamber of Commerce. They also held a grand re-opening on Thursday last week, inviting members of the Chamber and other local businesses to tour the freshly refurbished facility. There was food and a tour and networking for all, and a grand prize. The grand prize winner, Joan Union, from the Aleppo Shriners won the 37" flat screen TV.

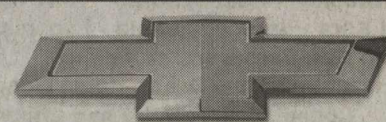
In the photo are Red Roof personnel Pam Willingham, Scott Littleton, Joan Union (the winner) & Nancy O'Rourke. Courtesy photo.

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#M403061 **\$11,995**

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Lthr., M/roof, 75k Miles. #1381080 **\$17,909**

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Own Owner Trade! #1308791 **\$19,974**

2010 Chevy Malibu LTZ
Lthr., Certified, Only 40k Miles. #1381340 **\$25,987**

2013 Chevy Suburban LT
Black Lthr., Moonroof, DVD. #181430 **\$42,855**

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V8, Lthr., M/roof, 72k Miles. #1380820 **\$10,995**

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2008 Pontiac G6 GTP
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2009 Honda CRV EX-L
Lthr., Moonroof, Only 50k Miles. #1381261 **\$18,987**

2008 Lexus RX350 AWD
80k Miles, Just Traded! #1309032 **\$18,995**

2011 Kia Sorento EX AWD
Lthr., M/roof, V6. #1306721 **\$21,597**

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Black, Lthr., Moonroof, DVD. #1381410 **\$41,982**

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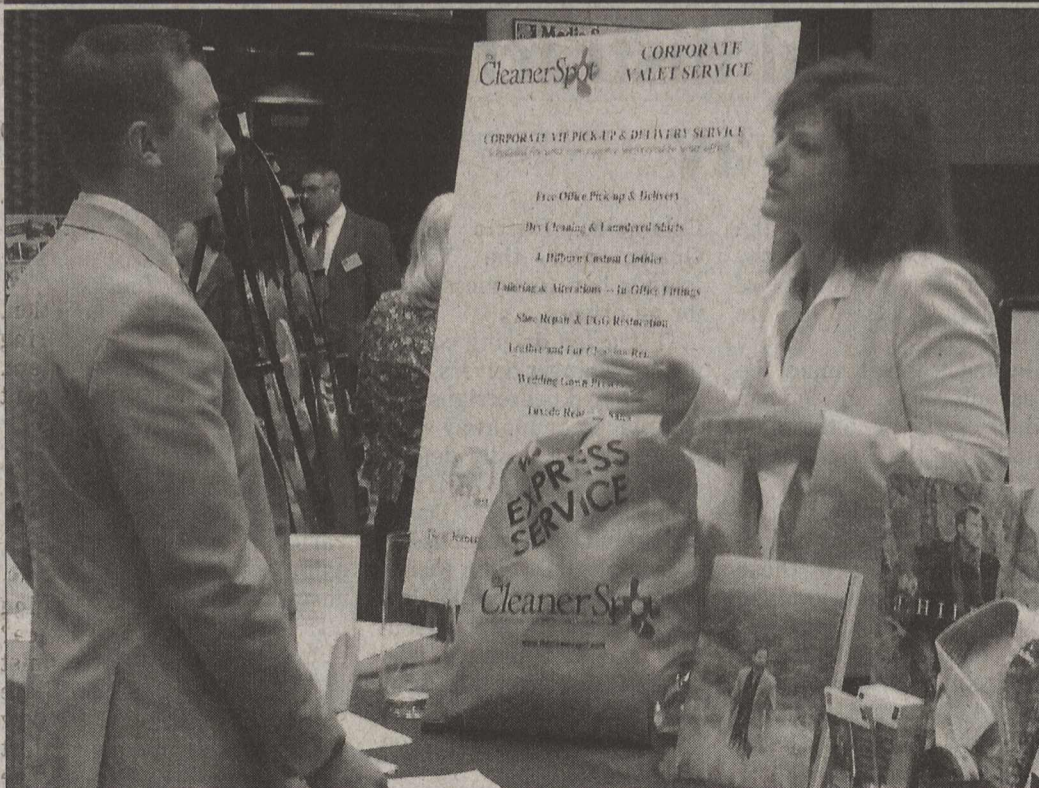
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Cindy Wurdeman explained the Corporate Valet Service to a visitor at the 128 Business Expo at the Westin Hotel in Waltham on Friday, Sept 13th. The Cleaner Spot, 250 Main Street, Wilmington is owned by Carmon Cunningham, President of the Wilmington Chamber of Commerce. Stu Neilson photo



The Tewksbury Order Sons of Italy in America held what was called "Pizza Wars" on May 8, 2013 to raise funds for the order. Ten pizza shops participated. The following were the winners. First Place: North End Diner and Pizzeria, Second Place: Villa Roma Pizza, Third Place: Wicked Cheesy. Left, Charles Coppola, trustee, of Tewksbury Sons of Italy, the staff of North End Diner and Pizzeria, and George Iannuzzo, President, Tewksbury Sons of Italy. George Iannuzzo, President of the order and Charles Coppola, Trustee, presented the winners with certificates and custom chef's hats. Photo by Chris Parrella

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Tewksbury Library Notes

by Diane Diarrusso

Channel 5's Ted Reinstein to visit

Event Information: All library events below are intended for adults. Events are free, but registration is required. Register by calling 978-640-4490 x 205, emailing rhayes@mvlc.org, or visiting the library's online calendar of events at www.tewksburypl.org. Events are generally held in the library's first-floor Meeting Room. Authors will generally sign and sell books after their talks to anyone interested. All events are sponsored by the Friends of the Tewksbury Public Library. Movie events are co-sponsored by the Tewksbury Lions Club.

Author Visit: The 1912 Bread & Roses Strike with Susan Grabski & Robert Forrant

Mon., Sept. 30, 10:30am
Join authors Susan Grabski (of the Lawrence History Center) and Bob Forrant (of UMass Lowell) as they discuss their book - "Lawrence and the 1912 Bread & Roses Strike." Book signing after talk for those interested. Limited to 50 seats.

Author Visit: An Evening with Ted Reinstein of WCVB's Chronicle

Mon., September 30, 7pm
Join Ted Reinstein as he reads from and discusses his brand new book - "New England Notebook: One Reporter, Six States, Uncommon Stories." Ted is best known as the award-winning, longtime correspondent for WCVB's Chronicle. Ted is also a weekly contributor of WCVB's On The Record; weekly columnist at WCVB.com; and a member of WCVB's editorial board.

Book signing after talk for those interested. Limited to 100 seats.

Job Hunt Help: How To Get The Most Out Of Your Library During Your Job Search

Wed., Oct. 2, 2pm
Join library staff to learn several ways - some obvious, some not - that the library can help job seekers in their search. Free online services like "Cypress Resume," "Learn4Life," and "Business Insights" will be discussed. Limited to 12 seats.

Device Advice: 1-on-1 Help With Your eReader

Thurs., Oct. 3, 1pm-5pm
Book a 30-minute, one-on-one session with a library staff member to learn how to download free eBooks to your eReader (e.g., Kindle, nook) from the library's Overdrive digital collection. Participants should bring their own e-readers. Schedule an appointment today!

Author Visit: The Struggle To Rebuild The World Trade Center with Elizabeth Greenspan

Thurs., Oct. 3, 7pm
Why has it taken so long to rebuild the World Trade Center after September 11th? Join Harvard University instructor Elizabeth Greenspan as she discusses her new book - "The Battle For Ground Zero." Book signing after talk for those interested. Limited to 50 seats.

Friday Morning Matinee: World War Z

Friday, Oct. 4, 10:30am
Start your Friday off by watching a new film! This week's movie is "World War

Z," a PG-13 rated zombie action film starring Brad Pitt. Snacks and lemonade to be served. Limited to 75 seats.

Author Visit: The Future of Journalism with Dan Kennedy

Saturday, Oct. 5, 2pm
How will we get our news in 10 years? Join Northeastern Journalism Professor and Media Nation blog founder Dan Kennedy as he discusses his new book - "The Wired City: Reimagining Journalism And Civic Life In The Post-Newspaper Age." Book signing after talk for those interested. Limited to 50 seats.

Author Visit: Three Centuries of Boston Gangsters with George Hassett

Mon., Oct. 7, 10:30am
Join veteran Boston crime reporter George Hassett as he discusses his new book - "Gangsters of Boston." Book signing after talk for those interested. Limited to 50 seats.

Author Visit: Explore The Salem Witch Trials with M.E. Kemp

Tues., Oct. 8, 7pm
Join award-winning mystery writer and Salem Witch historian M.E. Kemp as she discusses the Salem Witch Trials. Her latest book - "Death of a Bawdy Bell" - is set during the time of the Trials. Book signing after talk for those interested. Limited to 100 seats.

Booked For Lunch Book Club

Wed., Oct. 9, 12:30pm
Come prepared to briefly discuss a book (or books) you've recently enjoyed reading! The library will

provide beverages; participants are encouraged to bring a brown bag lunch. After all participants have shared their recommendations, staff will highlight some of the library's newest books. Limited to 15 seats.

Job Hunt Help: How To Use Your Age To Your Advantage with Kit Hayes

Wed., Oct. 9, 2pm
Join certified career coach Kit Harrington Hayes as she discusses how to use your age to your advantage when dealing with potential employers. Harrington is the author of "Managing Career Transition." Book signing after talk for those interested. Limited to 12 seats.

Author Visit: Boston Strong - Marathon Runners Speak Out with Ray Charbonneau

Thurs., Oct. 10, 7pm
Join marathon runner Ray Charbonneau as he discusses his latest book - "The 27th Mile: Going The Extra Mile To Support The Victims of the Boston Marathon Bombing." Learn why Ray and so many like him plan on running the Boston Marathon next year. Book signing after talk for those interested. 100% proceeds of the book's sales go to the Boston One Fund. Limited to 50 seats.

Dinner & A Movie: Hangover Part III

Friday, Oct. 11, 7pm
Enjoy a free dinner and a movie on Friday night at the Tewksbury Public Library! This week's movie is "Hangover Part III," the R-rated raunchy comedy starring Bradley Cooper, Zach Galifianakis, and Ed Helms. Pizza will be served. Limited to 75 seats.

Author Visit: Death & Dessert with Nancy Parsons & Karen Vitale

Saturday, Oct. 12, 2pm
Join local authors Karen Till Vitale ("RETRObution") and Nancy Parsons ("Two-Thirds Of A Ghost") as they introduce their new novels they wrote during last year's National Novel Writing Month project. Both authors are enthusiastic home cooks who recently wrote suspense novels that included their favorite recipes. Desserts will be served. Book signing after talk for those interested. Limited to 50 seats.

Author Visit: True Crime Online with J.A. Hitchcock

Tues., Oct. 15, 7pm
Join cybercrime expert J.A. Hitchcock as she discusses her latest book - "True Crime Online: Shocking Stories of Scamming, Stalking, Murder & Mayhem." Book signing after talk for those interested. Limited to 100 seats.

Job Hunt Help: How To Win Over Potential Employers With Your Words with Lydia Magill

Wed., Oct. 16, 2pm
Join corporate recruiter and communication specialist Lydia Magill, of Downtown Recruiting, as she discusses how to best communicate with potential employers. Limited to 12 seats.

Device Advice: 1-on-1 Help With Your eReader

Thurs., Oct. 17, 1pm-5pm
Book a 30-minute, one-on-one session with a library staff member to learn how to download free eBooks to your eReader (e.g., Kindle, nook) from the library's

Overdrive digital collection. Participants should bring their own e-readers. Schedule an appointment today!

Author Visit: A History Lesson in Gardening with Thomas Mickey

Thurs., Oct. 17, 7pm
How did the gardening industry begin in America? Join gardening columnist and Bridgewater State Professor Thomas Mickey as he discusses his latest book - "America's Romance with the English Garden." Book signing after the talk for those interested. Limited to 50 seats.

Friday Morning Matinee: Pacific Rim

Friday, Oct. 18, 10:30am
Start your Friday off by watching a new film! This week's movie is "Pacific Rim," a PG-13 rated sci-fi action film starring Charlie Hunnam. Snacks and lemonade to be served. Limited to 75 seats.

Author Visit: Rewrite, Reshoot & Recut The World's Greatest Films with Robert Gerst

Saturday, Oct. 19, 2pm
Ever watch a movie and wonder "How did they do that?" Join Massachusetts College of Art and Design's Professor Robert Gerst as he discusses his latest book - "Make Film History" Rewrite, Reshoot and Recut The World's Greatest Films" - and its interactive companion website, making-filmhistory.com. Learn about the building blocks of filmmaking and major turning points in the history of film. Book signing after talk for those interested. Limited to 50 seats.

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SNOWPLOW CONTRACTORS for DPW wanted

The Town of Wilmington Department of Public Works has begun the process of hiring snowplow contractors. Work includes plowing roadways and municipal parking lots. Contractors must meet minimum insurance and equipment requirements. Applications are available at the Department of Public Works at 135 Andover Street Monday - Friday from 7:30am to 4pm. Call the DPW at 978-658-4481 for more information.

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Wilmington Library Notes

by Christina Stewart

Cooking, Crafts & Creative Expressions for Teens

Event Registration

Registration begins 30 days prior to the event. Please register online using our Calendar of Events at www.wilmlibrary.org or by calling (978) 694-2099 (for Adult) or (978) 694-2098 (for Children/Teen). Please note events that require registration are marked (RR).

Teen Events

Autumn Cooking for Teens (RR)

Tues., Oct. 1st, 6pm
Learn how to cook a festive and scrumptious three-course autumn meal, including quesadillas and a dessert of caramelized apple slices, with cooking instructor Anna.

College Financial Planning (RR)

Wed., Oct. 2nd, 7pm
This workshop will address the financial aid process, necessary paperwork, and strategies for paying for college. Presenter James Femia is a Certified College Planning Specialist with the National Institute of Certified College Planners. Parents are welcome to attend.

Tales from Beyond (RR)

Thurs., Oct. 3, 7pm (Teen and Adult)
The X-Files meets Hitchcock somewhere in The Outer Limits: see a voodoo doll, handle ancient coins, and look over old photographs and newspaper clippings about curious disappearances and hauntings. Try mindreading and experience ESP!

Creative Expression Workshop (RR)

Express Yourself Workshop #1: Horror

Tues., Oct. 9th, 7pm (Second Tues. of every month)
This monthly workshop is your chance to share and develop your chosen method of creative expression, whether it's writing, drawing, painting, or photography. The theme for the first meeting is Horror.

Crafty Teens: Book Jewelry (RR)

Tues., Oct. 15th, 4pm
Make earrings, necklaces, or bracelets that are inspired by books to celebrate National Teen Read Week!

History of Halloween presentation (RR)

Tues., Oct. 15th 7pm
Join Halloween expert and author Lesley Bannatyne for a presentation on the history of Halloween and the many ways it is celebrated. A Q&A session will follow the lecture and books will be available for purchase.

Teen Advisory Group

Thurs., Oct. 17th, 3pm
This monthly advisory group is a chance to express your opinion about the Teen Zone and transform it into your ideal space.

Crafty Teens: String Creature Keychains (RR)

Wed., Oct. 23rd, 4pm
Learn how to make an insanely awesome string doll. The options are endless - mummies, vampires, video game characters, movie characters, and more! [limit 20]

Zombie Party! (RR)

Thurs., Oct. 24th, 6:30pm
Do you LOVE all things zombie-related? Are you a huge fan of The Walking Dead or books like The Forest of Hands and Teeth? Join us for a zombie party with snacks, crafts, and more.

Crafty Teens: Haunted Halloween Tote Bag (RR)

Tues., Oct. 29th, 6:30pm
Make your own painted Halloween-themed tote bag, decorated with your choice of glow-in-the-dark colors. Template options will include bats, pumpkins, and skeletons.

Children's Events

Family Storytime

Saturday, Oct. 5, 10 am
Drop in for stories, songs, rhymes and more! Ages: 2-6 and one or more adults.

Music and More with Bernadette Baird (RR)

Monday, Oct. 7, 6:30 pm
Bernadette Baird presents music and movement for toddlers and young children through age three. Sing, play musical instruments and dance.

Star Mag

Wed., Oct. 9, 3:45 pm
Drop-in to help create this magazine written by, for and about kids, and published by the library. Bring in finished original artwork, puzzles, poems, comics, jokes, or create it while you are

here. Ages 8+

Drop-In Storytime

Friday, Oct. 18, 10 am
Drop in for stories, songs, rhymes and more! Ages: 2-6 and one or more adults.

Imagin That Presents (RR) Art Studio: Fall into Fall

Monday, Oct. 21, 10 am
We'll make a small cardboard tube pumpkin craft and leaf rubbing art to celebrate the coming of autumn!

PJ Storytime

Monday, Oct. 21, 6:45 pm
Wear your snugly pajamas and bring your favorite teddy bear or blanket and enjoy stories, songs, rhymes and more! Ages: 2-6 and one or more adults.

Tech Events

5 Steps to Social Media Success for Your Small Business (RR)

Tues., Oct. 8, 7pm
Barbara Alevras founded Sage Consulting Services to serve small businesses and non-profits with big ideas and limited resources. In this presentation, she will discuss the key steps to develop an effective social media plan, establish relevant performance metrics and create a realistic content development and distribution strategy. Don't miss this opportunity to learn the five easy steps to ensuring your social media efforts help your organization meet its unique business needs.

Introduction to Blogging (RR) (limit 10)

Wed., Oct. 16, 7pm
This is a hands-on introductory course taught by social media expert, Niri Jaganath. You've been reading blogs but wondering if you can do it too? Learn to create a blog, understand postings, widgets, linking, embedding pictures/videos and publishing.

Online Identity—the Modern First Impression

Pagliuca graduates from Cornell's summer program

Cornell University is pleased to announce that Elizabeth Pagliuca of Tewksbury graduated from Cornell's prestigious Summer College program this summer. Cornell University Summer College invites talented high school sophomores, juniors, and seniors to spend three or six weeks on the Cornell campus experiencing what it's like to live and learn at a great Ivy League university. Students take official university courses with leading Cornell faculty, earn college credits, get to know students from around the world, and explore majors and career options.

For more information about Cornell University Summer College, call (607) 255-6203, e-mail summercollege@cornell.edu, or visit www.summercollege.cornell.edu.



Heath Brook School Run for Reading

(R-L) Grade One readers Gavin Russell, Brianna Torres, Kendra Minghella, Ryan Saad, Emily Picher, Mrs. Joanne Morrissey, and Erin Costello all show their Penguin Pride and favorite books as they run around their school to raise awareness for reading.

Courtesy photo

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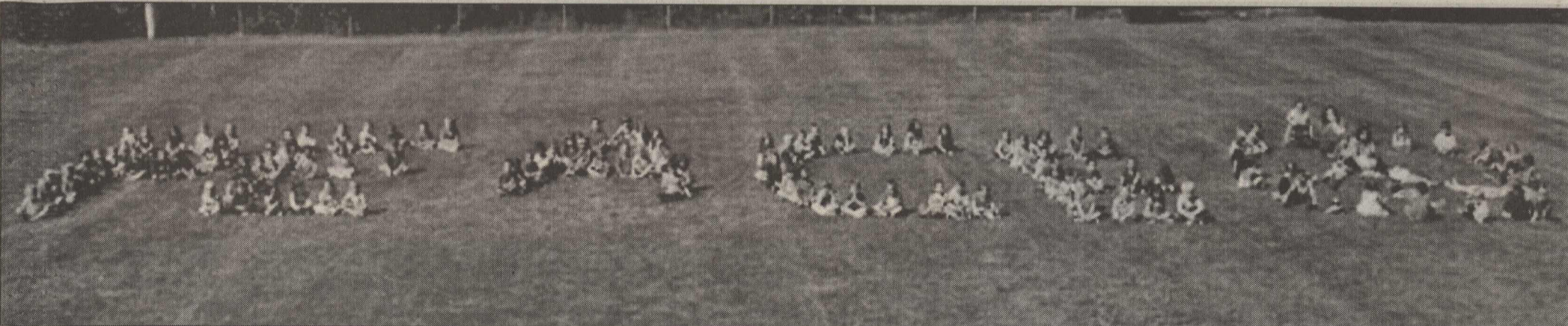
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Boutwell Peace Celebration
The preschool and kindergarten students at the Boutwell celebrating International Day of Peace last week. Here they are sitting in letter shapes spelling out P E A C E and a peace sign. To put it in perspective, the United States has been at war longer than all of these children have been alive.

Courtesy Photo

Pinwheels for Peace

CONTINUED FROM PAGE 1

their own words, they described it as being respectful, kind, and loving to all."

Preschool and kindergarten students decorated their pinwheels in what they perceived as peaceful colors and images. With the help of their teachers, the pinwheels were fastened to pencils then planted in the ground. Centered in front of the school sign and along the walkway, thoughtfully decorated pinwheels whirled in recognition of International Peace Day, a day devoted to kindness and harmony throughout the world.

"We also added balloons this year to incorporate a peaceful wish for our school," Torpey said. "Each classroom made a wish, wrote it on a balloon, and set it free."

Kindergartner Christopher DeFilippo said the wish for his balloon was "be kind and share." His favorite part of the day was letting the balloon go. "And playing on the playground," he added.

DeFilippo's comments exemplify the spirit of



Pinwheels for Peace

L-R: Kindergartner Christopher DeFilippo, his brother, preschooler Michael DeFilippo, and preschooler Aiden McConnell proudly display their work for the Pinwheels for Peace Project at the Boutwell Early Childhood Center. Students created and 'planted' pinwheels symbolizing thoughts and feelings of peace spreading throughout the world.

Photo by Sharon Adelman Crowley

Pinwheels for Peace - even by playing peacefully with classmates on the playground. Lead teacher Jen Mahon feels that building positive relationships promotes a connection with people in all areas of life. "It is our goal at the Boutwell to teach positive character traits, tolerance,

and sensitivity to diversity with the hope that all students will grow to develop peace in their hearts."

Pinwheels for Peace was created in 2005 by two art teachers who offered students a way to peacefully express their feelings about life and the world around them.

MCAS results stable

CONTINUED FROM PAGE 1

grade level, students are tested in English language arts (ELA), mathematics, and science and technology/engineering (STE).

The majority of schools within the Wilmington district - Shawsheen Elementary, North Intermediate, West Intermediate, and Wilmington Middle School - earned the same performance benchmarks as last year, Level 2, with the exception of Woburn Street School and Wilmington High School, which each dropped from Level 1 to Level 2.

"I am not surprised that we are Level 2. We know that we have to do better," said Wilmington Superintendent, Joanne Benton. "We have a new data specialist in the district who will work with teachers and principals to analyze data which will improve how we instruct students."

Benton said her focus has always been on the high school because students need to pass the MCAS in order to graduate, adding that high scores continue at the secondary level. In addition, Benton is interested in whether the Commissioner decides on continuing the MCAS or adopting PARCC, Partnership for Assessment of Readiness of College and Careers, which measures students' readiness for post-secondary education.

Wilmington School Committee Chair, Peggy Kane, says the MCAS scores are on the agenda for discussion at the Committee meeting this week. "The system has been working hard to respond to the yearly results. They were not unexpected. I am reserving my comments and reaction until after the Superintendent reports to us this week."

Wilmington's Level 2 rank is common among nearby districts: Andover, Chelmsford, Reading, Burlington, and Woburn. Billerica and Lowell are

Level 3 and Lawrence remains Level 5.

Shawsheen Valley Vocational Technical High School remains a Level 1 school, maintaining the 85th percentile for overall performance in relation to other schools.

The Tewksbury school district also received Level 2. While the Wynn Middle School dropped from Level 1, Louise Davy Trahan stepped up to Level 1 and Tewksbury Memorial High School maintained its Level 1 ranking from last year.

Butters Row bridge will be closed Friday

WILMINGTON - Butters Row Bridge over the MBTA railroad corridor

On Friday, September 27th, the bridge carrying Butters Row over the MBTA Railroad will be closed between 7:00 AM and 1:00 PM to allow work crews to repair the existing wearing surface on the timber deck.

Affected traffic will be detoured as follows:

Traffic on the east side of the bridge destined to areas on the west side of the bridge will be directed to follow Route 38 North; turn left onto Route 62 West; and turn left onto Chestnut Street South.

Traffic on the west side of the bridge destined to areas on the east side of the bridge will be directed to follow Chestnut Street North; turn right onto Route 62 East; and turn right onto Route 38 South.

Appropriate signs, channelizing devices and traffic control measures will be used to guide drivers through the work zone and along the associated detour route.

MassDOT encourages drivers to reduce speed and use caution when travelling near the work zone and along the associated detour route.

Local Heroes Completes Mission

CONTINUED FROM PAGE 1

Cimaglia says there won't be a big dinner or celebration. Cimaglia will say a few words, volunteers will pack boxes, and that will be the end.

At its height, Local Heroes volunteers were shipping to 240 names. With the end of Operation Iraqi Freedom and the end of Operating Enduring Freedom in Afghanistan approaching, fewer and fewer local service people are serving overseas.

Right now volunteers are shipping to just eight names, down from 240 at the height of Local Heroes.

"That's a good thing," said Cimaglia. "It means the local guys are home, and the ones that are over there are coming home at the end of this year or the beginning of next year."

Local Heroes always stops shipping overseas six weeks prior to a person coming home, at the advice of military officials, so that packages don't get missed.

Begin with just 12 packages and four people on November 3, 2004, Cimaglia estimates that he's seen hundreds, and possibly thousands, of volunteers pack at least one of the 18,000 12x12 boxes over the years.

Selectmen and local attorney Mike Newhouse suggested starting a non-profit, says

Cimaglia, adding that Newhouse did all the legal work to get Local Heroes started, allowing the charity to raise more money and send more packages.

Packages contains hygiene products, especially baby wipes, candy, snacks, coffee, soups, and sometimes books, clothes, fans, linens, and other specially requested items. The last thing in the box is a Town Crier newspaper and a letter from Local Heroes.

"It's been an amazing ride. I've met so many amazing people," said Cimaglia. "Now, all these kids are coming home that need services. My office is one of the busiest in the state."

In addition to all the volunteers, Local Heroes has hosted a number of special guests including former Governor and Presidential Candidate Mitt Romney, Secretary of Defense Donald Rumsfeld (who commented to Cimaglia on the historic nature of Local Heroes), New England Patriots, Steve Grogin, former Town Crier Editor and Stand-up comedian Stephen Bjork, Senate candidate Gabriel Gomez, Senator Scott Brown, Lt. Governor Tim Murray, Secretary of Veterans Affairs for Massachusetts Colman Nee, Medal of Honor recipients Tom Hudner and Tom Kelley, Doug Flutie, and Senator Mike Rush.

In the meantime, Wednesday nights at the K of C in Wilmington, Local Heroes will still continue to pack and ship boxes overseas, honoring the service of men and women in harm's way and doing what they can to comfort them while they're away from home.

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Kelly Savings & Rebates...-\$2,560
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Mdl # 20413 Stock/Vin# 31031/213800, 30488/222711, 4 available at this price.

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NMAC Cash.....-\$500
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Mdl # 25014 Stock/Vin# 40075/611818, 40016/606932, 14 available at this price.

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SPORTS BRIEFS



9th annual Wilmington Road Race

Again the race was a hit. See who won both the Half Marathon and 5K races, as well as complete results and coverage. Pages 4-6.

Ippolito discusses turf fields, hockey rule change

Town Crier Sports Guru Mike Ippolito tackles a number of topics in his column.

Page 8.



Carroccino runs wild in 'Cats win

Senior captain Ryan Carroccino leads WHS Football team to first win

Page 3.

Rams Sports

Shawsheen Tech Varsity Sports teams in action including soccer, volleyball and football

Page 9.

Youth Sports

Catch up on all of the Youth Soccer, Hockey and Pop Warner action.

Pages 10-14.

Wilmington Recreation Hoop Sign-Ups end October 3

The deadline for registration for Recreation Basketball is Thursday, October 3. This program for students in grades 3 - 10, includes nine Saturday games and one weeknight practice each week, with separate divisions for boys and girls. The season begins December 2, and runs through February 8 (no 12/23 - 1/1 or 1/20). Late registrations will be accepted based on availability; late registrants pay a \$20 late fee.

To register, submit a completed registration form with payment of \$75 for each child to the Recreation Department in Town Hall, Room 8. Forms, along with payment, can be delivered to the Recreation Department during regular office hours of 8:30 a.m. - 4:30 p.m., or left in the overnight drop slot next to the front door of Town Hall.

For your convenience, registration forms are available under Downloadable Forms on the Recreation page of the Town of Wilmington website (www.wilmingtonma.gov). For more information, call (978) 658 - 4270.



Wilmington resident Mike Fitzgerald, who is one of the small faces in the back, celebrates with the entire Pittsburgh Pirates team on Monday night after the Pirates clinched a playoff berth for the first time since 1992. Fitzgerald works in the team's front office.

(photo/Yahoo Sports).

Local kid works for MLB team

Fitzgerald, Pirates celebrate the unthinkable

By JAMIE POTE
Sports Editor

In July of 2012, this writer did a story on Wilmington resident Mike Fitzgerald who had about four months under his belt at his new job as a Quantitative Analyst for the Pittsburgh Pirates. At that time, Fitzgerald was a firm believer that the Pirates were heading into the right direction after two decades of consecutive losing seasons. Many of the experts believed the team would finish in the middle of the pack, and maybe reach 82 wins which would have been a true milestone in

the quality group of people that we have here," he said. "It's definitely a family atmosphere here at work and that makes the taste of success that much sweeter. We've put ourselves in a good spot right now, as we're guaranteed to be one of ten teams that have a legitimate shot to put a 2013 World Series ring on their finger in late October. That's why we all show up - that's what makes all the long hours worth it and having a shot at that title."

The Pirates along with NL Central rivals Reds and Cardinals, as well as the

From the Sports Editor's Desk

New look to Sports Front Page

By JAMIE POTE
Sports Editor

Over the next few months, the Town Crier Sports Department is planning on changing and improving its sections in both Wilmington and Tewksbury in terms of both material and lay-out. I wrote about this sort of thing a few weeks back but since then some things have changed and we had to reorganize some things.

Anyway, one of the first things we will be adding will

be many new columns into the fray each week and possibly having one page devoted to different columns each week. We are still working on the different types of columns that we think will benefit our readers and help our sections grow. Already we have decided to add an exercise/nutrition column, while we plan on changing our college sports column into much shorter pieces, separating the athletes into their individual sport, so it's

much easier to follow. This way one week will be all football players, another week all soccer players and so forth.

In addition to the different columns that we will be adding, we will be slowly trying to change our page lay-out, especially the front pages in both towns. It will be a slow process over time, but we have a number of different ideas including many

COLUMN PG SP11W



Amelia and Lily Hill shared an umbrella in Sunday morning's drizzle at the 9th annual Wilmington Road Race.

(photo by Maureen Brady-www.shootingstarspix.com)

'Pink Olympics' soccer event open to Wilmington children

Last year, the Wilmington Varsity Girls' Soccer team joined up with the Stoneham team for a 'Kick the Cancer' fundraising event during their Middlesex League game held at the WHS.

Well that's going to happen again on October 25th as part of Breast Cancer Awareness Month, but the second portion of the two team's fundraiser will happen this Saturday. The two varsity teams will join up again and host an event called "Pink Olympics" at the Shawsheen Field complex (298 Shawsheen Ave) in Wilmington on Sunday beginning at 1:30 pm.

The event is open to any student of any age who would like to participate in ten different soccer "stations". Each station will be run by members of the WHS and SHS girls' varsity soccer teams.

The stations will include soccer related activities such as dribbling, shooting, passing, and 3v3 games.

For a \$10 donation per player

(or 3 family members for \$25) students will receive prizes for their participation and will be able to enjoy playing with members of the high school girls soccer teams. The event will run from 1:30-3:30 pm, and photo opportunities will be available for parents.

Then on Friday, October 25th, the Wilmington and Stoneham High School Girls' Soccer teams will face off against one another at Alumni Field in Wilmington at 6:00 pm.

During the game, t-shirts and breast cancer awareness bracelets will be on sale, while there will be a bake sale, and it'll also be Wilmington Youth Soccer Night.

You may purchase event T-Shirts on Sunday for a price of \$15 each or you can wait and purchase the same t-shirts on the October 25th varsity game.

All proceeds from both events will be donated to the Susan G. Komen for a Cure Foundation.



Wilmington resident Mike Fitzgerald, shown last year wearing his Pirates jacket at the beautiful PNC Park as a team employee.

(courtesy photo).

itself. But playoffs? Not a chance.

On Monday night, the Pirates and Fitzgerald celebrated with their 92nd victory, a walk off win over the Cubs. The win more importantly sealed the deal for the Pirates to qualify for the post-season play for the first time since 1992, which was also the last time the organization finished a season with a winning record.

"It's been a fun ride and it feels great to knock this goal off the list, especially with

Dodgers have qualified for post-season play. In the American League, the Red Sox and A's have qualified while the other three spots have yet to be determined but Detroit, Tampa Bay and Cleveland have the inside tracks.

For the Pirates, who heading into Tuesday's games were 2.5 behind the Cardinals for first place in the NL Central, finishing the regular season strong is

FITZGERALD PG SP13W

WILMINGTON LITTLE LEAGUE BASEBALL MAJOR DIVISION

2014 TRYOUTS



Tryout Dates for MAJOR Division ONLY

For those who will be 10 but not 13 on 5/1/14, and wish to play MAJORS, must attend one of the tryouts:
Sat. 9/28 (10am), Sun. 9/29 (10am),
Sat. 10/5 (10am) @ Boutwell Field

Players attending tryouts must register BEFORE their tryout date.
Registration is now open.

Please contact Rick Hill at pres@wilmingtonlittleleague.org with any questions

Due to field space limitations and an increasing number of players, tryout positions are limited.

Visit www.wilmingtonlittleleague.org for additional details

*NOT AFFILIATED WITH THE WILMINGTON PUBLIC SCHOOLS

Wildcats pitch the shut out and pick up first victory

By JAMIE POTE
Sports Editor

In the team's season opening loss to Winchester, Wilmington compiled 246 yards of offense. On Friday night, the team finished the night with 275 rushing yards.

Led by an incredible performance by senior back Ryan Carroccino, the Wildcats won their first game of the season and first game on the new field turf by dominating Arlington Catholic, 20-0, in a non-league game to put the 'Cats at 1-1 before the next five games come against Middlesex League opponents.

Carroccino rushed for 131 yards and scored all three of the team's touchdowns,

while junior James O'Regan had a terrific two-way performance. As the quarterback he completed 6-of-12 passes for 91 yards and also rushed for 81 yards and defensively he intercepted two passes to highlight the 'Cats shut out.

Wilmington scored all three of its touchdowns in the first half, and took the foot off the gas pedal in the second half, punting in its first three drives despite being in the Cougars' end twice.

"I'm very happy," said head coach Mike Barry. "We got our first win on the new field against a very good team who will do very well in their division. The kids played very hard. It

would have been easy for them to get discouraged but they put everything in the past behind them and moved on. I'm really happy with the effort.

"We worked on some passing plays and we were able to execute some of them tonight to keep drives going and that was really good so I was really excited about that. The key for us is just to get better every week. We are going to face some really good teams down the road and for us to be competitive against them, we need to get better. I think the kids understand that. And after last week's tough loss coming back here tonight and winning is great - this is a real good win for us."

Wilmington was much better on the night converting on third and fourth downs, including going 11-for-16 and many of those were huge gains including two pass completions of 17 yards each. As well as O'Regan played, the story of the night was Carroccino, who at half-time already had 79 rushing yards and three touchdowns. His first score came with seven seconds left in the first quarter as he capped off an 11-play, 58-yard drive. The big play of the drive came when O'Regan connected with senior George Dunnett for a 17-yard gain, and the receiver was banged

up on the play and didn't return to action. Later on in the same drive, facing a fourth-and-one from the 1, Carroccino went to his right and after a pile up and a long delay, the referees signaled a touchdown. The PAT kick was blocked and Wilmington led 6-0.

Wilmington's defense kept AC to its second three-and-out series and the 'Cats started a new drive on the Cougars 48 with 9:43 left in the second quarter. Wilmington kept the ball on the ground, all eight plays and moved the ball to the 7 yard line and that's when Carroccino darted to his left

and scored his second TD of the game. The conversion rush failed and the 'Cats led 12-0 with 6:05 to go in the half.

Arlington Catholic was able to gain two first downs on its ensuing drive but it all ended when O'Regan picked off his first of two passes, this one at the 2 yard line. He then guided his offensive teammates back on the field and led them right down the field for an 11-play, 98-yard drive highlighted by a 28-yard completion to Dan Paige and four plays later capped off when Carroccino took the ball in from two

FOOTBALL PG SP3W



Wilmington High Football players Dan Paige (84) and Austin Ferreira (50) try to bring down a Winchester player during the team's season opener held two weeks ago.

(photo by Bill Ryerson).

WILMINGTON LITTLE LEAGUE 2014 REGISTRATIONS

BASEBALL & SOFTBALL

ONLINE REGISTRATION will be open from September 10th to December 31st. (See our web site for additional details)

Anyone interested in registering to Play or Manage/Coach/Volunteer Baseball or Softball must do so online at:

www.wilmingtonlittleleague.org

BASEBALL

For Those Children Playing Baseball Who Will Be 7, But Not 17 on May 1, 2014.

All players who are age-eligible for 1st grade can register for our Rookie division.

Please contact Rick Hill at pres@wilmingtonlittleleague.org with any questions

SOFTBALL

For Those Children Playing Softball Who Will Be age-eligible for 1st grade through 9th grade for the current school year, regardless of actual grade level.

Please contact Steve Mills at vpsoftball@wilmingtonlittleleague.org with any questions

REGISTRATION FEES: \$80.00 1st Player, \$35.00 2nd Player, and \$25.00 ea. Additional Player

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Thursday, October 24th 7-9 PM @ 4th of July Building

*Anyone wishing to pay by check MUST do so by attending one of the Walk-In dates ONLY! Birth certificates are required for all first time registrations

Space is limited and will fill on a first-come-first-serve basis. Players may be added from a wait list if space allows. There will NOT be any late registration session.

Wilmington Little League encourages early enrollment to avoid being placed on a waiting list.

Visit www.wilmingtonlittleleague.org for additional details

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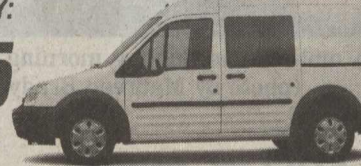
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Running Back putting up huge numbers

By JAMIE POTE
Sports Editor

Through two games his numbers are off the chart. He's averaging 5.8 yards per carry, 132 yards and two touchdowns per game. He said the reason for that is he's getting five yards per carry before contact. So whether the reasons for his tremendous success is the play of the offensive line, his work ethic and talent or a combination of all of that, Carroccino has now put up back to back 100-yard plus games, including Friday night's 131-yard, three-touchdown performance in the 'Cats 20-0 win over Arlington Catholic played before the home crowd.

In two games this season, the senior captain has scored all four of the team's touchdowns. He has combined for 265 yards on 46 carries. Of those 46 carries, 8 of them have been for ten yards or more, only two have been for negative yards, while he does have a fumble. Also in the two games, he has converted a combined 16 first downs, eight in each contest.

Friday night he was a one-man show in the first half scoring all three of his touchdowns and rushing for 79 yards on 15 carries. In the second half, he had just nine carries as quarterback James O'Regan handled most of the running game, but Carroccino has accounted for 265 of the team's 612 total yards of offense,



Wilmington High senior running back Ryan Carroccino has put up back to back 100-yard plus games for the Wildcats, and has scored all four of the team's touchdowns through two games. (photo by Bill Ryerson).

accounting for 43 percent of the team's production to this point.

Again he says, it's all about the guys upfront in the trenches.

"The line just blocked great for me," said the very humbled kid. "I was getting five yards before contact and Jamie Hill and every single one of them was great. Hill at tackle, Matt Penney at fullback, Sean Coakley at center, Austin Ferreira at left guard, Ryan Flood at right guard, Pat O'Connell at right tackle, Dan Paige and the tight ends give them all of the credit. They all did phenomenal jobs blocking for me."

While he wanted to make sure the credit was given out to the right people, all that really mattered to Carroccino was the team got

into the win column, which hasn't happened all that much since he arrived to the varsity team.

"Our focus during practice was just to keep working, not letting up and not have penalties called on us," he said. "All of a sudden it just clicked. Tonight it clicked and when it does click for us we have the potential to be one of the better teams around and we need to continue to do that the rest of the season."

Last week Wilmington was defeated by Winchester 7-6 at home. The game was scoreless until Carroccino scored on a 5-yard run with 56 seconds left. The Sachems marched right down the field and scored on the final game of the play before the PAT kick lifted the visitor's to victory.

On Friday, Carroccino made sure that didn't happen, scoring all three of his touchdowns in the first half coming on runs of 1, 7 and 2, respectively.

"Last week was a heart-breaker," he said. "We played great last week and lost on a freak play. We came back to practice this week and worked very hard. The line blocked great, the fullback blocked great and (quarterback) James (O'Regan) ran the offense like he can and we all just played great tonight. That's how Wildcat Football should be played and we're going to keep coming like that all season."

And you can bet that No. 10 will certainly be leading that charge just like he did this past Friday night.

WHS Football Box Score and Stats

WILMINGTON 20, ARLINGTON CATHOLIC 0

Arlington Catholic (1-1)	0	0	0	0	-0
Wilmington (1-1)	6	14	0	0	-20

W - Ryan Carroccino 1 run (kick blocked)

W - Carroccino 7 run (rush failed)

W - Carroccino 2 run (Matt Penney rush)

Team Stats		
AC	W	
First Downs	8	21
Rushes-Yards	16-54	52-275
Pass-Att-Int	13-29-3	6-12-0
Passing Yards	190	91
Total Yards	244	366
Penalties-Yards	2-10	1-5

Individual Stats

Passing: AC, Christian Rosati 10-for-29, 190 yards, 0 TDs, 3 INTs; W, James O'Regan 6-for-12, 91 yards, 0 TDs, 0 INTs.

Rushing: AC, Greg Whelan 6-27, Christian Rosati 7-21, Billy Barrett 2-5, Matt Wesoloski 1-1; W, Ryan Carroccino 24-131, 3 TDs, James O'Regan 14-81, Matt Penney 8-35, Jomikeson Beray 8-28.

Receiving: AC, Kyle Bairos 5-87, Billy Barrett 1-53, Matt Wesoloski 3-26, Matt Richardson 2-23, Greg Whelan 1-1; W, Dan Paige 2-45, George Dunnett 1-17, Matt Penney 1-15, Jomikeson Beray 1-18, Ryan Colangelo 1-5.

WHS Football Stats

Score by Quarters		
Opponents	0	0
Wilmington	6	14
	0	7
	0	-7
	6	-26
Team Stats		
Opp	W	
First Downs	17	37
Rushes-Yards	39-130	90-493
Pass-Att-Int	19-45-4	10-20-0
Passing Yards	341	118
Total Yards	471	611
Penalties-Yards	5-35	4-25

Individual Stats

Passing: James O'Regan 10-for-20, 0 TDs, 0 INTs, 90 yards. Rushing: Ryan Carroccino 46-265, 4 TDs, James O'Regan 23-139, Matt Penney 15-66, Jomikeson Beray 8-28.

Receiving: Dan Paige 2-45, George Dunnett 2-22, Jomikeson Beray 1-18, Ryan Colangelo 2-15, Matt Penney 2-9, Joseph Scurto 1-9.

Wilmington Little League ANNUAL MEETING

Wilmington Little League will hold its Annual Meeting and Election of Board Members and Officers Thursday October 3, 2013 at 7:30PM at the Fourth of July Building. The meeting is open to the public.

Any individuals who may be interested in serving on the Little League Board of Directors or those with questions related to Wilmington Little League can contact Rick Hill at pres@wilmingtonlittleleague.org Wilmington Little League, a non-profit organization, has been serving the youth of Wilmington for over 50 years and provides baseball and softball leagues, as well as tournament and instructional opportunities for more than 800 boys and girls in our community.

www.wilmingtonlittleleague.org

Wildcat Football team picks up first win of the season

FROM PAGE SP2W

yards out for his third score of the half. Matt Penney rushed in the conversion making it 20-0. Three plays later, Penney inter-

cepted a last second Hail Mary pass helping the 'Cats take the commanding lead at the break.

Neither team scored in the

second half but O'Regan intercepted his second pass on AC's opening drive. Other defensive standout plays came from Paige, who

had two tackles for a loss as well as a QB sack, and Michael Amato who also came through with a QB sack for a nine yard loss.

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Ninth annual Wilmington Road race a big hit again

By BRENDAN FOLEY
Sports Correspondent

The day was grey and gloomy, but spirits could not have been higher for the hundreds of people who lined up at Waltham Street in front of WCTV to begin the ninth annual Half Marathon/5K road race on Sunday.

A total of 380 runners took the streets of the Wilmington pavement, competing in either the half marathon or the 5K, with all proceeds to benefit scholarships for current WHS students.

This year's race marked the debut of a new half marathon course. The course was authenticated by officials before the race. According to Nancy Vallee, executive director of the Chamber of Commerce, the new course was implemented for better safety, as well as to ensure that both races could start from the same location and take place entirely in Wilmington.

Due to the new course and the weather, race administrators and officials -- most notably Dan Vassallo, Tom Pazyra and Jack Cushing -- found themselves struggling to keep things moving along.

"The team of organizers at the chamber were put to the test with the downpour, with the rain in the early morning, but we came out shining," Vallee said.

The 5K race was first and was won by Wilmington local and assistant high school cross country coach Brian Schell with a final time of 17:24. Hot on Schell's heels was Andover resident Brian O'Neil, who finished with a time of 17:52 minutes.

"I did better this year than last year," O'Neil said. "I did about a minute faster this year than last. And I came in second last year, too."

After Schell, the next nine male finishers included: Kevin Richardson (3rd, 19:33.8), Steve Zella (4th, 19:48.8), Owen Surette (5th, 20:14.4), Brian Roberts (6th, 20:18.6), Adam Surette (9th, 20:52.3), Kyle Repucci (11th, 21:19.9), Patrick Joyce (12th, 21:38.6), Gary Grinnell (14th,

21:48.1) and Anthony LaRosa (16th, 22:54.0).

The first female finisher, and third place overall, was Coreen Lowney of Dracut and formerly of Wilmington, who finished with a final time of 19.40.

"It's a nice family race," said Lowney, who has been an avid participant and stronger finisher of this race for several years. "It had the typical challenges of a 5K race. The pace is much faster than in a longer race. I am very happy with my final results."

The second place female runner was Nikki Sirignano with a time of 19.33. The former WHS cross-country and track star was the top female finisher for the second straight year. She is currently on the Bentley College women's cross country team.

After Sirignano, rounding out the next nine female finishers from Wilmington include: Rachel Alatalo (3rd, 23:09.1), Savannah Hubbard (5th, 24:04.1), Carolyn DiNatale (6th, 24:09.5), Eva Nesline (13th, 26:01.6), Janelle Anderson (14th, 26:05.2), Amanda Richards (15th, 26:20.2), Christina Wright (16th, 26:22.0), Nicole Resendes (18th, 26:23.5) and Sandra Delgenio (23rd, 27:01.7).

Other notable finishers included Alli Ganley aged eight, who was the top finisher under the age of ten. She came across at 37:52, while on the boys side Brian Bouchie held that title as he came across at 40:47.8. Also Keira Rice, age 6, came in at 46:41.6, a terrific time for the youngster.

The overall winner of the half marathon was Francis Cusick of Lexington, who outkicked the rest of the field for a time of 1:16.34. Taking second was Cambridge resident Hiroshi Oda, at 1:25.50.

As for Wilmington male residents in the half marathon, the top ten finishers included: Miroslav Tashev (3rd, 1:29.07.5), Chip Coates (21st, 1:41.20.9), Robert Croke (26th, 1:42.42.0), Jesse Lugus (27th,

1:44.56.2), Jonathan Eaton (28th, 1:45.48.3), Torin Hjelmstad (36th, 1:49.47.5), Sean Godding (41st, 1:54.00.8), David Ganegnano (44th, 1:55.08.8), Robert Cassidy (49th, 1:56.09.6) and Robert Figucia (59th, 1:59.25.5).

Taking third place overall was Julie Tucci, the top female finisher from town with a time of 1:27.28.

"The course was good, the race was good, the high schoolers around the course, marking it, that was really good, the little bit wasn't a problem because it kept you cool, so that worked out," Tucci commented.

Tucci had run in the race two years earlier, but had been unable to participate in it last year due to her pregnancy with her second child. For her comeback, Tucci knew there would be challenges involved in running such a long race.

"I think with any half marathon or long run, the biggest challenge is pacing yourself, not going up to fast," she said. "Knowing to reign it in so that you will have the energy when you need it."

Behind Tucci, the next nine female finishers from Wilmington included: Tammy Chow (8th, 1:41.58.9), Paula Knibbs (20th, 1:50.09.5), Jessica Stryhalaleck (25th, 1:52.13.7), Anne Marie Fitzler (27th, 1:54.19.3), Hannah Holman (31st, 1:55.17.4), Julie Flynn (44th, 2:02.07.3), Traci Medeiros (47th, 2:03.49.2), Stephanie Rice (49th, 2:04.07.0) and Debbie Repucci (52nd, 2:06.49.9).

Despite the rain and early hour, the mood of the event was overwhelmingly positive, with runners both local and distant excited by the course and the community atmosphere that existed among the runners, the organizers, and the event as a whole.

"It's a great community event that brings a lot of people together," said Sharron Figucia. "It's just great to see faces from the community out."



Above, Wilmington Rotary Interact members Sara Ennis, Michaela Chenevert and Meghan Sullivan held a sign in support of the participants in the road race on Sunday. And below Julie Tucci of Wilmington is the first female finisher of the half marathon. (photos by Maureen Brady-www.shootingstarspix.com)

Others sought out the race for more personal reasons.

"I actually enjoy running, it's like a therapy for me," said Jackie Gigante. "I'm doing the 5K to get my times down for the half. I'm hoping to keep my miles down to below nine minutes."

"I'm just hoping to complete the half marathon and not get lost," laughed Megan Sessa. "This is my first half marathon and I just want to finish it with a decent time."

As the final half marathoners crossed the finish line, the clouds parted and the sun began shining down on all the runners and their families as they filed in for food and their medals.

No sooner had this race ended then the Chamber of Commerce began planning for next year's event: And, as the 10th anniversary, the pressure is on to pull out all the stops.

"Next year we hope will be a bigger and better celebration," Vallee said. "As the tenth anniversary, we need to make it something really special. Our plan is to get some big sponsors and have some big activities."

Next year's race is tentatively scheduled to be held on Sunday, September 20.



Wilmington Road Race Half Marathon and 5K results

Half Marathon Female Results

(Wilmington residents only)			
Place	Name	Age	Time
1	Julie Tucci	34	1:27.28.0
8	Tammy Chow	23	1:41.58.9
20	Paula Knibbs	45	1:50.09.5
25	Jessica Stryhalaleck	37	1:52.13.7
27	Anne Marie Fitzler	42	1:54.19.3
31	Hannah Holman	36	1:55.17.4
44	Julie Flynn	40	2:02.07.3
47	Traci Medeiros	39	2:03.49.2
49	Stephanie Rice	42	2:04.07.0
52	Debbie Reppucci	35	2:06.49.9
56	Stacey Thureen	31	2:08.39.4
62	Tessa Callahan	31	2:10.23.0
67	Sheila Burke	50	2:14.29.1
68	Allison Bleier	21	2:16.34.9
73	Catherine Kane	42	2:22.38.0
78	Donna Drinkwater	50	2:31.41.3
80	Robin Kanter	30	2:40.18.0

Half Marathon Male Results

(Wilmington residents only)			
Place	Name	Age	Time
3	Miroslav Tasheu	51	1:29.07.5
21	Chip Coates	45	1:41.20.9
26	Robert Croke	57	1:42.42.0
27	Jesse Lugus	36	1:44.56.2
28	Jonathan Eaton	30	1:45.48.3
36	Torin Hjelmstad	27	1:49.47.5
41	Sean Godding	27	1:54.00.8
44	David Gavegnano	39	1:55.08.8
49	Robert Cassidy	37	1:56.09.6
59	Robert Figucia	49	1:59.25.5
61	Paul Hedderston	27	2:01.19.1
63	Danny Beaudoin	47	2:01.26.5
64	Jim Kanihan	47	2:03.43.3
66	Kevin Yetman	43	2:04.29.0
68	Stefan Santini	23	2:06.07.0
69	Edward Silva	23	2:06.29.5
73	Herman Gomez	45	2:09.50.5
82	Justin DeRosa	23	2:32.58.5

5K Female Results

(Wilmington residents only)			
Place	Name	Age	Time
2	Nikki Sirignano	20	21:13.0
3	Rachel Alatalo	17	23:09.1
5	Savannah Hubbard	18	24:04.1
6	Carolyn DiNatale	42	24:09.5
13	Eva Nesline	15	26:01.6
14	Janelle Anderson	35	26:05.2
15	Amanda Richards	17	26:20.2
16	Christina Wright	14	26:22.0
18	Nicole Resendes	16	26:23.5
23	Sandra Delgenio	40	27:01.7

5K Female Results Continued

(Wilmington residents only)			
Place	Name	Age	Time
24	Bridget Sullivan	15	27:11.8
25	Jane Hubbard	49	27:57.6
27	Jocelyn Cornish	17	28:07.4
28	Jocelyn Sullivan	14	28:07.7
29	Katie Colombo	14	28:07.9
30	Suzan Foy	50	28:22.5
32	Moesha Beray	15	28:50.1
33	Audrey Serna	15	28:54.7
35	Christine Surette	39	28:58.6
37	Juli Hunt	36	29:03.1
40	Megan Rhind	15	29:19.4
41	Sophia Hahn	38	29:30.0
42	Brianna Kumm	15	29:42.3
43	Brianna O'Donoghue	15	30:00.0
44	Sam Colombo	14	30:17.1
45	Katherine McKenna	17	30:24.6
49	Andrea DiPasquale	28	31:07.7
52	Dawn Cornish	47	31:45.8
55	Taylor Santry	15	31:58.5
56	Alexa Peroni	15	31:58.6
57	Doreen Champoux	43	31:58.8
61	Lisa Brothers	50	32:08.5
62	Laurie Bailey	45	32:10.4
64	Emily Novak	14	32:25.5
66	Nicole Fletcher	15	32:50.7
68	Lisa King	38	33:03.9
70	Susan Devlin	56	33:29.0
72	Courtney Walls	29	34:09.5
73	Libby Kun	30	34:18.0
75	Margaret Conway	48	34:29.0
77	Jessica Griffith	43	34:40.8
80	Lorraine Sullivan	53	35:30.6
81	Mary Young	59	35:45.1
82	Ann M. Scaramozzino	50	35:55.6
83	Michelle Figucia	19	35:56.7
84	Christine Benoit	48	35:59.9
85	Olivia Almeida	11	36:21.3
87	Julie Bagayao	47	36:27.0
88	Leah Potcner	23	36:33.9
89	Annmarie Potcner	52	36:34.0
90	Karen Melillo Almeida	57	36:41.0
91	Jamie Bornstein	36	36:41.8
92	Samantha Martignetti	15	37:34.7
93	Christine Martignetti	47	37:35.2
95	Alli Ganley	8	37:52.2
96	Kim Ganley	42	37:57.5
110	Patty Figucia	53	40:15.8
111	Emily Provost	8	40:37.0
116	Alexia Engvaldsen	8	43:11.0
117	Allison Bolanos	8	44:56.3
118	Jen Bolanos	39	44:56.8
119	Adriana Rice	9	45:06.9
121	Keira Rice	6	46:41.6
124	Lisa Bernardo	38	52:35.9
125	Melissa Doherty	42	59:12.6

5K Male Results

(Wilmington residents only)			
Place	Name	Age	Time
1	Brian Schell	27	17:24.3
3	Kevin Richardson	15	19:33.8
4	Steve Zella	36	19:48.8
5	Owen Surette	10	20:14.4
6	Brian Roberts	32	20:18.6
9	Adam Surette	15	20:52.3
11	Kyle Repucci	17	21:19.9
12	Patrick Joyce	32	21:38.6
14	Gary Grinnell	45	21:48.1
16	Anthony LaRosa	50	22:34.0
17	Jim Breffeilh	59	22:46.6
19	Raymond Russell	14	23:22.6
20	Kevin Skinner	24	23:25.9
22	Steven McInnis	16	23:56.8
23	Jeremy Alexander	36	24:33.8
24	Kevin Nazzaro	39	24:44.2
25	Michael Harris	38	24:46.7
27	Ryan Corey	31	24:50.7
31	Tom Doyle	33	25:32.0
32	John Skinner	53	25:34.6
33	Lawrence Paoletti	53	25:44.8
34	Tom Broussard	44	25:49.3
35	Matt Hynes	33	25:59.9
40	Francis Melanson	13	26:32.0
41	Michael J. Scaramozzino	N/A	26:32.1
42	Jay Finn	45	26:50.3
43	Shahan Kapitanyan	39	27:01.7
44	Stephen Delaney	47	27:05.3
46	Ron Coutu	61	27:18.0
49	Adam Doucette	13	27:44.5
51	Dan Hahn	40	27:53.9
53	Luke McInnis	16	28:12.6
58	Michael Stroud	36	28:46.6
60	John Hunt	37	28:58.8
61	Michael Scaramozzino	50	29:01.9
62	Joseph Kelley	12	29:05.2
63	George Devlin	64	29:20.7
64	Wil Doucette	N/A	30:24.1
66	John McGrath	41	31:04.2
67	David Thayer	40	31:33.8
68	Shawn Kineen	40	31:41.8
69	Joe Kelley	61	32:24.4
71	Eric Jennings	43	35:21.6
72	Greg Potcner	51	36:32.4
74	Jason Kanihan	10	36:42.2
78	Michael Niestepski	63	38:38.0
79	Mark Repucci	45	39:26.4
80	Chris Provost	43	40:37.3
81	Brian Bouchie	9	40:47.8
82	Jack Melmsy	9	41:09.4
83	Richard Engvaldsen	41	43:10.8
86	Jay Rice	43	46:42.0

Also results courtesy of Coolrunning.com.

Tashev top local finisher in 13 mile trek

By **BRENDAN FOLEY**
Sports Correspondent

Miroslav Tashev has traveled far and wide before coming to rest in Wilmington about twelve years ago.

On Sunday morning, before hundreds of other town residents, the 51-year-old was the top male finisher from Wilmington in the half marathon portion of the 9th annual Wilmington Chamber of Commerce Road Race.

Tashev was the fourth overall place finisher. Francis Cuscik of Lexington was first at 1:16.34.7 and then Hiroshi Oda of Cambridge was second at 1:25.50.5 before Julie Tucci of Wilmington was third overall and the first female. Tashev then came in at a time of 1:29.07.5.

"I could have pushed a little more in the middle of the race," Tashev said. "I was conserving energy in the middle, and maybe I could have gone faster. Hopefully next year I can do better on that."

A native of Bulgaria, Tashev arrived in America 22 years ago, as part of a student exchange program. His chosen field was horticulture, an interest he continues in his present job, importing and distributing flowers for sale at markets.

Before living in Wilmington, Tashev moved around nearby towns such as Billerica and Woburn. For the past 12 years, Wilmington has been home to him and his wife and daughter.

Tashev's passion for running is something that has been with him for as long as he can remember. When pressed on what drives him to push himself to such physical extremes, Tashev struggled to put the drive into words.



Miroslav Tashev was the first male finisher from Wilmington to cross the finish line in the half marathon portion of the 9th annual Wilmington Road Race.

(photo by Maureen Brady-www.shootingstarspix.com)

"I just like it. I cannot explain it exactly," he said.

This road race on Sunday was actually something of a departure for Tashev, as he tends to prefer trail-running to the demands of pavement.

"I really like long distance running," Tashev said. "I started doing it a very long time ago. I usually do trail running and avoid road races."

However on this occasion, the chance to run so close to home, with his wife on hand to cheer him on, it was too good of an opportunity to pass up. It was especially important this year, as Tashev was left deeply unsatisfied with his performance from a few years back.

"I was very unhappy with how I performed a couple of years ago," Tashev said. "This year, I started out very careful and finished strong. It was almost the exact opposite last time: there I started very strong and then had nothing left at the end."

This was a crucial factor, as Tashev is a runner who needs to find the proper mental and physical rhythm in order to perform at his

peak. This process can take some doing, and necessitates that the earliest miles of a race are the most difficult.

"It is hard to get used to," he admitted. "Mentally, you have to get used to that idea, that six miles can be just as hard as eighteen."

This process of finding the right groove is still ongoing. Even after shaving several minutes off his time and ranking very high, Tashev still believes that there are tweaks needed to his style to yield the best performance possible. It is a plan that he will shortly be putting to the test.

While Tashev has no interest in more road races this year, he has almost half a dozen trail races lined up, the shortest of which runs ten miles, and the longest of which are marathon in length. Here, again, Tashev will find his endurance and abilities pushed to the absolute limit.

"With a marathon, usually after the first eighteen miles is when it becomes really hard," he explained.

While it was not his pre-

ferred style of racing, Tashev had nothing but positive things to say about the new half marathon course he ran on Sunday, as well as the race officiating and management from the Chamber of Commerce and local volunteers.

He was especially grateful to the volunteers along the road giving directions, as that made the final miles that much easier to focus on without having to worry about becoming lost. With a race as difficult as the half marathon, relieving even the slightest pressure can be a major help.

"The miles come hard at the end," he laughed.

As far as he has come, and as much as he has accomplished in his 51 years, Miroslav Tashev is still hungry to keep improving and keep moving forward. He is someone determined to do what he loves and to keep getting better at doing it for as long as he can.

As he explained, "Always you can do better. Always."

Nikki Sirignano and Brian Schell

Familiar faces are the top Wilmington 5K performers

By **BRENDAN FOLEY**
Sports Correspondent

The 9th annual Chamber of Commerce 5K road race and half marathon was a huge community even, bringing together former and current Wilmington residents in the share goal to raise money for high school scholarships, and for the athletes to push themselves as hard as they could. Nowhere was this sense of community more visible than with 5K winner, 27-year-old Brian Schell and with Nikki Sirignano, age 20, who was the highest placing female Wilmington runner.

For Schell, the race was an opportunity to practice what he preached. Schell has spent the last five years working with the Wilmington

High track team and the last two years as an assistant coach of the boys cross country team. The 5K race was a big change for Schell, who specializes in shorter distances.

"I'm someone who usually does the half mile and the mile," said Schell. "Jumping to three miles, it gets to you. A lot of distance, a lot of road runs, you need to run like eight or ten mile road runs to really be ready."

For Schell, running is an all-consuming passion that has been with him since an early age. While he experimented with other sports, nothing compared with the thrill of the run.

5K WINNERS PG SP6W



For the second straight year, Nikki Sirignano is the first female finisher from Wilmington in the 5K race.

(photo by Maureen Brady-www.shootingstarspix.com)

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PA2731, Glacier Wh., 7K mi., Prestige Package **\$54,898**

2013 Audi A6 3.0 Q
PA2741, Auto., Havana Blk., 5K mi., Prem. Plus Pkg. **\$52,998**

2013 Audi Q7 3.0 Q
PA2720, Auto., Gl. White, 13K mi., Prem. Plus Pkg. **\$52,498**

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PA2724, Auto., Black, 10K mi., Prem. Plus Pkg. **\$47,398**

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PA2744, Auto., Scuba Blue, 21K mi., Prem. Plus Pkg. **\$44,498**

2013 Audi A4 2.0 Q
PA2736, Auto., Phantom Bl., 5K mi., Prem. Plus Pkg. **\$40,498**

2013 Audi A4 2.0 Q
PA2733, Auto., Phantom Bl., 7K mi., Prem. Plus Pkg. **\$40,498**

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E017340A, Auto., Quartz, 43K mi., Prem. Pkg. **\$31,798**

2011 Audi A4 Avant
PA2722A, Auto., D.S. Blue, 23K mi., Premium Pkg. **\$30,498**

2011 Audi Q5 2.0 Q
E020757A, Auto., Ice Silver, 43K mi., Premium Pkg. **\$30,998**

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2013 Audi A4 2.0 Q
E038192A, Auto., Monsoon, 5K mi., Premium Plus **\$40,898**

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D155685B, Auto., Quartz Gr., 15K mi., Prestige **\$52,498**

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E003335B, Auto., Gray, 36K miles, Leather, Snrf. **\$28,498**

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Familiar faces take top spots in 5K

FROM PAGE SP5W

“I’ve been running since middle school,” he said. “My Dad was a runner, my whole family, really, were all runners so I just came into it. I love it. It’s my biggest passion. I used to do soccer, but the coach said I was too small, so I decided to try cross country and try to get better for track.”

As a coach of the next generation of runners, Schell has found that the mental aspect of running can be an even trickier prospect to master than the physical demands. His coaching process has involved grappling with how to balance instruction with allowing the kids to find their own strength.

“You have to help each kid find a pace for himself,” said Schell. “Distance pace is basically not going too fast, not getting ahead of themselves. You want them to find that happy medium when it comes to doing workouts. If you see them decline as practice goes along, they went too fast.”

For now, Schell could not be happier to be imparting his knowledge to younger runners.

“I love teaching the kids,” he said. “I love that from what I’ve accomplished I can now hand down to these younger kids. Sharing my accomplishments and then seeing them create their own, that’s the best part for me.”

While Schell was running for his students, Sirignano was running for a friend.

As a member of ‘Team Kelli’, Sirignano ran in the memory of Kelli Murray, a Wilmington resident who passed away on June 25, 2010.

Sirignano, along with the rest of Team Kelli, ran wearing a bright green shirt emblazoned with a photo of a smiling Murray.

It is a hugely personal experience for Sirignano, who also was the top female finisher from Wilmington in last year’s race.

“I was friends with Kelli,” said Sirignano, who is now a member of the Bentley College women’s cross coun-



Brian Schell of Wilmington was the winner of the 5K road race in Wilmington on Sunday.

(photo by Maureen Brady-www.shootingstarspix.com)

try program. “So I come here every year to run the race for her.”

Beyond being mere friends, Murray was a constant, warm presence in Sirignano’s life until her passing. She could not even begin to measure the amount of time that she spent in the Murray household during her formative years.

“My Mom worked, and so after school I would go home with my friend who was Kelli’s niece. I’d go over to her house and just be there for hours,” she said. “From when I was little to all the way up through high school I would go up to hang out with the girls.”

To see so many blazing green Team Kelli shirts amidst the gigantic crowd of runner and walkers was a truly moving experience for Sirignano.

“It’s great,” she said. “I really loved her, and she was such an awesome person. It’s so awesome to see other people supporting her, and we’re all just running for that cause. It’s great to see so many people out for Kelli.”

Sirignano has developed her abilities over many years running these sort of races.

“I usually do a 5K,” she said. The hardest part is

spacing yourself and keeping your endurance up. The more you get used to running, the more you realize how hard you can push yourself. Running is such an individual sport, and it’s just about setting goals for yourself and doing the best that you can.”

The trick, she explained, is finding the right mental place to power through any obstacles.

“I try to mentally prepare myself before the race, to get myself pumped up. And then once we get going I just find my zone and try to keep myself going and stay relaxed. You just need to keep your body relaxed and find your pace. I’ve been running for a while so I know how fast I can do and whether it’s a good day for me.”

Whether as a young girl who spent her afternoons at a friend’s house, or as a young man striving to share his passion with the next generation, Sirignano and Schell have found their passion and intend to follow it wherever it leads.

As Sirignano said, “Running teaches you to push yourself and to just keep going. It gives you mental strength. And I like it.”

WHS Sports Round-Up Part 1

Sullivan nets trick to lead Field Hockey team

By JAMIE POTE Sports Editor

The points continue to pile up for the WHS Field Hockey team. This past week the Wildcats dropped Melrose 5-0 before ending in a scoreless tie with Melrose at home on Tuesday night. The win and the tie puts the team at 4-2-2 overall, meaning four more wins or eight more points and the team will qualify for the state tournament once again.

In the win over Melrose, Bridget Sullivan had the hot stick scoring three goals, while she also picked up an assist on Nicole McInerney’s tally. She also scored a goal, and assisted on one of Sully’s goals. Amanda

great effort,” said head coach Tom Bradley. “Callie is now unbeaten in the three meets.”

Jackie Ryan was second for Wilmington and seventh overall coming in at 21:47. She was followed by Maeve Sullivan (9th, 22:14), Nicole Romanzo (22:31), Elizabeth Olson and Emily Monteforte.

“The effort (by the entire team) was very good,” said Bradley. “Jackie Ryan has been steady as our number two runner. Maeve had a good run. Melrose is a very good team. We will win meets if we keep the effort up and we will.”

Wscore, the results for every athlete were phenomenal. Not only did ten of the athletes set their own personal records but some were as much as one to two minutes faster than their previous bests.”

Among those were Alex Pizette, who was fifth overall with a time of 17:18, which was 45 seconds better than his previous best. Colin Chase (18:17), Rob Hartsough (19:00), Chris Maienza (19:09), Avery Woodbury (19:15), Justin LaRosa (19:20), Kevin Dunn (19:39) and Jason Dunn (20:08) all improved their times significantly. But Schell added that the biggest improvements came from



From left to right, Avery Woodbury, Kevin Dunn, Rob Hartsough, Justin LaRosa and Colin Chase run on the sidewalks as part of the new cross country course during Tuesday’s loss to Melrose.

(photo by Bill Ryerson)

Richards scored the other goal.

Forward Sherya Pie had a great scoring bid, while Sophie Serna also put forth a strong effort.

On Tuesday, Wilmington and Wakefield ended in a scoreless tie. Wilmington completely dominated but couldn’t find the back of the net.

“They (Wakefield) have definitely improved and they have a real solid defense and an awesome goalie,” said Wildcat head coach Leanne Ebert. “Our girls really crashed the net all game. They poured it on towards the end of the game. The intensity was there and for some reason we just couldn’t connect for one goal but it certainly wasn’t for a lack of trying.”

Melissa McNamara had many scoring chances, in fact she had six of the team’s 17 shots on net. Midfielders Amanda Richards and Jocelyn Cornish played very well, as did defender Katherine McKenna. In the net Shelby McHugh and Brianna Kumm split the duties. Kumm was playing in her first game and made two saves, including a terrific stop in the final few minutes to preserve the shut out.

Wilmington is back in action against the four-time defending state champions from Watertown, who entering this year had a record of 93-0-2 since 2009. However the last time these two teams met Wilmington put in a good scare for the first half during last year’s state tournament game.

On Tuesday night, Wilmington will return home to face Stoneham at 6:00 pm at the high school.

GIRLS XC

The Wilmington High School Girls Cross Country team fell to 0-3 with a 20-39 loss to Melrose at home on Tuesday afternoon but despite the loss it was a very exciting finish. Sophomore Callie O’Connell was able to hold off Melrose’s top runner by two seconds (last year she won by one second) to finish the newly designed course (due to the construction) of three miles with a time of 19:19.

“It was a smart race and a

BOYS XC

The Wilmington High School Boys’ Cross Country team also fell to 0-3 on the season losing to a very good melrose team 16-45. Despite the lopsided loss, assistant coach Brian Schell was thrilled with the team’s performances.

“Coming into the meet we new that the winner Christian Gentile (15:48) who was also tenth in the state last year would go out and set a fast pace,” he said. “Having known the competition and being on our home course, we talked about (the Wilmington runners) pushing for their personal records and not getting carried away early in the race trying to compete with

Connor Bailey and Jeremy Tingdahl.

“They both took two minutes off their best times running 19:17 and 22:09 respectively,” he said. “To say I am excited about those individual performances would be an understatement. I am ecstatic. The work ethic that the athletes have been putting forth at practice to achieve their goals is a victory in itself and has shown. With a tougher team next week against Wakefield, we will use it as a workout day to help progress for faster and more consistency toward the athletes’ times.”

Road Race Column

Roberts runs barefoot in Boston

By JAMIE POTE Sports Editor

A handful of locals participated in various road races over the last two weeks but none were more interesting than Wilmington native Brian Roberts, who came in sixth overall in the “Boston Barefoot Running Festival 5K” event. Yes, the entire 5K race was barefoot and he finished with a terrific time of 20:44.5.

In other races, Wilmington resident Janice Ruggiero placed 35th at the St. Charles Parish 5K race with a time of 28:53. Tewksbury residents Donna and Bill Schneider finished 81st and 82nd overall with times of 29:19 and 29:20 at the “Run for Ryan’s Cup 5K” event in Chelmsford. Also, the Corriveau Family of Tewksbury, Joe and his daughter Andrea competed in the “Louisa May Alcott’s Orchard House 10K” event in Concord. Joe came in 59th at 50:40 and Andrea came in 114th at 58:34. Also, Nirav Shah of Wilmington finished 236th overall at 1:09:47. Finally Joe Corriveau’s wife, Linda finished 32nd overall in the 5K portion of the same event with a time of 27:57.

Two Wilmington residents Matthew Gagnon and Michael Murphy completed the “Halfway to St. Patrick’s Day for Brian Higgins 4 miler in Somerville”. Gagnon finished with a time of 27:49.9 and Murphy came

across at 38:32.4. Also, Tewksbury resident Erin Pineau finished 74th with a time of 30:35 in the “Billerica Rotary Club 5K event”.

Eleven locals competed in the “Charles Doherty Memorial 5K” event held in Burlington. William Tammaro of Wilmington came in 9th at 20:50.3 He was followed by Wilmington residents Daniel Sweet (76th, 25:45) and Lauren Tammaro (194th, 30:42.7). Tewksbury residents who completed the race include: Paul Mucica (25th, 22:45.3), Mike Pinto (34th, 23:34), Jenn Pestana (216th, 32:07.3), Beth Lauren-Connors (217th, 32:07.9), Ann and Chris Taylor (225th and 226th at 32:18.0 and 32:18.1) and Jim and Laura Cranston (379th and 380th at 58:38.9 and 58:39.0).

This past weekend was very busy with many locals hitting the streets, including the annual Wilmington Road Race. Besides that event, nine locals competed in the “Wicked Half Marathon” held in Salem. Those locals include Tewksbury residents Kristen Haan (139th, 1:44:58.1), Jane McKenna (308th, 1:54:49.9), Melissa Ward (440th, 2:01:31.3), Rose Ryan (503rd, 2:05:56.7) and Jeannine Foley (759th, 2:32:44.6). Wilmington residents include: Joy Clark (502nd, 2:05:57), Elisa Allen (538th, 2:08:10.2), Michelle Doherty (686th, 2:22:38.3)

and Billy Long (713th, 2:26:55.8).

Upcoming Races

On Sun., Oct. 6, Austin Preparatory School in Reading is hosting its Second Annual Austin 5K Community Road Race, which includes a Kid Fun Run and cookout for all.

The race is open to runners of all abilities and will be timed. Families are welcome!

Check-in begins at 8:30 a.m. in the MultiPurpose Facility (gym) and the race kicks off at 10 a.m. If you would like to walk the course instead, walkers will begin at 9:30 a.m. At noon, there will be a cookout for all runners and their families.

Advance registration is highly recommended and includes a T-Shirt. Take advantage of the Advance Registration fee of \$20. Registration the morning of the race is \$30. We require separate registrations for individual runners.

There will also be a Kid Fun Run on the Austin Prep Track, for children ages 12 and under (this is free, no registration necessary).

Advance registration closes Thurs., Oct. 3 at noon. Price goes up to \$30 per runner the day of the race.

To register, go to: www.austinprepschool.org and click Alumni.



Wilmington High junior Emily Monteforte comes down the stretch of the three mile trek for the WHS Girls Cross Country team during their meet on Tuesday.

(photo by Bill Ryerson)

WHS Round-Up Part 2

Both soccer teams take pair of games

By JAMIE POTE
Sports Editor

The Wilmington High School Boys Soccer team made quick work against both of its opponents this past week, easily defeating Melrose 4-0 on Thursday and Wakefield 6-0 on Monday night. The two wins makes it five in a row for the 'Cats, after dropping the first game of the season to Reading.

In the win on Monday, Wilmington overmatched a young Wakefield squad but at the same time utilized its entire roster, who really put on a passing clinic. All of the players were involved in the action, while five different players scored goals including two from Drew Foley and one each from Chris Saporito, Austin O'Neal, Jimmy Murphy and Ryan Kinsella.

"One of the goals of the night was to try to get a goal within the first fifteen minutes and we got the two quick ones right away and that set them back a little bit," said head coach Steve Scanlon. "We were moving the ball really good tonight and we're getting used to the turf. I thought we moved the ball very well - the second group we put in did it just as well. We got a nice goals."

"So it's a good win in a divisional game so that's good. We're going to have a much tougher match-up Thursday against Watertown."

Since early last week, the team has been without senior tri-captain Chris Michaelangelo, who started the season red hot scoring a handful of goals. But he's been out with an injured foot. It was first thought to be broken but that's not the case and it looks like he could be back in two weeks or so.

In the meantime, Scanlon was shifting some of his players around including moving Kory McGilvary from sweeper-back to stopper-back, and pushing Connor Townsend to the sweeper-back spot.

"We're experimenting with Chris out but still figuring it out," said Scanlon. "We're trying to plug the hole until he gets back. He's a big loss especially for what we have coming up with St. John's Prep (a week from Saturday). He should be back in two weeks."

In the 4-0 win over Melrose, Drew Foley led the way with two goals and an assist, while Mitch Goulet and Mike D'Iorio had single goals. O'Neal collected two assists and McGilvary added one.

Wilmington is busy this week with a road trip Thursday to Watertown, before coming back home Saturday morning at the North to face Billerica at 10 am and then Monday night at the high school to face Stoneham at 6:00 pm.

GIRLS SOCCER

Just like the Boys team, the WHS Girls' Soccer team took care of business with a pair of 4-0 wins over the same Melrose and Wakefield opponents.

In the win over Melrose, Cassie Grasso, Casey McFall, Stephanie Figueiredo and Kayla McCauley all scored single goals. It was the first varsity goals for McFall, Figueiredo and McCauley. Picking up assists were Jordyn Granana, Kayla Bavin and Kaitlin Curley.

Then on Monday, Wilmington came away with another 4-0 win to improve the team to 5-1 overall. In that one, Ashleigh Howland, McFall, Kaitlin Curley and Figueiredo had single tallies while Granana, Lauren Amazeen and McCauley had assists.

"We've had a number of different goals scoring goals including several scoring their first varsity goals so all of that is nice to see," said head coach Sue Hendee. "I think we played really well in those two games."

Wilmington also has three games this upcoming week with home games on Thursday against Watertown at the North at 3:45 and Saturday morning against Tewksbury at 10:00 am at the high school. Then on Monday, they will travel to Stoneham for an afternoon contest.



Above Ryan Kinsella boots the ball ahead to a teammate for the Boys Soccer team and below kaitlyn Curley moves with the ball, while Cassie Grasso looks to change fields to get open.
(photos by JoeBrownphotos.com)



Wilmington Little League Major League tryouts and open registration dates announced

Wilmington Little League will hold tryouts for the Major League on Saturday September 28th, Sunday, September 29th and Saturday October 5th at Boutwell Field.

The sessions will begin at 10am on each date in groups of ten players on a first come, first served basis. Players are only required to

attend one session.

Eligible players must be 10 but not 13 prior to May 1, 2014, and also should be registered for the 2013 season prior to their tryout. Wilmington Little League encourages early enrollment to avoid being placed on a waiting list.

Visit our website for additional details or Contact

Rick Hill at pres@wilmingtonlittleleague.org for more information.

Wilmington Little League has opened online "early" registrations for new and returning players, as well as managers, coaches and team parents for the 2014 season on their web site at www.wilmingtonlittleleague.org.

Baseball players who will be 7 but not 17 before 5/1/14, and softball players who will be 1st to 9th grade for the current school year are eligible to register.

All players who are age-eligible for first grade are age-eligible for our entry level divisions.

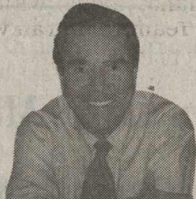
For those who wish to pay by check, we will have walk-

in registrations on Saturday, October 19th from 4-6pm and on Thursday, October 24th from 7-9pm at the 4th of July Building. Checks will only be accepted at the walk-in registration and will not be accepted by mail. Birth certificates are required of all first time registrations - please bring them to us during one of the walk-in dates.

Wilmington Little League encourages early enrollment to avoid being placed on a waiting list. Visit our website for additional details or Contact Rick Hill at pres@wilmingtonlittleleague.org for more information.

Herb Chambers

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MIAA changes overtime rules in high school hockey

By MIKE IPPOLITO
Sports Correspondent

It may seem hard to believe with the fall sports season just starting a few weeks ago, but before we know it, winter and the winter sports season that goes with it, including high school hockey will be upon us.

And with the new season of hockey will come a major rule change involving state tournament play. As it stands now, if a state tournament game is tied after regulation, it goes to a 12 minute overtime period where the teams play 5-on-5, assuming neither team is shorthanded. If the teams are still tied at the end of the overtime period, the game goes to a shootout where each team gets five shots and the team with the most goals wins and moves on, while the loser is left to ponder what could have been over a long summer.

In an attempt to curtail the number of shootouts in tournament play, the MIAA decided this past week to change the overtime rule and institute 4-on-4 play for half of the overtime period. The extra session will start 5-on-5 for the first six minutes, and if still tied at that point, one player will be removed for each team, the theory being that with more open ice it is more likely that one of the teams will score to end the game and avoid the dreaded shootout.

The shootout has long been a source of frustration for coaches and players throughout the state, their complaint being that losing in a shootout after a long season of hard work is a lousy way to see a season end.

With three successful hockey teams in area, including two time defending Division

2 state champion Wilmington, 2011 Division 2 state champion Tewksbury and 2009 Division 3 state finalist and perennial tournament participant Shawsheen, local fans are no strangers to tournament play and the excitement that it can bring.

The three area coaches, Wilmington's Steve Scanlon, Shawsheen's Chuck Baker and Tewksbury's Derek Doherty weighed in with their thoughts on the rule change, as they undoubtedly will be affected by it at some point in the near future.

Shawsheen's Baker, who has been on both sides of a dramatic tournament shootout, defeating Marblehead in the 2009 Division 3 North semi-finals and then losing in the first round of the tournament to Marblehead in 2012.

While obviously much happier with the win than with the loss, Baker found himself dissatisfied after both games, and welcomes any attempt to curtail the number of shootouts.

"I have always felt that the idea of going to a shootout to decide a tournament game was kind of ridiculous," Baker said. "I have seen it from both sides, so it's not like I am just against it because I have lost in a shootout. It's just a terrible way to end a game."

Baker says that the switch to 4-on-4 will force coaches to rethink their strategy in the overtime period and should lead to more scoring opportunities ultimately more goals.

"Getting less skaters out there is good and hopefully the game will end in overtime," Baker said. "If you have some highly skilled kids who can skate really well, you can do really well in that situation, maybe

using three forwards and a defenseman, you should be able to generate some offense."

Baker joins many coaches throughout the state in their support of the new rule, but one complaint that some have had is that the rule change instituted just for tournament play, will leave limited practice time at the end of the season to go over strategy for the situation come tournament time.

But Baker sees it differently.

"By the end of the season, you have done enough of the same drills that it can not be very exciting for the kids," Baker said. "This will give us something new to practice and will help keep the kids sharp."

Tewksbury coach Derek Doherty, who saw his team lose to Wilmington in a shootout in the Division 2 North Finals, is also in favor of anything that helps reduce the number of shootout games in the tournament.

"I think it is good, as long as they are trying to do something," Doherty said. "To go into a shootout just is not fair to anyone because you are going from a team game where everyone has been battling all night to an individual player deciding the outcome."

Doherty however, feels that the MIAA could go further. Until about ten years ago, teams would play until a winner was determined, even if it meant having to come back the next day to continue a game that had run too long.

"I think they should play more overtime periods the way they used to," Doherty said. "I don't see why they can't do that. I am not opposed to that at all."

Of course, that is unlikely

Where's the Action?

Day	Date	Sport	Opponent	Time
Wilmington High Sports				
Thursday	Sept 26	V Golf	at Winchester	3:30 PM
Thursday	Sept 26	V/JV Girls Soccer	vs Watertown	3:45 PM
Thursday	Sept 26	V/JV Boys Soccer	at Watertown	3:45 PM
Friday	Sept 27	Fr Field Hockey	vs Watertown	3:30 PM
Friday	Sept 27	Fr Football	at Burlington	3:30 PM
Friday	Sept 27	V/JV Field Hockey	at Watertown	3:45 PM
Friday	Sept 27	Fr Boys Soccer	at Watertown	3:45 PM
Friday	Sept 27	V/JV Volleyball	vs Wakefield	4:00 PM
Friday	Sept 27	V Football	vs Burlington	7:00 PM
Saturday	Sept 28	JV Football	at Burlington	10:00 AM
Saturday	Sept 28	V/JV Boys Soccer	vs Billerica	10:00 AM
Saturday	Sept 28	V/JV Girls Soccer	vs Tewksbury	10:00 AM
Monday	Sept 30	V Golf	vs Arlington	3:30 PM
Monday	Sept 30	V/JV Girls Soccer	at Stoneham	3:45 PM
Monday	Sept 30	Fr/JV Volleyball	at Tewksbury	4:50 PM
Monday	Sept 30	JV/V Boys Soccer	vs Stoneham	4:30 PM
Tuesday	Oct 1	Fr Field Hockey	at Andover	3:30 PM
Tuesday	Oct 1	Boys-Girls Cross Country	vs Wakefield	3:30 PM
Tuesday	Oct 1	Fr Girls Soccer	at Stoneham	3:45 PM
Tuesday	Oct 1	Fr Boys Soccer	vs Stoneham	3:45 PM
Tuesday	Oct 1	V/JV Field Hockey	vs Stoneham	5:00 PM
Wednesday	Oct 2	V Golf	vs Wakefield	3:30 PM
Wednesday	Oct 2	Fr Girls Soccer	vs Belmont	3:45 PM
Wednesday	Oct 2	V/JV Volleyball	at Watertown	4:00 PM
Wednesday	Oct 2	V/JV Boys Soccer	at Belmont	6:00 PM
Thursday	Oct 3	JV/V Girls Soccer	vs Belmont	4:30 PM
Shawsheen Tech Sports				
Thursday	Sept 26	B/G Cross Country	at Gr. Lawrence	4:00 PM
Thursday	Sept 26	V Girls Soccer	vs Whittier Tech	4:00 PM
Thursday	Sept 26	V Volleyball	vs Chelsea	4:45 PM
Saturday	Sept 28	V Boys Soccer	vs Gr. Lowell	9:30 AM
Saturday	Sept 28	V Girls Soccer	vs Billerica	11:30 AM
Saturday	Sept 28	V Football	vs Gr. Lowell	2:00 PM
Monday	Sept 30	V Golf	at Minuteman	3:00 PM
Monday	Sept 30	V Girls Soccer	vs Gr. Lowell	4:00 PM
Tuesday	Oct 1	V Boys Soccer	vs Mystic Valley	4:00 PM
Tuesday	Oct 1	V Volleyball	vs Fellowship	4:45 PM
Wednesday	Oct 2	V Golf	State Voc Tour	TBA
Wednesday	Oct 2	V Girls Soccer	at Northeast	4:00 PM
Thursday	Oct 3	V Boys Soccer	at Northeast	4:00 PM
Thursday	Oct 3	B/G Cross Country	vs Chelsea	4:00 PM

to happen, at least not any tie in the near future, so Doherty will take what he can get for the moment.

"They are on the right track in that they are at least starting to think about it," Doherty said of the MIAA. "Whether it is 4-on-4 or 5-on-5, at least the game is decided by your team, instead of having it decided one-on-one."

Wilmington coach Steve Scanlon, who of course came out on top in that epic battle with Tewksbury back in 2007, is also not a fan of the shootout and is happy to

see any change to the current system.

"Anything but the shootout is my feeling," Scanlon said. "I've been on both ends (winning and losing) and it stinks. I know there's been a lot of flack in the important games over the years where the weaker team has advanced because they won the shootout. They used our game against Tewksbury in the sectional final as an example of it."

But like the other coaches, Scanlon feels that while any change is good, there are still some obvious flaws in

the new system.

"My only problem with it is you're playing 5-on-5 and you're approaching the six minute mark and they are going to blow a horn and end it and start another six minute period at 4-on-4," Scanlon said. "Here you are finally in an overtime situation and a kid goes in alone on a breakaway as the six minute mark is approaching and you hear the horn."

Jamie Pote contributed to this report.

Town Crier's Mike Ippolito discusses several sports topics

Excitement level raises for new field turf fields

By MIKE IPPOLITO
Sports Correspondent

Every weekend in the fall in my capacity as a sports writer for the Town Crier, I am fortunate enough to go to at least one high school football game and enjoy not only the competitiveness of the young gridiron stars of area schools, but also some of the stadiums and fields at schools that our local teams visit.

The past two weeks, I have had the chance to travel to Chelmsford to see the Tewksbury High Football team play on their brand new turf field, and then to Watertown to see Shawsheen play at their beautiful facility, complete with a tremendous turf field of their own.

After seeing these great new turf fields, I cannot wait to see our two new local turf fields, as I will visit Wilmington High's fantastic new field for the first time on Friday night, and I also eagerly anticipate seeing the new turf field in Tewksbury, which according to reports, will be ready for the spring of 2014.

From everything I have heard, the new turf at Alumni Field in Wilmington, has been met with rave reviews from both soccer and football fans, along with the players and coaches. No doubt, once lacrosse and other sports are given their opportunity to play on the turf, they no doubt will feel the same way.

As for Tewksbury, it looks like their new turf field, which was recently approved, will not be ready for football and soccer this season, but will be ready for the spring season.

"The field turf project is

ongoing at the high school. My understanding is its being installed this fall," Tewksbury High Athletic Director Brian Hickey said. "The high school sports that will be played on the turf will be field hockey, boys soccer, girls soccer, boys lacrosse, girls lacrosse, track and field and, on occasion, football."

I for one, and I am sure I am joined by many others on this, can't wait to see the finished result of the field in Tewksbury. Like the fields in Wilmington, Chelmsford and Watertown, it will be a welcome addition to town's sports programs.

I know that not everybody is on board with the expense of the new fields (or the new high schools, for that matter), and I can certainly understand their concerns, but speaking from an admittedly completely biased opinion, I could not be more excited to see our local teams compete on both fields.

New Rule for Hockey

In an effort to curtail the number state tournament games that are decided by shootout, the MIAA last week voted to change the overtime rules for tournament hockey games, switching from their previous format of one 5-on-5 overtime period to a 12 minute overtime that will be split into two different segments, starting as a 5-on-5, but being adjusted to a 4-on-4 after six minutes if nobody has scored. At the end of the overtime period, teams will still go to a shootout.

It is an idea that has for the most part been met with approval by local

coaches, as well as coaches throughout the state, who are eager to see any type of change to eliminate as many shootouts as possible.

I certainly agree with the coaches that this new 4-on-4 format is much better than the current format that all too often leads to a shootout. My only problem with the new system is that it feels almost as gimmicky as the shootout itself.

The NHL for example, uses the 4-on-4 model and the shootout during the regular season, but once the playoffs start, they move on to the basic 5-on-5 hockey and play until there is a winner.

Of course I understand that high school hockey is not the NHL, and that high school athletes cannot meet the constant demand of multiple overtimes that a professional athlete can, but I feel that more can be done to allow the game to be played and to ultimately end under the standard rules of hockey.

Why not have two 5-on-5, 12 minute overtime periods before moving to the shootout? Sure, it is more taxing on the players if the game goes the distance, but nothing that is going to too difficult to overcome. And sure, no matter how many overtimes they play, there is still the possibility that the game could still be tied and have to be settled in a shootout. But this method at least, would provide more of a chance for the game to end under normal circumstances.

The 4-on-4 is a great idea for its purpose, to help avoid as many shootouts as possible. And as a fan of change and bringing something new to a sport, I am sure I will enjoy this

method once the post season gets underway, but more can be done.

The MIAA has taken one positive step already. Now, let's see them take a couple more.

How about those Red Sox?

It's been an amazing and surprising year to be a Boston Red Sox fan. After the frustration of the 2011 chicken and beer September collapse to the complete embarrassment of last year's 69 win campaign, the Red Sox fielded two of the most unlikely teams in club history.

That's what has made this season even more enjoyable, watching this bearded band of misfits go out and win the American League East, and be closing in on the best record in the American League and home field advantage throughout the playoffs.

The Red Sox still have their share of stars of course, with David Ortiz and Dustin Pedroia pulling in ridiculous amounts of money, but you can't argue that those guys aren't going out and at least trying to earn their salaries every day.

And with 'dirt dogs' like Jonny Gomes, Mike Napoli, David Ross, and Jarrod Saltalamacchia, among many others, coming through for the Sox in key situations, this is one of my favorite Red Sox teams in many years. Heck, even Stephen Drew is likable.

And it's not just because they are winning. The 2011 team for example, was in first place for much of the season, but it was still hard to like sour puss Josh Beckett, whiny Adrian

Gonzalez and gimpy Carl Crawford.

Nope, it is much more than just the winning. It is the way they are winning under the direction of new manager John Farrell. With the players listed above, as well as super human closer Koji Uehara and many others, this is a very easy team to root for. Hopefully we will be rooting for them well into October.

The Patriots are 3-0. Clearly They Stink

In case you haven't noticed your New England Patriots are 3-0 on this young NFL season, the first time they have been 3-0 since the 2007 season when they of course went 18-0 before disaster stuck in the Super Bowl against the Giants.

Of course, if you listen to sports radio or even to many fans, you would never know that the Pats are one of just six 3-0 teams in the NFL.

No, to hear most genius talking heads tell it, the Patriots haven't played anybody yet, their offense is terrible, they will get killed once they play a good team with a good quarterback, and most importantly of course, Tom Brady is being too mean to his receivers when they drop a ball or run the wrong route.

Unbelievable. The whining and complaining about this team year after year borders on the ridiculous. Yes, it is true the Patriots first three opponents, the Bills, Jets and Buccaneers, will likely be among the worst in the NFL this season. And true, the Patriots offense has not looked as good as it has in recent

years.

But once again, just to be clear: They are 3-0. Unless there is some sort of new math that I am not aware of, you cannot possibly have a better record after three games than 3-0. What am I missing?

Only the Patriots could be 3-0 and have people complaining that it is not good enough. The fact is that many media members in Boston and all over the country have been waiting for the Patriots to fall for years so they can pounce on Bill Belichick and the rest of the organization, but it just hasn't happened yet.

Well, it will happen someday, and when it does there will be a media feeding frenzy both locally and nationally. But I've got some bad news for the haters, it's not going to happen this year. They are 3-0 and only going to get better as Brady and his receivers adjust more to each other, and as the already greatly improved defense continues to get better.

Will they go undefeated? No, they may even get blown out this Sunday night in Atlanta because their young players may not be ready for that stage yet. They may not win the Super Bowl either, because better Patriots teams than this have fallen short. But you can count on one thing. At the end of the season, the Patriots will have one of the best records in the league and will be playing in important playoff games, at Gillette Stadium, just like they do every year.

Not bad for a team that stinks.

Shawsheen Tech Sports Wrap-Up

Boys Soccer team bounces back with impressive win

By MIKE IPPOLITO
Sports Correspondent

The week got off to a rough start for the Shawsheen Tech Boys Soccer team, as they suffered a 4-1 loss on the road to CAC Upper Division rival Lynn Tech last Wednesday. But they bounced back nicely on Friday, taking an impressive 3-0 win on the road over North Shore of the CAC Lower Division.

Shawsheen coach Dick Barriss knew his team would have to be at their best if they were going to defeat the always talented Tigers of Lynn Tech, particularly on the fast track of their home field turf, but unfortunately for Barriss and his team they made some critical mistakes that helped lead to the loss.

"I felt going into the game that we would be able to compete more with them," Barriss said. "And then they only had 13 players, and had a couple of kids get hurt during the game so they were down to just 11, so I thought they might be fatigued, but by the end of the game, we were more fatigued than they were."

Making the loss somewhat frustrating for the Rams was that they controlled play for the first several minutes of the game, putting four or five shots on net, but it was Lynn Tech who got on the board first.

"We were controlling play for the majority of the time, but they were able to score off a direct kick when our goalie made the save but they were able to put in the rebound because we fell asleep," Barriss said.

After falling behind 2-0 at the half, Barriss felt that his team was still very much in the game, provided they scored the next goal, but it was not to be for the Rams as another defensive lapse led to a Lynn Tech goal and a 3-0 lead.

"We are not talented enough to make mistakes against a team like that," Barriss said. "When it was 2-0 I told the kids that if we get the next one we would be back in the game, but they got it to make it 3-0 and that made it very tough for us."

Lynn Tech would extend the lead to 4-0 before T.J. Barriss scored the Rams only goal of the game, on a nice set up from Kyle Fleury.

Things went much better for the Rams in their next game against North Shore, as the Rams dominated from start to finish to earn the victory.

"We had talked about getting off to a fast start against this team" because they play a defensive style and last year we didn't get the game winning goal until there were about three minutes left," Barriss said.

The Rams certainly seemed to heed Barriss' advice, getting on the board just 40 seconds into the game on a goal by Gijo Lena off a throw in by John Fitzpatrick that was headed toward the net by T.J. Barriss.

"We stole the kickoff and got it into the corner, and then John made just a great throw that T.J. was able to go up and

get and then Geno was able to hit it in," Barriss said. "At that point, we were feeling really good, but they were able to shut us down for the next 20 minutes or so, and I started to get concerned that even though we were controlling play that they might get a goal to tie it up."

Barriss gave the Rams some insurance in the 25th minute, making the score 2-0 on a nice set up from Christian Lucchesi and Gabe Colletti.

The Rams final goal of the game, midway through the second half, was significant not just because it gave them a nearly insurmountable three goal lead, but also because of who scored the goal, with sophomore James McCarthy scoring an assists by senior Greg Boyages and Tom Czerwinski.

It was the first varsity goal for McCarthy and the first varsity point for Boyages.

"Tom put the shot on net and it bounced out to Greg, who deflected it over to McCarthy who put it in," Barriss said. "I was really, really happy for those two guys. It was great to see the two of them score like that."

The Rams will look to continue their winning ways this week when they take on perennial CAC champion Chelsea as well as Greater Lowell on Saturday in their Homecoming game.

"I am pleased with where we are at. We are back to .500, which is right where we need to be to qualify for the state tournament," Barriss said. "But we've got some difficult games ahead this week. Hopefully we can keep playing better soccer and compete against these teams."

GIRLS SOCCER

The good times kept on rolling for the Shawsheen Tech Girls Soccer team this past week, as the Lady Rams picked up two more CAC victories, over Notre Dame and North Shore, both by 3-0 scores, giving them five wins in a row overall, and improving their record to 6-1 on the season.

Shawsheen got their week started with a 3-0 win in Tyngsboro over Notre Dame in a game where they dominated from start to finish, limiting their opponents to just three shots on goal, and getting goals from Yvette Simeos, Rachel McLaren of Wilmington and Lynne Snook of Tewksbury.

Shawsheen coach Doug Michaud had predicted heading into the game that the contest with Notre Dame would be a good indication of where his team stood. Needless to say, after the game, he felt pretty good about his team.

"They were a good team," Michaud said. "The game was a little back and forth, but Notre Dame has suffered a lot of injuries this season. They have only 13 players on their roster, and they lost another to injury during the game, so they only had one sub, and I think we were able to wear them down. But I also think we played very well against a good team."

Sophomore goalie Janina Kennedy of Tewksbury made just three saves to earn the shutout for the Lady Rams, once again with the aid of some great defense by Darien Lavino, Jackie Farragher and Megan Teahan.

Michaud has seen this type of effort from his team all season and says it has been a key to his team's success.

"Our defense is very quick. The three of them, along with some other subs we are putting in have done a great job," Michaud said. "This is one of the first times we have had this kind of depth on defense. We have had some good defenders in the past, but not this many at one time."

"And we need it more than ever this year because we don't have the powerhouse scoring like we have had some years in the past."

The Lady Rams, however, have been getting all the scoring they need, and they did so again on Monday afternoon against another quality team in North Shore.

Shawsheen led just 1-0 at the half with their only goal coming on a penalty kick by Lisa Ferreri.

"She has been our go to girl on the PK's," Michaud said. "She is so calm out there. It's funny, when she came off she was shaking and said she was so nervous. But I told her, you seem so calm."

Nicole Kopacz and Emily Irwin were the other goal scorers for the Lady Rams, who saw Kennedy pick up her fourth shutout of the season in the win.

"North Shore was undefeated coming into the game and had just beaten Notre Dame 2-1 so we knew how good they were," Michaud said. "We talked about it before the game about how we would have to be ready for them, and we did a good job of controlling the game."

The Lady Rams have controlled most of their games to this point, running off five wins in a row since their 1-0 loss to Billerica, outscoring their opponents 16-0 during the winning streak. But still, Michaud knows his team can be even better.

"I definitely think we can be better," Michaud said. "This team may not be as good as some teams we have had in the past, but they are a hard working team. They are one of the hardest working teams we have had."

The Lady Rams will try to continue their winning ways on Thursday when they host Whittier, followed by a Homecoming Day clash with Billerica at 11:30 Saturday morning.

VOLLEYBALL

The Shawsheen Volleyball team went 1-3 this past week, dropping their record to 2-5 on the season, but better days certainly appear to be ahead for the Lady Rams after getting on of their key players back in the lineup and playing two of their best matches of the season in their final two matches of the week.

After starting their week with a 3-2 loss to Mystic Valley

last Wednesday, and a 3-1 loss to Greater Lowell on Thursday, Shawsheen bounced back with a 3-1 (25-20, 25-22, 21-25, 25-10) win over PMA at home on Friday.

Not surprisingly, the win coincided with the return of sophomore Jess Vitale of Tewksbury to the lineup. Vitale had missed the past three matches with an injury and her absence was certainly felt throughout the Shawsheen lineup.

Her return was felt too, as she contributed 23 service points and four kills to the Lady Rams cause.

"It hurt us having her out of the lineup because we were forced to put a lot more inexperienced players in the lineup for an extended period of time," Shawsheen coach Chet Flynn said. "Those players were getting better with every match, and they are working extremely hard, but they are still inconsistent, so it was great to get Jess back in the lineup. It allowed us to tweak our lineup a little bit"

Danielle Cacciola of Tewksbury was also outstanding for the Lady Rams, with 19 service points of her own, including 13 in a row in the fourth game.

"In that fourth game Danielle just started reeling off serves," Flynn said. "Jess had been serving great all game, so it was great to get that kind of effort from both of them."

Senior Cassie Melanson was also outstanding for Shawsheen with ten assists and nine service points.

Shawsheen lost their next match, on Tuesday to Notre Dame by a score of 3-0 (25-22, 25-15, 25-17)

"I thought we played very well," Flynn said. "Even the 25-15 game, we played very well, and we only losing 15-13 at one point before they took control. We did not play poorly at all, but Notre Dame does not give up any cheap points. They are very well coached and very disciplined."

Cacciola once again played very well despite the loss, as did Melanson, who has taken her game to another level in the past few matches.

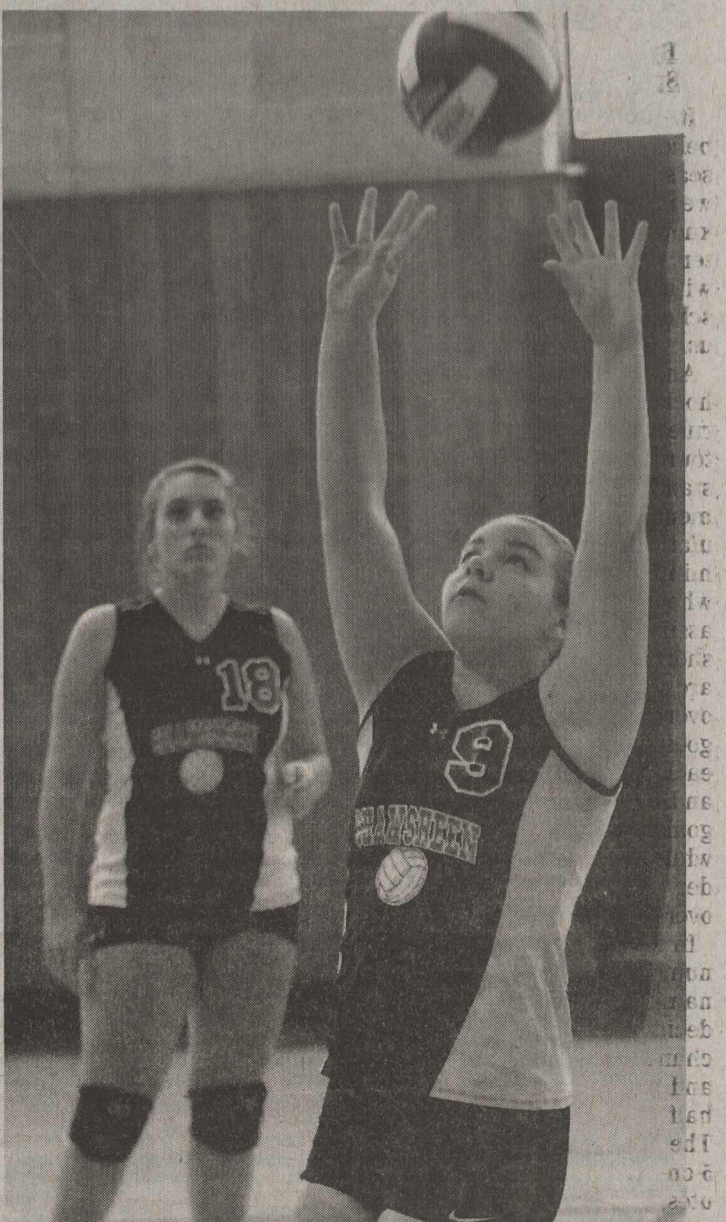
"She is stepping up and she is playing very well and she played very well today," Flynn said. "She is getting better by the day, and it is great to see her playing so well, just like a lot of our girls. All the kids are improving dramatically."

Flynn is hoping to see that improvement translate into wins in the upcoming week. Shawsheen will host Chelsea in their Homecoming Game on Thursday at 4:45 before hosting Fellowship on Tuesday, followed by matches against Thursday and Friday against Northeast and Greater Lawrence.

"Those are all winnable matches for us," Flynn said. "I am hoping to be over .500 by the end of next week. In fact, I will be disappointed if we are not."

GOLF

The Shawsheen Golf team had their biggest win of the season this past week, knock-



Cassie Melanson looks to set the ball for the Rams Volleyball team during a match held this past week.
(photo by Bill Ryerson)

ing off previously undefeated Nashoba Tech at Patriot Golf Course in Bedford last Wednesday by a score of 164-173, helping their quest for a ninth consecutive Colonial Athletic League title.

The Rams followed up their big win over Nashoba with another CAL win, this time knocking off Worcester Voke by a score of 173-190 to improve to 8-2 overall on the season.

In the win over Nashoba Tech, the Rams shot their lowest score of the season at 164, and knocked off a team that had dominated in their previous matches on the season, and saw an opportunity to knock off a supposedly vulnerable Shawsheen team.

"That was a nice win for us," Shawsheen coach Tom Struthers said. "It was one of those matches where we needed all the kids to step up and they all did. We had four kids come in with good scores. We had seen that Nashoba had been shooting in the low 160's so we talked as a team about what we had to do to win and the kids went out and did it."

Senior Remy Fletcher was once again the overall medalist, as he has been in nine of the Rams ten matches this season, shooting a sparkling round of 37, but he was not alone in his great play, as Scott Brown fired a 40 for the Rams.

"That's a terrific round for Scott," Struthers said. "He's our captain this year and he is a great kid. That was a fan-

tastic score and I was just so happy for him.

Steven Ferreira (43) and Ryan Collins (44) were also outstanding for the Rams in the win, giving Shawsheen the scoring depth they would need for the win.

"That is huge because of the balance that we had," Struthers said. "Nashoba shot something like a 40, 41 and 42, but their other score was a 50, so that was the difference in the match."

"For them to be able to bring in that score for us was huge. Having a good score from your fourth player is almost as important as having a good number one player."

In the win over Worcester Voke, Fletcher led the way with another 37, making it nine of ten matches on the season that he has been the overall medalist.

Along with Fletcher, the Rams also got strong efforts from junior Ryan Olson with a 44 and senior Jake Russell with a 45.

"Ryan's 44 was his best score of the year. He had just a great day," Struthers said. "He had an eight on a par three, and still shot a 44 so that will tell you how good he can be. And Jake coming in with a 45 was very good for us. Just like Ryan, he has to control his game and be more consistent and I think he can do that."

Tech Football team's rally falls just short

By MIKE IPPOLITO
Sports Correspondent

WATERTOWN - After suffering a 38-0 pasting against Austin Prep in their previous game, it was hard to predict many good things happening for the Shawsheen Tech Football team when the Division 5 Rams took to the road to take on Division 4 Watertown last Friday night at Victory Field.

While the end result was the same for the Rams against Watertown, the difference in the two games could not have been more dramatic, as the Rams gave their higher division opponents all they could handle before by a score of 19-7.

The Rams, who dropped to 0-3 on the season with the non-league loss, trailed just 13-0 at the half and closed to within 13-7 early in the fourth quarter before Watertown (2-0) added a late score to account for the final.

After being outgained 136-35 on the ground in the first half, the Rams rebounded nicely in the second half to

outgain the Raiders 141-83 in the second half.

"It would have been easy after the thrashing we took last week to just pack it in when we were down 13-0 at the half," Shawsheen coach Al Costabile said. "I'm really so proud of these guys for the way they came out and fought in the second half. There are a lot of good things we can take out of this. When we were walking off the field last week there weren't even a couple of good things we could take out of it."

Watertown looked like they were going to jump on the Rams early on Friday night when they returned the opening kickoff to the Shawsheen 29-yard line and then set themselves up with a first-and-goal at the Shawsheen five yard line.

But the Rams defense, which was outstanding all night, stepped up with a huge defensive stand to keep the Raiders out of the end zone. Defensive back Ryan Barnard of Wilmington stuffed Watertown running back Mike Petrillo for no

gain on first down before junior defensive tackle Sean Maguire dropped Petrillo for a loss of six on second down. After an incomplete pass on third down, a 28-yard field goal attempt by Watertown sailed wide left to keep the game scoreless with 6:20 left in the first quarter.

Watertown had another chance to take the lead later in the opening quarter with a first-and-goal at the three, but once again the Rams defense held strong with Jason Baldwin of Wilmington dropping Petrillo for a four-yard loss on first down and Chris Arkalis dropping him for another four-yard loss on second down before Watertown once again missed a 28-yard field goal to keep the game scoreless.

"I was proud of our defense," Costabile said. "When their back was against the wall they found a way to come up and make some plays."

The game remained scoreless until midway through the second quarter when Watertown put together a 12

play, 63-yard drive, capped by a one yard run by Petrillo with 3:38 left in the half.

Santino Fierimonte's extra point kick made it 7-0.

That's how it looked like the teams would go to the half, but with just two minutes left in the half, the Raiders 6'3 wide receiver T.J. Hairston returned a Rams punt 61 yards for a touchdown and a 13-0 lead after the extra point failed.

"You can't let a punt return like that happen," Costabile said. "We've got to do a better job on that."

Shawsheen had their best drive of the game to start the second half, using 12 plays and over eight minutes of game clock to march from their 28-yard line to the Watertown one on the strength of some fine running by quarterback Chase Rebidue and running back Chris Arkalis, as well as a 12 yard run by Baldwin.

Shawsheen had a first-and-goal at the one after a pair of five yard runs by Rebidue, but a bad snap on first down moved the ball back to the 12 yard line and the Rams were

unable to score.

"It was a little disheartening to take eight minutes off the clock and not score," Costabile said. "We've got to learn how to put that away."

Disheartened they might have been, but the Rams kept fighting, getting on the board on their next possession, a seven play, 81-yard drive capped by a four yard run by Rebidue (57 yards rushing) with 7:20 left in the game making the score 13-7 after John Reynolds extra point.

Arkalis had 30 of his team high 58 high rushing yards on the drive, which was also aided by a personal foul penalty on Watertown to give the Rams a first and goal at the eight yard line. Two plays later Rebidue got the Rams on the board with a four yard keeper.

The Rams offense seemed to be stuck in neutral in the first half, but that was certainly not the case in the second half, as they were clicking on all cylinders.

"We just made a couple of adjustments to the blocking at half time that we were not

doing correctly in the first half," Costabile said. "We just made some simple adjustments and they worked well enough to get us going to get us a drive and get us moving the ball on the ground."

The Rams had all the momentum at that point, but Watertown came right back to score on the ensuing possession, putting together a 10 play, 59-yard drive capped by a six yard run by quarterback Nick Giordano with just 1:53 left, making the score 19-7 when the two point conversion attempt after the touchdown coming up short.

The Rams will open up CAC play this Saturday at home in their Homecoming Day game against their usual Thanksgiving Day rival Greater Lowell. The Gryphons come into the contest with an 0-2 record, having lost to CAC rival Lynn Tech 34-7 last week at home after dropping their season opener the week before on the road to Lowell Catholic.

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 7:00 p.m., in compliance with provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Request for a Determination of Applicability, filed by Kevin Keohane, 29 Morningside Drive, Wilmington, MA 01887, owner and applicant. This filing is for an addition to an existing dwelling. This work is within the 100' Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is shown on Assessor's Map 69 Parcel 73G, 29 Morningside Drive, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561668 9/25/13

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 8:00 p.m., in compliance with the provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Notice of Intent, and the provisions of the By-laws of the Town of Wilmington, Section 48.1, on a Stormwater Management Permit filed by Craig Newhouse, 5 Emma Way, Wilmington, MA 01887, applicant and owner. The applicant is proposing to make roadway improvements, construct a house, septic system and associated site work. This work is within the 100-foot Buffer Zone of Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located on Assessor's Map 6 Parcel 148B and Mary Street right of way, 5 Mary Street, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561664 9/25/13

LEGAL NOTICE

MORTGAGEE'S SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Geraldine A. Anderson to Home Loan & Investment Association, dated July 30, 1994 and recorded in Middlesex County (Northern District) Registry of Deeds in Book 7183, Page 207, of which mortgage Home Loan Investment Bank, F.S.B., f/k/a Ocean Bank F.S.B., f/k/a Home Loan and Investment Bank F.S.B., f/k/a Home Loan & Investment Association, is the present holder, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 30 Wightman Road, Tewksbury, Massachusetts, will be sold at a Public Auction at 1:00 p.m. on October 3, 2013, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

The land in Tewksbury being Lot No. 68 and 69 on a plan of land called "Woodland Park", at Tewksbury and Wilmington, Massachusetts, belonging to Cora A. Clutter, dated June 1916 by L. G. Humphreys, C.E. and duly recorded with the Middlesex Registry of Deeds, Plan Book 39, Plan 16 and described as follows:

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 7:15 p.m., in compliance with the provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Notice of Intent filed by Michael Welch, Quality Additions and Remodeling, P.O. Box 819, Wilmington, MA 01887, applicant; Dorothy Halliday, 28 Butters Row, Wilmington, MA 01887, owner. The applicant is proposing to build a house. This work is within the 100-foot Buffer Zone of Bordering Vegetated Wetlands and Land Subject to Flooding as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located on Assessor's Map 27 Parcel 4A, 9 Factory Road, Wilmington, MA 01887. A copy of the plan is on file at the Planning and Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561665 9/25/13

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 7:45 p.m., in compliance with the provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Notice of Intent, and the provisions of the By-laws of the Town of Wilmington, Section 48.1, on a Stormwater Management Permit filed by Joseph Ribas, 248 Woburn Street, Wilmington, MA 01887, applicant and owner. The applicant is proposing to construct a single family dwelling, septic system, and driveway. This work is within the 100-foot Buffer Zone of Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located on Assessor's Map 87 Parcel 13-E, 240 Woburn, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561666 9/25/13

EASTERLY by said Wightman Road one hundred twenty-two and 32/100 (122.32) feet to a point which is the corner of Albert Road and Wightman Road; thence running

NORTHERLY by said Albert Road one hundred and 68/100 (100.68) feet to a point; thence running

WESTERLY by Lot No. 67 a distance of one hundred ten and 58/100 (110.58) feet to a point; thence running

SOUTHERLY by Lot No. 70 a distance of one hundred (100) feet to a point of beginning on Wightman Road.

Containing eleven thousand six hundred forty-five (11,645) square feet of land, more or less, with restrictions of record.

Subject to takings and easements of record.

For title see deed recorded in Book 2489 at page 330 of the Middlesex North District Registry of Deeds.

The above premises will be sold subject to all taxes, assessments, and other encumbrances which may constitute a prior lien thereon, and will be conveyed subject to any easements, restrictions of record, tenancies, and rights of redemption for unpaid federal taxes, if any, as shall, notwithstanding this provision, constitute valid liens or encum-

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 7:30 p.m., in compliance with the provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Notice of Intent filed by Jefferson Development, LLC, 1328 Mammoth Road, Dracut, MA 01826, applicant; Estate of Vito and Elizabeth Precopio, 245 Lowell Street, Wilmington, MA 01887, owner. The applicant is proposing to replace a single family dwelling on existing foundation, replace the garage on a new foundation, replace septic system. This work is within the 100-foot Buffer Zone of Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located on Assessor's Map 57 Parcel 50, 245 Lowell Street, Wilmington, MA 01887. A copy of the plan is on file at the Planning and Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561667 9/25/13

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2013 at 7:00 p.m., in compliance with provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Request for a Determination of Applicability, filed by Kara Domingues, 12 Ferguson Road, Wilmington, MA 01887, owner and applicant. The filing is for a new deck. The work is within the 100' Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. This property is shown on Assessor's Map 33 Parcel 5A, 12 Ferguson Road, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Donald Pearson, Chair
Conservation Commission
05561669 9/25/13

branches thereon after said sale.

Terms of the Sale: Cash, cashier's check, or certified check in the sum of Five Thousand Dollars (\$5,000.00) as a deposit must be shown at the time and place of the sale in order to qualify as a bidder and will be required to be paid as a deposit by the successful bidder; successful Memorandum of Sale upon acceptance of bid; balance of purchase price payable in cash or current funds in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Partridge Snow & Hahn LLP, 40 Westminster Street, Suite 1100, Providence, RI 02903, or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication. Other terms to be announced at the sale.

HOME LOAN INVESTMENT BANK, F.S.B., f/k/a OCEAN BANK F.S.B., f/k/a HOME LOAN AND INVESTMENT BANK F.S.B., f/k/a HOME LOAN & INVESTMENT ASSOCIATION By Its Attorneys, PARTRIDGE SNOW & HAHN LLP 40 Westminster Street, Suite 1100, Providence, Rhode Island 02903 (401) 861-8200 05561596 9/11,18,25/13

LEGAL NOTICE



TOWN OF WILMINGTON REQUEST FOR PROPOSAL

ENGINEERING SERVICES

Request for Proposals (RFP) will be received at the Office of the Town Manager, Town Hall, Wilmington, Massachusetts, until Monday, October 11, 2013, at 4PM. Engineering Services needed include architectural, structural, mechanical, electrical and plumbing engineering. Work will be identified and performed on an as-needed and on-going basis. The types of projects requiring engineering services may include window replacements, roof replacements, heating system control upgrades, building system control upgrades, handicap access retrofits, electrical and plumbing system upgrades or replacements, etc.

Request for Proposals are available at the Town Manager's Office, Wilmington Town Hall, 121 Glen Road, Wilmington, Mon - Fri 8:30AM to 4:30PM beginning Monday, September 23, 2013 and until proposals are due. Specifications may be obtained in hard copy upon written request to the Town Manager's Office, Attn: Wendy Martiniello, and receipt of payment of a non-refundable fee of \$25.00 in the form of a certified check, treasurers or cashier's check, payable to the Town of Wilmington. Specifications may be obtained electronically upon request to: wmartiniello@wilmingtonma.gov. Electronic requests must include company name, mailing address, and phone number of recipient of the specifications. Proposals may not be submitted via email.

The Town shall not be responsible for proposals arriving late due to couriers, deliveries to wrong locations, express mailing services, delays related to processing of mail requests for specs and plans etc. or any reason whatsoever. Postmarks will not be considered.

Jeffrey M. Hull
Town Manager
05561639 9/25/13

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT PROBATE AND FAMILY COURT MIDDLESEX PROBATE AND FAMILY COURT 208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800

Docket No. MI13P3849EA

INFORMAL PROBATE PUBLICATION NOTICE

Estate of: Leo M. Woodside Date of Death: May 06, 2013

To all persons interested in the above captioned estate, by Petition of Petitioner: Carol J. MacMullin of Wilmington MA, a Will has been admitted to informal probate.

Carol J. MacMullin of Wilmington MA has been informally appointed as the Personal Representative of the Estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representative appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 05561677 9/25/13

LEGAL NOTICE



TOWN OF WILMINGTON BOARD OF APPEALS

PUBLIC HEARING

A public hearing will be held at the Town Hall, 121 Glen Road on Wednesday, October 9, 2013 at 7:00 p.m. on the following applications:

Case 20-13 David G. Newhouse Map 6 Parcel 129

To acquire a Special Permit in accordance with Sec. 6.1.6.4 to construct a 6.5' x 14' front porch 15.2 feet from the front lot line when 30 feet is required for property located on 237 Burlington Avenue. 05561635 9/18,25/13

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT MIDDLESEX PROBATE AND FAMILY COURT 208 Cambridge Street CAMBRIDGE, MA 02141 (617) 768-5800

CITATION ON PETITION FOR FORMAL ADJUDICATION

DOCKET NO. MI13P4303EA

Estate of: Carmen R. Venuti Date of Death: 05/25/2009

To all interested persons: A petition has been filed by: Susan E. Rowell of Manchester, NH, requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition. And also requesting that: Susan E. Rowell of Manchester, NH, be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on 10/10/2013.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

The estate is being administered under the formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the

LEGAL NOTICE

MORTGAGEE'S SALE OF REAL ESTATE

693 East Street, Tewksbury, MA 01876

By virtue of the Power of Sale contained in a certain mortgage given by Edvaneia Caus to WMC Mortgage Corp., by and through its nominee Mortgage Electronic Registration Systems, Inc. dated September 7, 2006, and recorded with the Middlesex County (Northern District) Registry of Deeds in Book 20486, Page 33, and assigned through assignments recorded with said Registry of Deeds at Book 27628, Page 22, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on October 16, 2013 at 10:00AM, at or upon the mortgaged premises more particularly described below, being all and singular the premises described in said mortgage, to wit:

The land in Tewksbury, Middlesex County, with the buildings thereon, situated on the southerly side of East Street, being shown on a plan entitled "Plan of a Portion of Land in Tewksbury, Mass., belonging to H. Russell Gourley et ux" surveyed July, 1950 by J.C. &

Youth Girls Hoop Tryouts announced

The Wilmington Wildcat Girls Travel Basketball League will be holding tryouts for the players in Grades 5, 6, 7 and 8. The tryouts will be conducted at the Wilmington Middle School on the following dates:

6th Grade: 6:30-8:00 PM (Tuesday 10/01/13)
7th Grade: 8:00-9:30 PM (Tuesday 10/01/13)

5th Grade*: 6:30-8:00 PM (Wednesday 10/02/13)
8th Grade: 8:00-9:30 PM (Wednesday 10/02/13)

6th Grade: 6:30-8:00 PM (Tuesday 10/08/13)
8th Grade: 8:00-9:30 PM (Tuesday 10/08/13)

5th Grade*: 6:30-8:00 PM (Wednesday 10/09/13)
7th Grade: 8:00-9:30 PM (Wednesday 10/09/13)

**** Please arrive 15 minutes prior to start time for sign in. ****

Eligibility Requirements:

- Must be a Wilmington resident or attend a Wilmington school.
- Athlete's current grade is the same as the grade she is trying out for. (*Only Age Exception: Athlete's under 5th grade will try out for a 5th grade team).
- Must attend at least one tryout (age related) or explain to director in writing why it is not possible to do so.

Commitment to the program:

- Practice will be one or two nights a week and home games are played on Sundays.
- Approximately 25 game schedule.
- \$275 fee per player.

Please contact Gary Sauve at (978) 447-1177 or email gary.sauve@jet-techinc.com with any questions concerning this program.

Under 12-3 Girls win second straight

The Wilmington Wildcats GU12-3 won their second straight game 4-0 Saturday against Westford at the Shawsheen School soccer fields.

Grace Ardito got the scoring started for the Wildcats by chipping one into the net off of a scramble out front. The 1-0 lead held up throughout the first half as Amber Flynn, Ava Elliot, Molly Ardito, and Emily Sartori controlled play and helped Hannah Watson keep Westford off the score sheet.

The Wildcats made the most of their opportunities as they poured in three more goals during the second half. Ryann Walsh put the Wildcats ahead by two, blasting one into the top corner of the net. Katie Regan was in perfect position to receive one of several

beautiful feeds out front from Allie Fisher and she did not miss her opportunity. Jillian Fisher, who buzzed around the Westford goal all day, got a well deserved goal to round out the Wildcat scoring.

Kylie Ducharme played strong during the first half and helped preserve the shutout during the second half from the goalkeeper position. Elizabeth Stokes, Amanda Mercier, and Molly Duggan, who just missed getting a goal of her own on a sizzling individual effort, dominated play and prevented Westford from putting any sustained pressure on the Wilmington goal.

Jenna Sweeney was a force throughout the contest on both ends of the field.

Homecoming weekend at Shawsheen

Saturday, September 28th, the Shawsheen Tech's homecoming weekend will start with an alumni and friends 5K race and walk, sponsored by the Alumni Association and Shawsheen's cross-country program.

Registration for the 5K event begins at 8:00 a.m. and the race starts at 9:00 a.m. and will be held at the Shawsheen Campus.

Entry Fee: \$10 and no fee for current Shawsheen Tech students.

Trophies will be awarded to the top three finishers. Results will be posted on coolrunning.com. There will be free food and beverages following the race.

For more information, contact Stephanie at svthsa@gmail.com or at 617-908-0957.

LEGAL NOTICE



TOWN OF WILMINGTON PLANNING BOARD

The Planning Board will hold a Public Hearing on October 15, 2013 at 8:15 p.m. in Room 9 of the Town Hall, 121 Glen Road, Wilmington, MA

for a Stormwater Management Permit #13-10 and Site Plan Review #13-5, plan entitled, "Proposed Office Building, Site Development Plan on 100 Research Drive, Wilmington, Massachusetts", dated September 12, 2013 submitted September 19, 2013, prepared by Professional Engineer: Mark F. Piermarini, Whitman & Bingham Associates, 510 Mechanic Street, Leominster, MA 01453. Said property is located at 100 Research Drive, Wilmington, MA 01887 and shown on Assessor's Map R3 Parcel 401. The purpose of this

project is for the redevelopment of an existing parking area and construction of a 2-story, 20,000 sq.ft. office building.

A copy of the plan is on file at the Planning & Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Michael Sorrentino
05561663 9/25,10/2/13

The premises will be sold subject to and with the benefit of all rights, restrictions, easements, improvements, orders of condition, outstanding tax titles, municipal or other public taxes, assessments, betterments, liens or claims in the nature of liens and existing encumbrances of record created prior to the mortgage, or entitled to precedence over the mortgage, if any, insofar as the same are still in force and applicable to the premises.

If the premises is a condominium unit, then the premises will also be sold subject to Massachusetts General Laws chapter 183A, as amended, the applicable Master Deed and any and all amounts as may be due, following such sale, to the applicable condominium trust.

If the successful bidder at the foreclosure sale defaults in purchasing the property according to the terms of this notice of sale or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder (or other successive bidders, in the order of their bid) provided that such other bidder deposits with Mortgagee's attorneys, Michienzie & Sawin LLC, the amount of the required deposit as set forth below within ten (10) business days after written notice of default of the previous

highest bidder and title shall be conveyed to such other bidder within thirty (30) days of the default, which time period may be reasonably extended by the Mortgagee in its sole discretion.

TERMS OF SALE: Ten Thousand and No/100 Dollars (\$10,000.00) is to be paid in certified check and/or bank cashier's check to be paid by the Purchaser at the time and place of sale. The balance of the purchase price is to be paid by the Purchaser by certified check and/or bank cashier's check within thirty (30) days thereafter, which time period may be reasonably extended by the Mortgagee in its sole discretion, at the offices of Harry Castleman, Esquire, Michienzie & Sawin LLC, 745 Boylston Street, Boston, MA 02116. Other terms to be announced at the sale.

HSBC Bank USA, N.A., as Trustee on behalf of ACE Securities Corp. Home Equity Loan Trust and for the registered holders of ACE Securities Corp., Home Equity Loan Trust, Series 2007-WM2, Asset Backed Pass-Through Certificates present holder of said mortgage by its attorney,

Harry Castleman, Esquire
MICHENZIE & SAWIN LLC
745 Boylston Street
Boston, MA 02116
05561643 9/25,10/2,9/13

Wildcat Pop Warner D1 team comes away with first win

The Wilmington D1 Team came away with its first win of the season Sunday over the Watertown Raiders with a score of 20-0.

Wilmington received the initial Kickoff starting at their own 40 yard line. Danny McConologue handed the ball off to Brian Gallucci off tackle on the second play from Serimmage and Gallucci would take it 55 yards for a quick touchdown.

The Offensive line of Gerry Cobson, Stephen Smolinsky, Matt Wright, Shane Roberts, Nick Piazza, Mikey Hersom, Josh Brandenburg and Dylan Timmons opened up a huge hole for the long run. The 'Cats set up for a two-point conversion with Cobson kicking the ball through the uprights 8-0 Wilmington.

Watertown was unable to move the ball being held to one first down the entire game. The Wildcats defense led by Marcus Ashdown (2 sacks), Nick Bruce (1 sack fumble recovery) Billy Doumlin, Ryan Santini, Brandenburg, Diondre Turner, William Kenyon, Keegan Gray and Jacob Febbo, Watertown would not be able to move the ball all day.

Wilmington took over on downs and wasted little time to score again with Turner would take the ball 40 yards to the Raiders 10 yard line. Shane Penny would finish the drive with his first touchdown of the season sprinting the ball into the end zone.

On the next Watertown possession Smolinsky would recover a fumble at the start of the second quarter giving the Wildcats the ball back at midfield. McConologue in the shot gun hit a quick pass to Gallucci gaining 45 yards to the Watertown 10 yard line. The offensive line of Shane Roberts, Kenyon, Keegan Gray, Febbo and Wright would pave the way for McConologue to sweep the ball right into the end zone for a 20-0 Wilmington lead.

The stout Defense of Bruce, Ashdown, Santini, Roberts, Penney, Piazza, Cobson, Doumlin, Timmons and Hersom held Watertown on downs forcing them to punt from their own end zone. Gallucci received the punt taking it 30 yards for the last score of the day with great blocking from the entire Wildcat defense.

D2

Methuen 12, Wilmington 6 (4 OT).

The Wilmington D2 Pop Warner team faced its toughest challenge of the season this past Sunday facing top notch Methuen which resulted in a 12-6 quadruple overtime loss.

The Wildcats struck first on a long run which resulted in their only touchdown of the game. Quarterback Evan Witalisz marched the Wildcat offense down the field early which led to a Tyler Rourke 25-yard touchdown run.

The 'Cats got some hard nose running out of Adam Leblanc, Ryan Leblanc, Mason Glover which helped set up the touchdown. The young wildcat offensive line did a fantastic job all day creating room for the running backs to move. Key blocks on the touchdown drive were made by Gavin Erickson, Devon Milano, Hugh Murphy, Andrew Severino, Jack Rooney, Tyler Cardello and Aaron Danciewicz.

Methuen came back on offense but only ran into a fired up Wildcat defense who played unreal causing multiple fumbles and sacks making it difficult for Methuen to move the ball. Key defensive plays in the first half were made by Tyler Cardello (Team high ten tackles, one fumble recovery), Andrew Severino - who had a monster game recording nine tackles - Colin Sainato, Devon McGlaughlin, Aiden MacLeod, Adam Lopez and Eric Lingenfelter all made huge tackles when the cats needed them. Brady Robbins played a fantastic defensive end forcing everyone to the middle and causing problems in the backfield.

After a challenging first half, the score was 6-0 in favor of the Wildcats, Methuen had plenty of chances to score but the Wildcat defense did not make it easy for them and with two minutes left on fourth down they slipped through the wildcats paws scoring on the drive. As Methuen set up for the extra point found themselves running into a focused Wilmington defense who stopped them with no time left on the clock and at the end of regulation it was a 6-6 tie.

As the Wildcats prepared for a shootout and won the coin toss, quarterback Evan Witalisz led the charge and moved the ball to the 1 yard line and got stopped on 4th-and-1. Methuen came down and did the same thing only to run into Tyler Cardello and Adam Leblanc, Evan Witalisz, Ryan Leblanc, Colin Sainato and Andrew Severino who made some bone crushing stops keeping Wilmington alive in Overtime. After going back and forth four times Methuen broke free and got in the end zone ending the game and giving the cats its second loss of the season, Wilmington played an unreal game and left everything they had on the field.



John Kenney of the Wilmington Pop Warner B team carries the ball upfield and is about to be tackled during the team's game against Watertown from this past weekend. (courtesy photo).

E Team

The Wilmington Wildcat E team has done it again, keeping their winning streak alive with a defensive shut out against the Dracut Middies. The Wildcats held the Middies to only two first downs the entire game. Huge touchdown saving tackles by linebackers Bobby Cyr, Casey Robbins and Joe McCauley kept the Middies scoreless.

Other key defensive plays that contributed to the shut out were made by Geoffrey Cavanaugh, Mike Lawler, Jason Marrone, and Ryan Watson. Kellen Warren had key plays on both sides of the ball with a first down saving tackle and several runs for Wildcat first downs.

Offensively, the Wilmington Wildcats were unstoppable. Unbelievable blocking by Justin Delorey, Justin Aberle, Charles Rooney, Evan Shackelford and Dominic Barrio helped the Wildcats punch in five touchdowns. Jacob Roque and Andre Turner were once again standouts with three touchdowns for Roque and two for Turner.

B Team

Wilmington 28, Watertown 0

In 2012, the Wildcats held their opponents during the regular season to a total of 12 points, including shutouts in six out of eight games. On Sunday, the Wildcat defense started to show some of their 2012 form by blanking Watertown en route to a 28-0 victory.

Wilmington (2-1, 2-0 in Middlesex League play) was led on defense by Nose tackle Pete Marino (four tackles, two tackles-for-loss, one sack and a fumble recovery in the end zone for a touchdown), Middle linebacker Blake Hiltz (five tackles, one tackle-for-loss)

and Safety John Kenney (3.5 tackles). Kicker Mikey Daley also had a huge day for the Wildcat special teams booming kickoffs that consistently gave Watertown terrible field position while also contributing four points on PAT's.

For the second straight week, the Wildcat offense came out a bit flat. Wilmington went four plays and out and in stunning fashion, Watertown hit on a few big plays and took the ball all the way down to the Wilmington five yard line where they had first-and-goal. This is where things went south for Watertown.

The Wildcat defense, led by Marino, Hiltz, linebackers Joey Dumoulin and Braden Hiltz (six tackles between them), defensive tackles Brett Chisholm and Frankie Irizarry and Defensive ends Drew Brandenburg and Andrew Sullivan (one sack each for the defensive ends) stuffed Watertown on four straight downs and the Wildcat offense took over deep in their territory.

This is where running back John Kenney and the offensive line changed the tide of the game. Kenney carried the ball ten times on a 14 play drive that culminated with a one yard quarterback sneak for a touchdown by Sullivan. Kenney had a remarkable 69 yards rushing on that drive alone. In addition to Kenney, fullback Kyle Penney had two carries for 12 yards and Blake Hiltz had one catch for five yards.

The line (Kyle Kenyon, Mark Companschi, Michael Steen, Owen Steen, Tommy Strow) did their job opening up holes for Kenney and when the holes weren't there, Kenney did what he could to make positive yardage for the Wildcats. After Sullivan's touchdown

run, the PAT by Mikey Daley put Wilmington on top 8-0.

A booming kick and excellent kickoff coverage gave Watertown bad field position and after another unrelenting defensive series in which Watertown lost yardage, the Wilmington offense took over on the Watertown eleven yard line. Marino had two carries for five yards and the short drive was capped off by Braden Hiltz who scored his first of two touchdowns on the day with a six yard run.

The Wildcats had almost an entirely different offensive unit on the field for that drive. Kenyon stayed in at Center and Sullivan stayed in at quarterback but the Wildcats had Hiltz, Marino and Mikey Daley in the backfield, Ryan Brewer and Sudarsham Swamy at End and an offensive line that included Pat McAndrew and Colin Rooney at tackle as well as Nick Kullman and Ben Stafford at guard. Wilmington took a 14-0 lead.

Another great kick by Daley backed up Watertown and the defense came out and continued their unrelenting play. Watertown had no luck running the ball after their first drive so they went to the air where they were shut down by corners Michael Ducharme, Daley, and Aaron Soto. Wilmington also made some changes on defense bringing in Michael Smolinsky, Cameron Willis and Kyle Bolis at defensive tackle and even with different personnel, the results were still the same. No yards of offense for Watertown.

After another four-and-out, the Wilmington offense struck quickly again. The Wildcats took over on the Watertown 19 yard line and after three solid runs by Braden Hiltz, including a two yard touchdown run,

the Wildcats went up 20-0 and that was the score at the half.

In the second half it was time for the defense to put points on the board. A solid kick by Daley along with twenty lost yards had Watertown pinned on their five yard line for a risky fourth down punt. On the snap, defensive tackle Frankie Irizarry and Marino blasted through the line and Irizarry used his 5'10" frame and long wingspan to block the punt which Marino instinctively fell on in the end zone for a Wildcat defensive touchdown. The PAT by Mikey Daley was good and the Wildcats went up 28-0.

The Wildcat offense was forced to play conservatively for the remainder of the game due to a Pop Warner rule that penalizes teams if they exceed a 32 point margin of victory in a game. Since one more touchdown would have put Wilmington up 34-0 and Watertown was not likely to score a point, the offense took a conservative approach running straight up the middle into eleven Watertown defenders since the Wildcats were forced to run between the tackles into eleven blitzing defenders (another brilliant rule by Pop Warner that places players feelings over the real potential consequences of player safety).

After a loss to Division I powerhouse Everett to start the season, the Wildcats have won back-to-back games, outscoring their two opponents by a combined score of 60-6. This game marked the seventeenth consecutive Middlesex League win for the Wildcats over the past three seasons.

Mite X1 Hockey team takes to the ice against Nashoba

The Wilmington Wildcat Mite X1 team stormed Breakaway Ice Center in Tewksbury early Saturday morning looking to wrestle a victory away from a highly touted Nashoba Mites squad.

The action started early as Kyle Gray, who threw his body around all morning and later had a nifty behind the back assist, got the Wildcats started in the opening minute with one of his two goals on the day. An onslaught of goals followed as two way standouts Patrick Hounsell and Zachary Mackiel each pocketed 2 goals, while Maddie Sainato and Nicholas D'Amico also found the back of the net. Zachary Giardina's four brilliant goals included a huge insurance score late in the game that helped seal the Wilmington victory.

In goal, Brennan Walsh took his game to a new level, repeatedly turning Nashoba shots away using his signature, flailing, all or nothing style. Gavin Russell and Darion Considine each set up scoring opportunities while playing solid two way games. The aggressive, unselfish play of Nathan Caples and Stephen Constantine made life mis-

erable for their opponents and helped contribute to the Wildcat victory.

Mite 1

On Saturday, September 21st, the Mite 1's took on the Panthers of Beverly in Saugus. With Ella Cedrone in goal the team took the ice and, on an assist from Charlie Chirichiello, Mick Keogan scored quickly. The offense kept the pressure up and the puck deep in the Panther zone. A few minutes later, Keogan scored again on a nice pass from Jake Ciulla. Casey Robbins followed that up with a goal of his own with Brian Barry getting the assist. The Wildcats ended the first period with Barry getting a goal on Ciulla's second assist of the game.

In second period the Panthers put a little pressure on Cedrone and the defense of Ryan Hayden, Jake Perry, Griffin Carr and Matt Dizoglio. They all stepped up and played extremely well. The loan goal of the period came when Robbins made a nice pass to Jimmy Keck who took it in and scored.

The third period had both teams going back and forth

from end to end. Cedrone made a few nice saves to keep her shut out intact. With just a few minutes left in the period, Jacob Smith scored a beautiful goal off a pass from Robbins. Keck followed that up with his second goal on an unassisted break away from the blue line. With under a minute left in the game, James Caples made a few nice moves to get a pass to Keogan who capped the scoring slipping past the Panther goalie.

Mite 2's

The Mite 2 team made the trek to Methuen on Saturday to battle the North Shore Jets. The Two's were looking to keep the start of their season clean and climb to 3-0 in the Parity Round. Before the game the team was fired up, especially being in the newly renovated Methuen locker rooms. Goaltender Keenan Considine led the team out of the locker room. It was another banner day by a 'Cats net minder. Considine steered aside a number of quality Jet chances and was truly tested in the contest.

Joining Considine on the ice to start the game was

Michael DeRose centering Colin Lawson and Matthew Mozuch with the defensive line of Antonia DiZoglio and Alex Lavigne. The start of the game certainly didn't go the way that the Mite 2's were used to as the Jets scored two minutes into the game and for the first time this season the local squad was behind. The Two's tied the game with four minutes left in the first. Matt Mozuch made a nice play to crash the net and put home the rebound of a Michael DeRose shot. Colin Lawson also assisted on the goal. Under a minute later, Jason Spaniol put the 'Cats ahead with a nice shot from the slot and the sluggish start was behind them. The first period ended with a 2-1 lead.

In the second, the line of Patrick Mozuch, Adam Ebert, and Shane Maguire took over. Just a minute into the second period, Ebert broke in down the left wing to sneak a shot by the Jets goalie. Patrick Mozuch added to the lead with an unassisted goal and the period ended with the locals up 4-1.

The third period was more of the same. Patrick Mozuch took the opening faceoff and broke through

the entire Jets team to score just nine seconds into the period. The Jets made a game of it by scoring with nine minutes to go, but that was it for them until a meaningless goal with twelve seconds left. Goals by Shane Maguire and Adam Ebert put the game away. It ended in a 7-3 victory putting the team at 3-0.

Team defense and goaltending were the MVP's in this one. The defense was strong all game, especially the play of Jake McLean along with Antonia DiZoglio, Alex Lavigne, and Jason Spaniol

Squirt 3's

The Wilmington Squirt 3's took on Danvers last Saturday in Tewksbury in Valley League action. Wilmington controlled the puck most of the 1st period, however Danvers got on board first with two quick goals. This would be the last time Danvers would light the lamp as goalie Justin Finnegan shut them down the remaining two periods.

The Wildcats got on board at the beginning of the second period as the line of Colin Gates, Anthony Savage and William O'Shea applied

pressure. Savage was able to put in his own rebound with assists from O'Shea and Owen Mitchell. Not to be outdone the line of Thomas Dalton, Braydan Sanborn and Brady Robbins potted Wilmington's second goal, as Dalton hit the back of the net with assists going to Robbins and defenseman Jake Chirichiello. The score remained 2-2 at the end of two periods due in large part to the defense of Aidan Murphy, Aidan Churchill, Mitchell and Chirichiello along with strong 2-way play by Michael Sullivan and Sanborn.

The third period proved much of the same as Finnegan proved strong between the pipes, with Murphy and Churchill there to clean up any 2nd chances. Colin Gates got the game winner when he went top-shelf on a rebound from a Savage shot. The 3's continued the pressure as Sullivan and O'Shea had break-but opportunities that we're only stymied by strong goaltending by Danvers.

Finally Savage finished out the scoring as the game wound down and Wilmington walked away with a 4-2 victory.

Wilmington In-Town youth soccer week three highlights

Girls Grade 1:

DC United
vs. NE Revolution

It was a beautiful Fall day full of excitement as the match between DC United and NE Revolution unfolded. Fantastic footwork were displayed by Delaney Ward and Rebecca Hughes, resulting in a goal by Gianna Rugo.

The midfield and defensive play of Taya Jones and Vivien Savoie kept the NE Revolution as top competitors in this match. The crowd roared to their feet when Kyra Turner and Lia Price made some spectacular passes in what was an amazing, well played game by all!

Not to be outdone, the DC United team - led by Eleanor Ragsdale, Callie McCauley and Emma Xavier - got the crowd jumping out of their seats while they tried to pull off a victory for sidelined Caylee Konradt. Addyson Hunt and Caroline Brabeck led the offensive charge while the great defensive effort of Nikki Clarke kept the action going. Houston Dynamo

In what could have been confused as a World Cup Match, the Houston Dynamo started off strong with great offensive pressure from Savanna Farabello coupled with the steel like defense of Arianna Cook made for an incredible game.

Megan Mullarky, Stella Caples, and Gracie Berrier scored first for the Houston Dynamo while Hope Solo like effort of Amelia Foti and Abigail Mitchell were solid to keep their team alive.

FC Dallas

FC Dallas had an incredible offensive performance by Madeline Long with goals scored by Ava Humphrey and Gillian Kane. With a rock solid defensive stand led by Angelina Williams, FC Dallas was never out of this game. The midfield team of Anais Ndome could only be classified as awesome.

Girls Grade 2:

Chivas USA
vs. Chicago Fire

The air was full of excitement, as the much-anticipated match between Chivas USA and Chicago Fire commenced. Fantastic ball skill were displayed by Emily Doherty, Madison Hudgins, and Emma Diorio resulting in goals by Alison Doherty, Carly Thayer and Julia Archer.

The midfield and defensive play of Ella McMahon, Adrienne Moore and Cheyenne Marchese kept the Chivas USA in excellent shape. The crowd roared to their feet when Avis Samaha, Jessie Martinson, Alicia Gardner and Julia Archer made some spectacular saves.

The Chicago Fire were also impressive on the offensive side of the ball with great skill being displayed by Kelci Mackenzie, Lily Mackenzie, Hannah Bryson and Alex Lavigne leading to goals by Emma Flynn, Riley Rourke and Jaelyn Walsh.

The defense was also showing their skills today with Lauryn Parr, Samantha Miller, Alexis Melvin and Arianna Farrell keeping the ball out of their zone for much of the game, while the goal keeping team of Madelyne Sainato and Priscilla Nguyen kept this game close.

Columbus Crew

The Columbus Crew would not back down from their back and forth match. Goals by Shaylan Bresnahan, Abby Driscoll, Kylie Quinn and Lexi Engvaldsen brought the crowd to a frenzy.

A spectacular display of defensive skills was shown by Anna Jancsics, Lindsay Scolese, Grace Walsh.

In addition the midfield play of Molly Walsh, Giuliana Hoban, Meghan Smith and Bella Esposito kept constant pressure on their opponents net.

Boys Grade 1:

Rapids

Nobody stayed home for this action packed game. The Colilado Rapids's Jack Bourque and Jacob Tucker scored getting the crowd jumping out of their seats. Outstanding offense by Corey Taylor, Kokoro Shinohara and Kyle McDonald set up many scoring chances.

The flawless defense of Joe Gronemeyer and Luka Skorput provided great protection for the net.

Boys Grade 2:

NE Revolution

One could only believe the silence of the crowd was due to the fantastic ball skill of Remy Elliott, Layne Miller, Anuj Gandhi and Tiago Gomez. However it did not take long for the crowd to cheer as goals were scored by Braeden White and Daniel Lagunilla.

The Revolution defensive stand made by AJ Chisholm, Peter Sampson, Patrick Tassone, could only be viewed as heroic.

DC United

vs. Columbus Crew

In what could have been confused as a World Cup Match, the DC United started off strong with great offensive pressure from Matthew Doherty, Jonathon Foresyth, Benjamin Wright and Samar Johar, coupled with the steel like defense of Lucia Cudia, Ryan Weinstein and James Callahan, which made for an incredible game.

William Biscan, Sean O'Donoghue and Allesandro Fanuele scored for the DC United while Hope Solo like effort of Andrew Maiella was solid in the net to keep their team alive.

On the other side of the ball for the Columbus Crew was an incredible offensive performance by Julien Cella, Zach Rogers, Sean Patrone and Charlie Rosa while goals scored by Nolan Joyce and Liam Milne got the Crew on the board.

With a rock solid defensive stand led by Ethan Matte, Jameson Burns and Alex Kennedy, the Crew was never out of this game. The midfield team of Evan Woltag, Ben Marvin and Christian Febbo could only be classified as awesome.

Chivas USA

The crowd was kept on the edge of their seats this week as the Chivas USA led by the offensive skills of Ethan Kennedy, Daniel McElligott, and Ryan Sweeney resulted in scoring opportunities by Ryan Copson, Evan Johnson, and Antonio Smolinsky.

The defense was not to be left out of this one either as Jonathon Chisholm, Jimmy Keck, and Michael McCarthy kept the ball out of their zone for much of the game.

Bowen and Gabriel to get Roasted on October 26th

Shawsheen Tech Alumni Association is sponsoring "Roasted Ram" night honoring Jack Bowen and Ken Gabriel. Tickets on Sale Now!

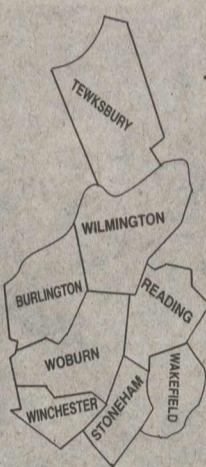
Proceeds to support Shawsheen Tech Class of 2014 Scholarships.

The event will take place on Saturday, October 26th from 7pm - 11pm at the Tewksbury/Wilmington Elks. The event is for people ages 21 and over and cost is \$30.00 per person. There will be a Cash Bar, appetizer Buffet, Caricature Artist, a 50/50 Raffle and more.

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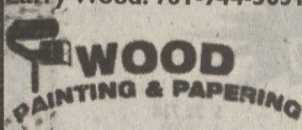
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Fitzgerald, Pirates celebrate the unthinkable

FROM PAGE SP1W

extremely important.

"Right now, the focus is still on these final five regular season games," said Fitzgerald. "There's a lot that could happen over these next six days, with every NL playoff team currently sitting between 90 and 92 wins, it's going to be a very interesting finish in terms of the division winner, as well as who secures home-field advantage."

"At the end of the day though, we're just trying to focus on controlling our controllables and taking care of business against the Cubs and Reds in these final games. However everything else shakes out, I'm confident we'll adjust and prepare accordingly."

Fitzgerald's main duties with the Pirates is analyzing numbers, statistics and so forth whether it's with the Pirates' players, opposing teams and their players, or players the Pirates are looking to obtain either from other MLB teams.

Fitzgerald also has a hand in the jar when it comes to the amateur draft, as well as being among the group of employees who are involved in everyday transactions. The Pirates went out and made a number of trades this past off-season and most recently in the last two months to bolster the team. And it worked. In fact General Manager Neal Huntington was interviewed on MLB Network recently and he gave Fitzgerald among others big props for their roles in many of the moves the team has made this season.

In the off-season, the team made three huge acquisitions, catcher Russell Martin and pitcher Francisco Liriano through free agency, and then they made a blockbuster trade with the Red Sox acquiring Mark Melancon, a guy who couldn't pitch here, and others for Joel Hanrahan, who all but missed the entire season with the Red Sox with multiple injuries.

Then over the last few weeks the team added Justin Morneau and another former Sox player Marlon Byrd to help its offense.

"From an acquisition standpoint, these last ten months have been pretty special, and I couldn't be happier for Neal and the rest of the guys here on how the moves have played out," he said. "It started back in November with the signing of Martin, who's ability to manage a pitching staff from behind the dish has truly been spectacular. Then the re-signing of (Jason) Grilli and the December trade that brings over

Melancon created the best one-two high leverage bullpen punch in the league.

"Then you have the signing of Liriano, who'd have a legitimately shot at the Cy Young had his season start not been delayed until mid-May. And finally the August additions of Morneau and Byrd have been the cherries on top."

Those cherries on top have helped turned the entire city of Pittsburgh completely around. Two years ago when this writer attended a doubleheader at the gorgeous stadium it was all but empty. That's totally different now.

"The city's definitely come out strong to support us, and it's been great to be able to witness their excitement over this team first hand," said Fitzgerald. "It's also awesome to see more and more Pirates gear on fans around the city. We've had sort of the 'little brother' tag in terms of the Pittsburgh sports teams, with the Penguins and Steelers having been extremely successful. So it definitely feels great to take that first step in the direction of contending for a championship, something that this city has come to expect from its sports organizations."

The words contending for a championship and the Pittsburgh Pirates were never in the same sentence the previous 20 years. Next week the start of that dream will come a reality when the Pirates enter post-season for the first time since George Bush and Bill Clinton were having their presidential debates against one another months after 'The Cold War' ended.

"I saw something (on Sunday) that listed the payrolls of the NL playoff teams, with the Dodgers at 217 million, the Cardinals at 117 million, Cincinnati at 107 million, Atlanta at \$90 million and us at \$67 million," explained Fitzgerald. "You factor that in and consider how all those moves were made within a budget that's barely one third the size of the Dodgers and still more than \$20 million smaller than the second lowest NL playoff payroll, I don't see how Neal doesn't pull every vote for Executive of the Year."

And you can bet that if that's the case and Neal Huntington indeed gets the award, he'll again give props to a Wilmington kid, Mike Fitzgerald, who went from catching passes for Malden Catholic and MIT Football teams, to crunching numbers and helping a professional sports team reach the post-season for the first time since he was in kindergarten.

Peterson ends season

COLUMN FROM PAGE SP1W

more teasers of what's inside, adding photos with the columns, and mostly breaking up our longer stories, and/or writing much tighter stories.

Over the 20 years I've been here at the Crier I've tried many things, some have worked and some have not, but above all, we strive to make our sports section here in Wilmington and Tewksbury the best weekly sports section in the state. Since after all, there are not too many weekly sports sections that run 12-16 pages with all of the high school, college, youth and town sports information you could possibly want.

If you are interested in joining our team as a columnist, or have ideas of how we can improve our pages to your liking, send an email to: jamiepote@hotmail.com.

Peterson finishes pro season

Recently Wilmington resident Stephen Peterson finished up yet another terrific season pitching professionally. Peterson -- a left handed reliever with the Brevard County Manatees, the High

A Affiliate of the Milwaukee Brewers -- finished the season with a 5-1 record and a solid 3.23 earned run average and earning one save.

Peterson pitched in 41 games and tossed 64 innings, giving up 61 hits, 23 earned runs, while walking 12 and striking out 58.

Congrats to pair of Wilmington guys

The Town Crier will have more on both of these stories in upcoming editions, but congratulations are in order to Justin Vallas, who will be inducted into the Worcester State College Athletic Hall of Fame on October, 25th. He was inducted into the WHS Hall of Fame several years ago.

And the second congratulations goes to Brian Cairra, who was recently named the new Head Varsity Boys Basketball coach at Stoneham High School. A former WHS hoop stand-out, Cairra had a brief collegiate career with Merrimack College and then served as an assistant coach under Jim McCune at both WHS and recently with Malden Catholic.

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MSRP \$16,615
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Portsmouth KIA Discount \$720

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PORTSMOUTH KIA PURCHASE PRICE

KIA 36 Month Lease-\$995 Down
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KIA Owner Loyalty/Competitive Rebate \$500
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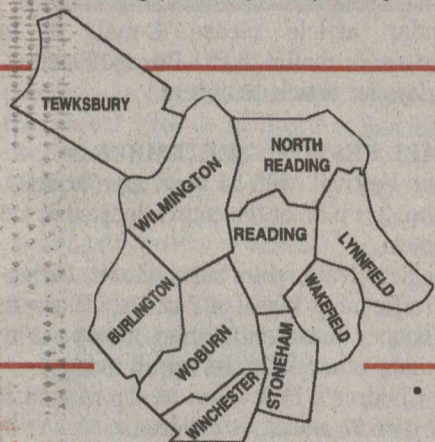
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Local News
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'ACTING LOCALLY' 100 Mile Potluck Dinner

By PAUL FEELY

First meeting this Sunday at 6 p.m. in Wakefield

Do you have a passion for sustainability? Want to learn more about practical ways you can live a greener life? Want to spend time with like-minded individuals who have a passion for the environment? Then it's time to join Acting Locally.

Acting Locally is a Wakefield area group that creates a forum for lively discussion where health- and environmentally-concerned individuals can share ideas and tips for better living.

Located at the Unitarian Universalist Church of Wakefield, the inaugural event will take place at 6pm on Sunday, September 29 with a 100 mile potluck. All ingredients used in the dish must be sourced within 100 miles of Wakefield. After that first meeting the group will meet on the 3rd Sunday evening of each month starting in October.

Future events will include film and book discussions, guest speakers, gardening and preserving demonstration and instruction, Earth Day extravaganza and more. Each evening will start with a potluck and BYOB followed by the special topic. Members are encouraged to support local businesses whenever possible.

"Acting Locally got started when a few members - I was one of them - of the Unitarian Universalist Church of Wakefield found they had a common itch: wanting some tips to decrease their carbon footprint and otherwise live greener lives, while at the same time becoming personally healthier," said Peter

Stickel of Wakefield, who formed Acting Locally along with Kristen Gallagher and John Bumstead. "The idea to sit down monthly with neighbors and share food and ideas about better eating seemed to be a perfect prelude to discussions after dinner about other subjects of sustainability."

Stickel said he feels the Local Movement is alive and well in the region.

"When talking with random acquaintances about the idea, it became obvious that individuals have come up with some pretty creative strategies to share," said Stickel. "A friend's idea to ditch his 6 horsepower lawnmower for an old fashioned push mower was a revelation. He found out that the polluting effects for his own lungs by an hour of pushing one of those mowers is the equivalent of driving behind a tractor trailer from Boston to Albany."

Taking the concept from Alisa Smith and J.B. MacKinnon's 100 Mile Diet book, the 100 Mile Potluck invites participants to bring a potluck item for 6-10 people with ingredients sourced within 100 miles of Wakefield.

The rules are simple. 1. Use ingredients and products that are produced within 100 miles (CSAs, farms, dairies, bakeries, etc.) and/or 2. Support small local businesses that produce their products within 100 miles (Samira's, When Pigs Fly, etc.). The event is BYOB, so please support local vineyards and breweries if possible. Please consider making your dish vegetarian or using animal products that are ethically sourced.

"These topics are very popular in the area as evidenced by, among other things, the Farmers Markets, the huge interest in our area's new Whole Foods, and so much more backyard gardening," said Stickel. "But while we pretty much all recycle, many of us are taking baby steps to learn and implement a greener life. And that's okay. We're not looking to be lectured or feel horribly guilty about what we're doing or not doing, but we're wanting to share small tips about simple things we can each do."

The Wakefield area is just one place among many across the world where grocery shoppers are returning to their roots, seeking "local food" that travels a shorter distance from farm to table, supports local farmers, offers fresher produce, and reduces the environmental impact of transporting food over long distances.

Food systems comprise all aspects of food production (the way the food is grown or raised; the way the food is harvested or slaughtered; and the way the food is processed, packaged, or otherwise prepared for consumer purchase) and food distribution (where and how the food is sold to consumers and how the food is transported). Food systems can be divided into two major types: the global industrial food system, of which there

Local to S-6

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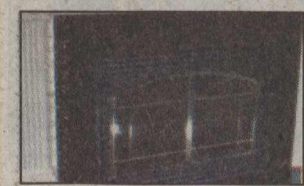
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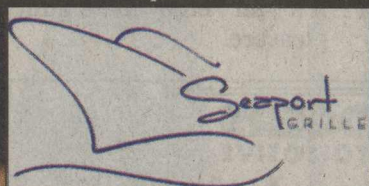
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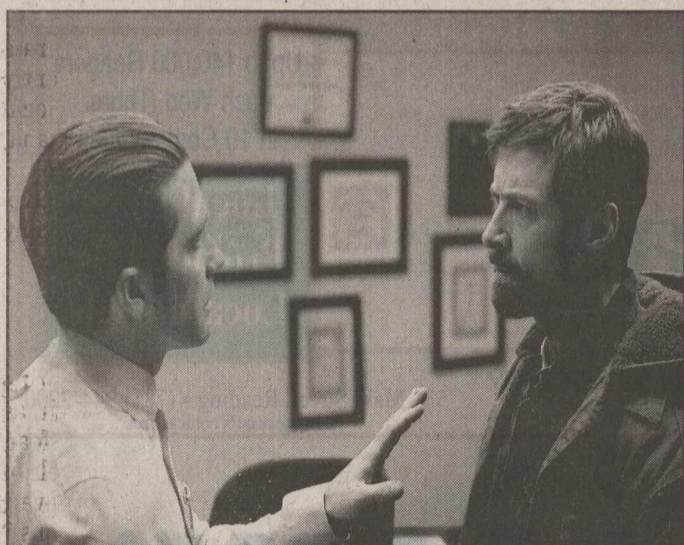
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Movie Reviews

by Paul Feely

"Prisoners" intense



"PRISONERS" is a brutally intense crime thriller/revenge film starring Hugh Jackman. It works as both a crafty whodunit and as the most intense movie of the year.

"PRISONERS" GRADE: ***

Prisoners is a brutally intense crime thriller/revenge film starring Hugh Jackman.

Prisoners follows Pennsylvania carpenter Keller Dover (Hugh Jackman), who strongly believes in hoping for the best but preparing for the worst. And that's just what happens on Thanksgiving, while Keller and his wife, Grace (Maria Bello), celebrate the holiday with their neighbors, Franklin and Nancy Birch (Terrence Howard, Viola Davis). After dinner, Keller's daughter, Anna (Erin Gerasimovich), and Franklin's little girl, Joy (Kyla Drew Simmons), walk back to the Dovers' house alone, even though they were told to ask their teen siblings to accompany them. Unable to find the girls, Keller's son, Ralph (Dylan Minnette), mentions a suspicious, idling RV the kids encountered earlier in the day. Once the cops are involved, Detective Loki (Jake Gyllenhaal) finds the RV and its driver, Alex

Jones (Paul Dano), a mentally disabled adult with no criminal record. Alex is released, but Keller is convinced that the young man knows more than he's letting on. Keller manages to kidnap and imprison Alex and then convinces a horrified Franklin that if they don't torture Alex for information, they'll never find their girls.

Prisoners is a thinking audience's revenge film if moviegoers (particularly parents) can stomach the subject matter. It's long, disturbing, and nerve-racking to watch, but the performances, the imagery, and the fabulous cinematography make it worth sitting through all of the angst, violence, and horror. Jackman is unforgettable as Keller, a God-fearing carpenter who can do so much with his hands - including beating an unarmed, mentally disabled younger man until he's no longer recognizable. These are the things he believes a father must do when the police fail to see what his gut is telling him is true.

In contrast to Jackman's

Keller is Howard's Franklin, a father who doesn't love his daughter any less but doesn't want to bloody his hands (though he's willing to stand by and watch). This thriller has lots of twists and turns for suspense fans, but its true artistry is in the sometimes-sickening character development, which reveals the depths to which people will go when their children's safety is on the line, when their faith is in tatters, and when all hope is nearly lost.

Jackman is superb, and Gyllenhaal is simply exceptional (adopting a nervous tic when his character is excited during moments of discovery, a brilliant, believable move). Also good are Dano in his creepiness, Melissa Leo in her stern nature as the suspect's mother, and Howard as the other girl's father, shaken by his loss and by Jackman's character in torture mode.

The most satisfying element is how Villeneuve and screenwriter Aaron Guzikowski ("Contraband") pile one "aha!" moment on top of another. Just when you think you've figured it all out, you find new surprises, much to your delight and lasting until the final image of the film.

"Prisoners" is a crackling-good thriller that works as both a crafty whodunit and as the most intense movie of the year. Leaving the theater, you feel drained, but in a good way.

"THE FAMILY" GRADE: ***

Luc Besson is best known for his action thrillers, so the dark comedy "The Family" represents a major departure for the director. Though some of Besson's past movies have had shades of humor, this is the first one he's helmed that could be described as a

comedy. "The Family" is a surprisingly funny fish-out-of-water tale that succeeds thanks to its excellent cast.

Robert De Niro stars as Giovanni Manzoni, a respected member of the New York mob who's been in witness protection for the better part of the last decade after snitching on his mafia family. Unable to stay out of trouble wherever he goes, Giovanni is relocated to a small, quiet town in Normandy, France with his wife Maggie (Michelle Pfeiffer) and their two kids, Belle (Diane Agron) and Warren (John D'Leo). But before they've even unpacked, the incognito Blake family doesn't waste any time in reverting to their old ways. Maggie blows up the local supermarket after being treated poorly by the staff; Belle teaches some horny teenagers a lesson in how to treat a woman; and Warren sets up several rackets at school. When Giovanni's old mafia don is tipped off to their location by pure chance, however, a team of hitmen is sent to Normandy to exact revenge on him and his family mob-style.

If Tony Soprano had turned into a rat and been whisked away to Europe with Carmela and the kids, it would probably look a lot like "The Family," a farcical homage to the mobster genre that's played for darkly comical laughs, including a very cool moment involving a Martin Scorsese classic. The irony is also not lost on seeing De Niro and Pfeiffer return to their gangster roots after all these years, and though it isn't the first time they've appeared in a movie together, it's nice to see the veteran actors finally share the screen after failing to cross paths previously. With the exception of "Silver Linings Playbook," this is the best that De Niro has been in a long time, and he really seems to be relishing his role.

Though "The Family" isn't as memorable as Besson's 90s action films, it's an enjoyable guilty pleasure.

Calendar of Events

To submit a Calendar article please E-mail it to MiddlesexEast@comcast.net or mail it to P.O. Box 240 Reading, MA 01867. Allow seven days for article to appear.

SAINT BARBARA'S FALL FESTIVAL SEPTEMBER 28

Saint Barbara's Fall Festival will be held on Saturday, September 28 from 11 a.m. to 4 p.m. at the church located at 138 Cambridge Road in Woburn.

There will be a trackless train, pony rides, clown, caricatures, balloon animals, raffle table, Wheel of Fortune, ice cream sundaes, face painting, bouncy house, craft tables, lottery raffle, children's games, plus many other activities for all to enjoy.

Following will be a Children's Folk Mass at 4 p.m. and a Pasta Dinner from 5 - 7 p.m. \$7/adults, \$4/children.

All are welcome. Credit and debit cards are accepted for all ticket purchases.

SONS OF ITALY FAIR THIS SATURDAY IN WOBURN

The Woburn Sons of Italy Ladies 12th Annual Craft Fair will be held on September 28. The fair will be held at the SOI Hall on Lexington Street in Woburn from 9 a.m. to 3:30 p.m.

All sorts of crafts: jewelry, sweets, quilts, homemade jams, table runners, American Girl Dolls. Bring your gold and silver to sell.

Food, tons of raffles and much, much more. Free admission.

ROTARY OKTOBERFEST AT HILL VIEW COUNTRY CLUB

The Reading Rotary will host an Oktoberfest on Saturday, October 5 starting at 6 p.m. at the Hill View Country Club, 149 North Street in North Reading.

There will be a German Food Feast, Beer Garden and cash bar, raffles, live and silent auctions. \$30/person, \$250 for table of 10.

Proceed benefit Rotary projects in the community and throughout the world.

COUNTRY NIGHT AT TEWKSBURY KOF C OCTOBER 5

The Tewksbury K of C will hold a Country Night on Saturday, October 5. Doors open at 7 p.m. Tickets are \$15. 50/50 drawing, raffles and chili cook-off. B.Y.O. munchies.

The music of Angela West will be featured. For ticket info call 978-658-6342 or 978-851-8157. www.tewksburykofc.com.

UCC COFFEEHOUSE ON SATURDAY, OCTOBER 5

Burlington's United Church of Christ Congregational will host a Coffeehouse on Saturday, October 5 from 7 - 9:30 p.m. A mix of folk, gospel, bluegrass and other traditional music will be offered. The \$10 admission charge and dessert raffle will benefit the church's music fund.

AUSTIN PREP 5 K ROAD RACE OCTOBER 6

On Sunday, October 6, Austin Preparatory School in Reading is hosting its 2nd Annual Austin 5K Road Race, which includes a Kid Fun Run and cookout for all. The race is open to runners of all abilities and will be timed. Families are welcome!

Check-in begins at 8:30 a.m. and the race starts at 10 a.m. The walk will start at 9:30. At noon there will be a cookout for all runners and their families.

To register to go www.austinprepschool.org and click Alumni.

Calendar TO S-3

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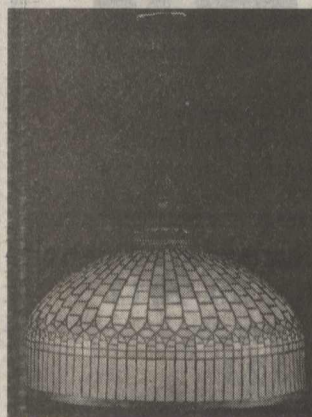
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Consigned to one of our recent sales,
Tiffany Studios Curtain Border Hanging
Lamp (Presale estimate \$20,000-30,000)

Sold for \$77,025

Free Appraisal Wednesdays

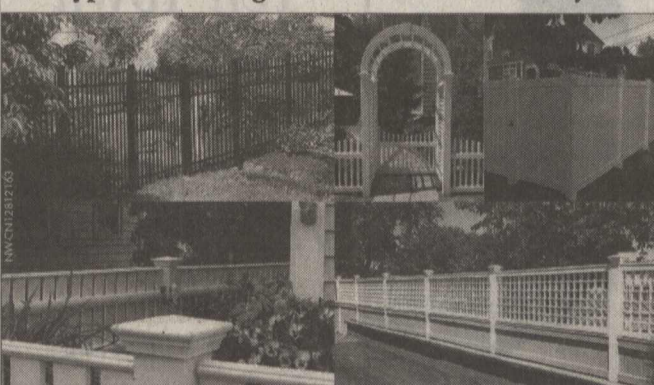
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Saturday, September 28 10 a.m. - 3 p.m.

Friends of Austin 2013 Craft and Gift Festival

The arrival of fall means pumpkins, colorful leaves and the annual Friends of Austin Craft and Gift Festival at Austin Preparatory School.

More than 70 vendors will be selling a variety of wares - including jewelry, cards, home décor items, holiday decorations, handbags, gift baskets, and many other goods. The fair also features bake & flower sales and raffle prizes.

This year's festival is Saturday, September 28, from 10:00 a.m. to 3:00 p.m. The

event is in the school gym and the address is 101 Willow St., Reading.

The event is organized by the Friends of Austin, a volunteer parent group, and serves as a fundraiser for the school. All proceeds benefit Austin Prep.

Admission is \$3 (children under age 12 are free) and parking is free. Questions may be directed to Julianne Bloise, manager of public relations, at 781-944-4900 ext. 849 or jbloise@austinprep.org.

Please check your local "Daily Times Chronicle" for daily updates.

PAINTING THE TOWN (WILMINGTON)

"The leaves are turning, the mornings have a chill, children are going back to school," notes the Wilmington "Town Crier."

"It's fall and time for the Wilmington Arts Council to begin our very popular art classes. We have some of our favorite teachers returning to continue their classes and also a new teacher will be starting to share his knowledge."

"WATERCOLORS: Louise Anderson, our very popular watercolor teacher will be returning with an eight week class on Thursday, October 17th. There will be two classes, one at 9:30 AM to 12noon. The afternoon class is 1PM to 3:30 PM. For all levels. Fees: \$120 per eight week session."

"ACRYLICS: The arts council is very happy to have Steve Greco, a popular Wilmington artist teaching at the arts center. He will be teaching all levels of acrylic painting, a very popular medium. His classes

will be on Monday mornings at 9:30 AM to 12noon. Classes start on October 7. Limited to 14 students - register early. Fees: \$15 per class, payable by the month.

"MAKING ART: Making art is a general art class for beginners and more advanced artists. Drawing, painting, colored pencils, pastels, mixed media and watercolor will be explored. Fran Nola, a wonderful, award winning artist, will be delving into all kinds of media. Her class will be on Tuesday morning, starting in October. For all levels. Fees are \$15 per class, payable by the month."

"OIL PAINTING: Open Studio - no instructor- oil painters may come to work and share comments. 9 AM to noon. \$5.00 per visit."

"Call Jane Crane at 978-658-9798 for more information or to sign up."

R...CASA IS YOUR CASA (READING)

An open invitation is extended to the community to attend the Reading Coalition Against Substance Abuse (RCASA) Annual Meeting scheduled for Thursday,

September 26th from 7 pm to 9 pm at the Reading Memorial High School Performing Arts Center," notes the Reading edition of the "Daily Times Chronicle."

"At this meeting you can expect to learn about: important updates including newest data from the Youth Risk Behavior Survey; the implementation of the components from the APPLE Model of substance abuse prevention, developed by the University of Virginia Gordie Center; a follow up on synthetic drugs with a presentation from RCASA Youth Leaders; a trailer and excerpts from "Who Cares About Kelsey," a documentary dealing with adolescent mental health issues; highlights of the ongoing partnerships between RCASA and community stakeholders; Reading's participation in the newly organized Opioid Abuse Prevention Collaborative with Medford, Malden, Melrose Stoneham and Wakefield..."

In 2012, the Reading Police Department and Reading Coalition Against Substance Abuse (RCASA) began seeing and hearing evidence that a new formulation of ecstasy known as 'molly' was being consumed in Reading.

"The Reading Police Department Detectives Division has been actively working on cases related to this substance to intervene and reduce the supply of this substance. RCASA has focused on education and prevention."

"MDMA was involved in 10,176 emergency department visits in the U.S. in 2011."

"In Reading, five percent of high school age youth reported MDMA use in 2011. Of the teens that reported MDMA use, 26 students reported using the drug at least 1-2 times; 8 students (3-9 times); and 3 students (10+ times). The local rate of use is lower than both the state rate

(6%) and the national rate (8%). The most frequently misused substances by local teens are Alcohol, Marijuana, and Tobacco..."

"Reading Police are actively pursuing MDMA supply sources and illegal activity."

NOT SO SILENT (STONEHAM)

"A career change can bring up strong emotions such as doubt, uncertainty and fear, even if it comes on the heels of spending 30 years on covert and dangerous missions," notes the "Stoneham Independent."

"For Stoneham resident Leo Maloney, who transitioned from a career in the Black Ops to that of author, the only thing more nerve-racking is following the success of his first novel with that of a second."

"I would say that writing a book was more difficult because I did not know the business, and there was so much I had to learn."

"To celebrate Maloney's latest accomplishment, Silent Assassin, Stoneham Library hosted a book launch party. The event was also sponsored by Liberty Bell and The Book Oasis..."

To get more information on the author, visit his website at <http://www.leomaloney.com>.

"About the Towns" covers recent events in the 10-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper or look on line for up-to-date information about your city or town."

We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867 or to schooltowns@comcast.net.

Sunday, October 6

VNA Hospice Care Road Race and Health Walk

The Woburn Friends of VNA Hospice Care 16th Annual "Step Out for Hospice" 5-mile Road Race, 3-mile Health Walk and 1-mile Fun Run will take place on Sunday, October 6 at the Woburn Irish American Club

The Walk/Run begins at 11:30 am at the Woburn Irish American Club and continues around Horn Pond, followed

by live music, refreshments, beer, popcorn, hotdogs, raffles and more.

Online registration and printable registration forms are available now available at www.vnahospicecare.org/Our-Events/

Many sponsorship opportunities are available

Call 781-569-2812 or email ckeesecker@vnab.org for more information.

Helps special operations vets and families

First Annual Glen Doherty Road Race/Walk

The Glen Doherty Foundation will hold its First Annual Road Race in Winchester on Sunday, October 6. The location is 40 Skillings Road in Winchester. Walk/12.15 p.m., 10K run at noon.

This event is open to walkers for the 5K. Post race party immediately to follow at the Winchester Town Hall.

Glen Doherty was a former

Navy SEAL who died during the attack on the American Consulate in Benghazi, Libya on September 11, 2012.

GDMF helps current and former special operations professionals and their families through educational scholarships and vocational training.

To register to to www.race-menu.com/events/31901-glen-doherty-memorial-5K-10K-run-walk.

Calendar From S-2

ANNUAL ARTS FESTIVAL AT ARTISTS COMMUNITY

Come see the Tewksbury Community of Artists at a Mixed media and Judged show. Non-members and students from all the Tewksbury schools will be participating.

The event will take place at the Wynn Middle School, 1 Griffin Road in Tewksbury on October 5t from 10 a.m. to 3 p.m.

FREE LECTURE SERIES ON WAKEFIELD

The Americal Civic Center Association will continue its

lecture series this fall with a 3-part lecture series.

The Wakefield Rattan Company will be the lecture on September 25 at 7 p.m. It will focus on the rattan industry started by Cyrus Wakefield.

The series will continue on October 16 with "The Wakefield Armory" and on November 13 with "The Buildings of Wakefield."

The lectures will be held in the Heritage Room at the Americal Civic Center, 467 Main Street in Wakefield beginning at 7 p.m. Free.

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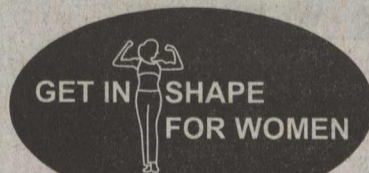


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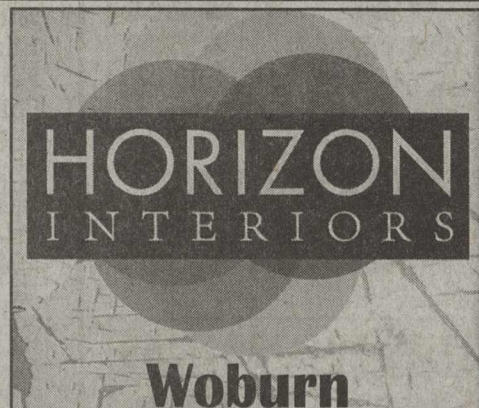
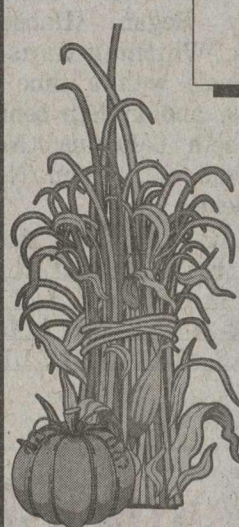
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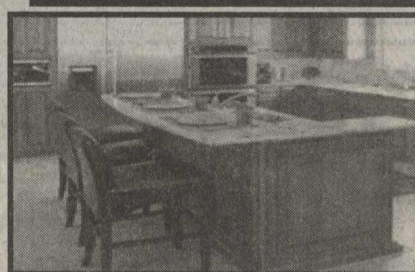


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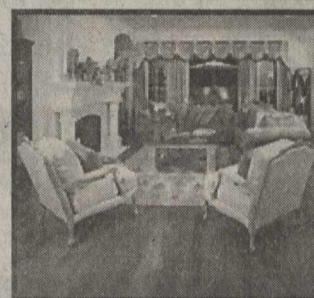


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Athletes & Activities

by Paul Feely

•MIDDLESEX EAST SPORTS WEEKLY TRIVIA: What NFL legend and Hall of Famer was an outfielder for the 1919 New York Yankees?

Answer appears elsewhere in this column.

•Seniors Julia Rafferty and Kara Stefaniak each scored goals as Bates College women's soccer defeated Tufts, 2-1, in a season-opening NESCAC win on Russell St. Field.

"It's especially nice to get a NESCAC win at home. This group has worked so hard not only in the preseason but in the offseason to focus on the process, and I think today we saw a lot of our intangibles," Bates head coach Kelsy Ross said.

R A F F E R T Y (READING, MASS.) tallied the second goal of the game for the Bobcats (1-0-0, 1-0-0 NESCAC) in the 62nd minute, heading the ball home off a free kick from sophomore Caitrin Griffin (Geneva, Ill.). Griffin took the kick from about 35 yards out on the right side and found Rafferty on the back post.

Midway through the opening half, the Jumbos had a series of threatening chances. Schmelz made her only save of the first half off a sailing shot in the 28th minute. The woodwork

bailed Schmelz out twice from there, as a Tufts shot went off the post in the 31st minute, and a second strike clanged off the crossbar at 39:52.

Earlier in the half - in the sixth minute - Rafferty put a header on goal off a corner from Griffin, but a Tufts defender stepped in front to keep the Bobcats off the board.

•Hannah Richard (Hopkinton, N.H.) scored two goals to propel the University of New Hampshire field hockey team to a 3-1 non-conference victory against Northeastern University at Memorial Field.

UNH, which has won four consecutive meetings vs. Northeastern, is now 2-4 overall. NU, which entered the game with a two-game winning streak, is 3-2.

Richard, who matched her career high of two goals, broke a 1-1 tie in the 28th minute and struck again in the 32nd minute to give the Wildcats a two-goal lead. Melyssa Woods (Glens Falls, N.Y.) recorded a goal and an assist to equal a personal-best three points.

Chandler Giese (Trappe, Pa.) tallied an assist. **CARLIE** **TARBELL** (WAKEFIELD, MASS.) was credited with one save. Northeastern scored on

its first shot of the game to take a 1-0 lead at 8:51. Stewart stole the ball 35 yards from the cage and advanced down the middle of the field. She side-stepped a defender at the top of the circle and, from eight yards out, lifted the ball over a sliding Tarbell.

The Wildcats generated another corner in the 14th minute, and this time a knee-high blast by Casey Pohlmeier (Millersville, Md.) was stopped by Garner. Pohlmeier was once again denied by Garner in the 19th minute.

NNU was awarded a corner in the 23rd minute, and Caroline Judge's direct shot was blocked aside by Tarbell.

Giese also initiated the scoring sequence on UNH's third goal, which gave the 'Cats a 3-1 advantage at 31:36. From the 25, Giese's hit into the circle was double redirected by Woods and then Richard into the cage.

The Wildcats finished with the advantage in shots (11-6) and corners (8-3).

•Need some help with the trivia question? His initials are G.H.

•The Stonehill College women's cross country team, ranked 19th in the U.S. Track & Field and Cross Country Coaches Association (USTFCCA) Division II poll, and ranked first in the East Region, finished second in the Division II Cross Country Challenge, held at Kutztown University.

Stonehill's top finisher was senior captain Chelsea Bishop (Suffield, Conn./Suffield), who came in 12th with a time of 23:02.4 on the six kilometer course. Right behind her in 16th place was senior captain Emily Regan (Hanson, Mass./Whitman-Hanson Regional) with a time of 23:12.9, and in 19th senior Elizabeth LaRegina (New Fairfield, Conn./New Fairfield).

F R E S H M A N
A L E X A N D R A
B U O N F I G L I O
(L Y N N F I E L D ,
M A S S . / L Y N N F I E L D)

placed 20th with a time of 23:28.2, followed by juniors Emily Anderson (Manchester, Conn./Manchester) in 25th place with a 23:34.5 mark and **ERIN** **RIELLY** (BURLINGTON, MASS./BURLINGTON) in 28th with a 23:42.4 time.

The Skyhawks, who won the Shacklette Invitational, just missed taking the top spot in this event as well, as they finished with 92 points. First-place California (Pa.) finished with 80 points, beating out Stonehill by a 12-point margin. Seton Hill came in third, followed by Dickinson, Shippensburg, and Bloomsburg.

Freshman Aisha McAdams (North Kingstown, R.I./North Kingstown) was the final Skyhawk to finish in the top 30, as she took the 30th spot with a time of 23:44.8. Junior Brittany Ventura (Taunton, Mass./Coyle & Cassidy) came in 37th with a time of 23:54.4, followed by freshman Nicole Borofski (Plymouth, Mass./Plymouth North) in 41st with a time of 23:59.4.

•Freshman Torri Plank (Sandown, NH) finished sixth overall to lead the Wheelock College cross country team at the Daniel Webster College Eagle Invitational at Mines Falls Park in Nashua, NH.

Junior Ali Dokus (Littleton, MA) of Emerson College won the five kilometer women's race with a time of 20:35. Rivier University won the team title with 38 points.

The Wildcats scored 67 points to place third for the women.

WHEELLOCK SENIOR
PATRICK **HOLLAND** (READING, MA) just missed a spot in the top 50, placing 51st with a time of 45:10.

•ANSWER TO THIS WEEK'S TRIVIA QUESTION: George Halas.

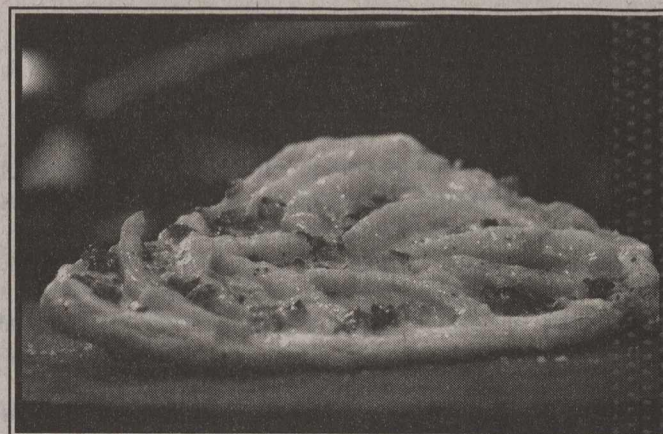
•DO YOU KNOW SOMETHING WE DON'T? If you have information about a local athlete that you would like to see appear in this column, please email it to readingchronicle@comcast.net, or mail it to: Paul Feely, Middlesex East Sports, P.O. Box 240, Reading, Ma., 01867, or call Paul at 781-944-2200.

HomeNewsHere RECIPE

Food.HomeNewsHere.com

White Grilled Pizza with Sugar Pumpkin and Bacon

The invitation is in the title: White Grilled Pizza with Sugar Pumpkin and Candied Bacon. How can you resist such an invitation to the table? Grilling pizza is quite simple at home, a small indoor grill and a cover out of a pan is all that you need. Make a white sauce out of ricotta



cheese, add a little guerrier cheese, top with sugar pumpkin and dress with candied bacon.

This dish is a perfect blend of Summer and Fall, and works beautifully as wither a lunch or dinner dish. Nick Rabar, perfects this unique and simple pizza with his Rhode Island charm.

INSTRUCTIONS

In a small sauté pan over medium heat, render bacon until crispy. Drain fat and add maple syrup.

Reserve. In a mixing bowl, combine ricotta cheese and heavy cream.

Reserve. On a well-oiled cutting board, stretch dough by hand until thin. On a well-seasoned, preheated cast iron stove top grill, place dough over medium heat and cook until golden brown grill marks form (about 4 minutes).

Flip dough and lower heat.

Add ricotta spread, sugar pumpkin, candied bacon and Gruyere cheese. Cover using an inverted sauté pan or tall pot cover. Cook until cheese has melted. Remove and top with sage, Parmesan cheese, a pinch of salt and pepper, and a drizzle of olive oil.

Ingredients

8 oz.	Raw pizza dough
2 Tbs.	Olive oil
¾ c.	Ricotta cheese
¼ c.	Heavy cream
1	Sugar pumpkin, peeled, sliced and roasted
2	Thick slices of bacon, cut into small pieces
1 oz.	Maple syrup
1 c.	Gruyere cheese
10 oz.	Sage leaves, chiffonade
	Pinch salt and pepper
	Parmesan cheese



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Bishop Fenwick High School	Groton School	Pomfret School
Boston College High School	Hebron Academy	Pope John XXIII High School
Boston University Academy	High Mowing School	Portsmouth Abbey School
Bradford Christian Academy	The Hyde School	Presentation of Mary Academy
Brewster Academy	International School of Boston	St. Clement Parish Schools
Brooks School	Kents Hill School	St. John's Preparatory School
Buckingham, Brown & Nichols School	Landmark School	St. Joseph Preparatory School
Canterbury School	Lawrence Academy	St. Mary's High School
Catholic Memorial High School	Lexington Christian Academy	St. Paul's School
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Oct 21 - Oct 31	Mon - Th	8 days	5:15 - 9:00p
Nov 4 - Nov 14	Mon - Th	8 days	5:15 - 9:00p

WEEKEND CLASS SCHEDULE

Oct 5, 6, 12, 13, 19	Sat & Sun	5 days	8:00a-2:30p
Oct 19, 20, 26, 27 & Nov 2	Sat & Sun	5 days	8:00a-2:30p
Nov 2, 3, 9, 10 & 16	Sat & Sun	5 days	8:00a-2:30p
Dec 7, 8, 14, 15 & 21	Sat & Sun	5 days	8:00a-2:30p

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MarketStreet Lynnfield celebrates more stores opening this week

MarketStreet Lynnfield, the hottest shopping destination on the North Shore is celebrating new stores opening every week. The project is a joint venture of two nationally recognized MA based developers; WS Development and National Development. MarketStreet Lynnfield is a new open air lifestyle center offering a unique mix of top name local, regional and national retailers, restaurants, and entertainment.

New stores and restaurants open at MarketStreet Lynnfield include:

- American Eagle Outfitters
- Athleta
- Boloco, globally inspired burritos
- Carhartt
- Chico's
- Davio's, Northern Italian Steakhouse
- Eastern Mountain Sports
- Express
- Everything But Water
- Francesca's Collections
- Gymboree
- Hot Mama
- IT'SUGAR
- J. Jill
- Jos A Bank
- Justice
- Loft
- lululemon
- Pottery Barn
- Rooster
- Shoe Market
- Starbucks
- Teavana
- The Paper Store
- Whole Foods Market

- White House | Black Market
- Williams Sonoma
- Yankee Candle
- Yard House: upscale-casual eatery

Roster and The Grove will join this great mix of stores this weekend.

When complete, MarketStreet Lynnfield will include:

- 395,000 square feet of fine retail shops and restaurants
- 80,000 square feet of office space
- 180 residential apartments in the beautiful Arborpoint Apartments that look over Reedy Meadow
- The King Rail Reserve 9-hole golf course

In the coming weeks, stores still to come include Legal C Bar, Everything But Water, J.P. Licks, Kings, Learning Express, OTTO Pizza, Panera Bread, Vineyard Vines, and wagamama.

ABOUT WS DEVELOPMENT:

WS Development is one of the largest privately owned retail development firms in the country. Based in Chestnut Hill, MA, WS Development has been a leader in the acquisition, development, management and redevelopment of retail and mixed-use properties. Its diverse portfolio consists of more than 85 properties totaling 20 million square feet with 4 million square feet in new developments.



Physical therapy a vital part of treatment and recovery

Illnesses of the musculoskeletal system can result in temporary loss of mobility. But physical therapy can help to prevent those temporary problems from becoming permanent.

The American Physical Therapy Association says physical therapists diagnose and treat individuals of all ages who have conditions that limit their abilities to perform functional activities. Limitations in mobility may result from injury or illness or be present at birth. Many physical therapists develop a plan to reduce pain and restore function through various treatment techniques with the ultimate goal of restoring a patient's functional independence.

Physical therapists are licensed healthcare professionals who must receive a degree from an accredited physical therapist program before taking national licensure exams that enable them to open a practice or work in a facility. The Bureau of Labor Statistics predicts a 30 percent growth in physical therapy careers through 2018, which is a rate better than all other occupations. Unemployment rates for physical therapists are very low, and they are in high demand.

Physical therapists employ various physical modalities to help with certain conditions. For example, a patient may be asked to perform various

range-of-motion exercises to restore function to an injured part of the body. Physical therapists also may use heat, cold and electrical impulses to reduce pain and stimulate muscle function. Physical therapy sessions frequently include some form of massage as well.

While athletes frequently rely on physical therapy as they recover from injuries, others can benefit from physical therapy as well. For example, physical therapy may work in conjunction with other treatments for cardiopulmonary disease. The cardiopulmonary system delivers oxygen to active tissues, which plays an important part in movement. When the cardiopulmonary system is compromised, muscles and other tissues may not function as they should, and certain exercises and mobility therapies may be needed. Physical therapists also aid in improving physical ailments related to neurological diseases, such as cerebral palsy, multiple sclerosis, spinal cord injuries, Parkinson's disease, and Alzheimer's disease. Physical therapists may also help treat poor vision, poor balance and paralysis.

Children who have learning disabilities related to a neurological or physical condition may benefit from certain forms of physical therapy. For example, vision problems can compromise academic performance, so physical therapy

that aims to enhance visual tracking skills and strengthen the eyes in conjunction with corrective lenses may help youngsters, or even adult students, perform better in the classroom.

Very often physical therapy will be recommended by a general doctor or an orthopedic surgeon as part of recovery from a surgery or a condi-

tion. The therapist may work in conjunction with another doctor to provide a program that helps foster a faster and safe recovery. Physical therapy tends to begin gradually and resistance is slowly built up as the body strengthens. The length of physical therapy will depend on the condition and the recommendation of the therapist and doctors overseeing the treatments.



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0130 Entertainment
0140 Equipment Rental & Repair
0150 Fences, Wall & Masonry
0160 Floor & Rug & Tile
0170 Health & Elder Care
0180 Home Improvements
0190 Home & Commercial
0200 Decorating
0210 Instruction
0220 Landscaping & Gardening
0230 Legal
0240 Miscellaneous
0250 Musical
0260 Paint, Paper & Plaster
0270 Paving & Seal Coating
0280 Plumbing & Heating
0290 Professional
0300 Roofing
0310 Schools
0320 Security
0330 Sewing & Alterations
0340 Snowplowing
0350 Sports & Fitness
0360 Rubbish & Junk Removal
0370 Trucking & Moving
0380 Tutoring
0390 Upholstering & Refinishing
0400 Wedding
1000 - Miscellaneous
1010 General
1020 Lost & Found
1030 Rides Share-Car Pools
1040 Free
2000 - For Sale
2010 Antiques & Collectibles
2020 Boats, Motors & Supplies
2030 Business Furniture
2040 Business Equipment
2050 Clothing & Fabrics
2060 Coins & Stamps
2070 Farm Supplies, Equipment & Livestock
2080 Furniture & Household Goods
2090 Holiday Items
2100 Industrial Equipment
2110 Miscellaneous
2120 Money Savers
2130 Pets & Supplies
2140 Sporting Goods
2150 Swimming Pools & Supplies
2160 Wanted To Buy
2170 Wood, Coal & Oil
3000 - Yard Sales
3010 Auctions, Flea Markets & Fairs
3020 Burlington
3030 Lynnfield
3040 Malden
3050 Medford
3060 Melrose
3070 North Reading
3080 Reading
3090 Stoneham
3100 Tewksbury
3110 Wakefield
3120 Wilmington
3130 Winchester
3140 Woburn
3150 Area Sales
4000 - Real Estate
4010 Real Estate Services
4020 Commercial Property
4030 Condominiums / Townhouses
4040 Houses For Sale
4050 Income Property
4060 Land
4070 Vacation Property
4080 Real Estate Wanted
5000 - Rentals
5010 Apartments & Condos
5020 Commercial
5030 Houses
5040 Miscellaneous
5050 Rental Services
5060 Rentals to Share
5070 Rooms
5080 Seasonal
5090 Storage & Garages
5100 Wanted to Rent
6000 - Transportation
6010 Auto & Truck
6020 Parts & Repairs
6030 Auto Rental, Lease & Financing
6040 Used Car Services
6050 Auto-X-Change
6060 Autos Wanted
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Wedding 0400

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MISCELLANEOUS

FOR SALE

Furniture & Household Goods 2080

CHERRY desk \$35. BR set \$300 (dbl bd, mt & bx sprng \$100, chst of D \$75. Bur w/mmr \$100. Cdr chst \$75. Oak ent ctr \$75. Oak ent cbr \$100. 4 kit stls \$186a. Bdsd tble \$25. 978-942-3826.

CHERRYWOOD DR set. Exc. cond. 8 chrs. 8ft. 6in. long w/2 leafs, pads & tbleclothes incl. \$375/BO. Student maple desk w/chr. \$25/BO. Antiq. student desk 100 yrs. old. Lift top w/ink well & chr. inc. \$75/BO. 1950's English pram baby carriage. \$35/BO. 1930's Binocular binoculars. Exc cond. \$75/BO. 781-935-0319 aft. 5.

MAHOGANY 60" round diningroom table. 7 years old. Drop sides, freest. bottom & 4 upholstered chairs. \$750. 781-983-5485.

Oak CD rack \$20.; Singer sewing machine w/ attachments \$25.; Canon 35 mm camera (Z115) \$45.; Pentax K100 camera w/ macro and other lenses \$ \$75.; Zoom lens \$ 60.; 2 card tables \$7.50 ea.; 4 folding metal chairs \$15.; 781-933-2858.

SUMMIT 13 stair chairlift. Holds up to 350 lbs. Great cond., 3 years old, very little use, cost \$3000, will take \$1700. Jordan's elec. recliner to standing pos. Used 6 mos., cost \$1000, will take \$600. Exc. cond. Brown corduroy. Call 781-334-2745.

VERMONT CASTING Gas Grill with 2 gas bottles. \$150. Call 978-657-8351.

Walker Turner Radials heavy duty saw with iron stand & 20 ft bench incls. blades. \$200/B.O. 781-933-4985.

Wall Unit. Solid Oak w/ cab, adj. glass shelves, Raised panel drs., lighted bkcase, exc. cond. \$350. 781-438-7505.

White wicker love seat 2 chrs/coffee tble \$300. Wicker sewing tble \$75. Brothers sewing mach \$30. 781-944-3357.

Miscellaneous 2110

PRIVACY HEDGE BLOW OUT-Arborvitae's reg. \$129 NOW \$59. FREE installation/delivery also liquidating 4 foot maple, birch, il-lacs \$14.95 delivered! 518-536-1367 www.lowcostrees.com limited supply!

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Wanted To Buy 2160

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CASH PAID WWI-WWII Military Antiques. 1 pc. or entire collections. Uniforms, daggers, head gear, weapons. 781-953-2632.

Hand Tools Wanted Patternmaker, carpenter, sheet metal, machinist. Planes, chisels, calipers, hammers, clamps, anvils. Shop lots. 888-405-2007.

Wood, Coal & Oil 2170

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YARD SALES

Burlington 3020

Downsizing YARD SALE - Sat. 9/28, 9am-2pm. 5 Sandy Brook Rd. Big selection. Good quality. Great prices.

Multi-family yard sale. Sat. 9/28, 8-3. 5 Wainwright Ave. (off Olympia). Toys, furn., paintings, and much more.

Lynnfield 3030

Sat. Sept. 28, 9-3 p.m. 105 Walnut St., Toys, clothes, households and furniture.

North Reading 3070

SAT. Sept. 28, 9am-3pm. 12 Kristyn Lane. Huge multi family yard sale. Soup to Nuts.

Reading 3080

COMPLEX Yard Sale. Saturday September 28, 9am-2pm. Condos on Gazebo Circle. 12+ garages full !!

YARD SALE - Sat. 9/28, 8a-2p. 252 Haverhill St. (RD Sat. 10/5). Misc. hshld., cookware, holiday dec., din. tble, & chairs, Queen & King sized brass headboards, Elliptical exerciser, fridge, luggage & more. Cash only pls.

Stoneham 3090

HUGE Neighborhood Yard Sale. Sat. 9/28, 9-2, Myopia, Westwood & Bonad Rd., We have it all! Something for all !

Sat. Sept. 28, 9-2, at 2 Edwards Rd. (off north St.) Households, toys, clothes and furniture.

Two family yard sale. Sat. 9/28, 10-3, 11 Myopia Rd. Large variety of items including household, clothing, toys. Rain date 10/12.

Wakefield 3110

YS -Sat. 9/28, 9-3. 20 Mountain Ave. Antiques, pics, furn., rugs, jewelry, hshld. items, shoes, clothing, prom dresses.

Woburn 3140

MOVING Sale., Sat & Sun. 9/28 & 29, 9-1. 17 Rose Farm Ln. Must sell everything. Furn., hshlds., wicker & more.

MULTI Family Yard Sale. Sat. 9/28, 8am-2pm. Furn., tble. & chrs., coach, clothes, baked gds., toys, misc. hshld. items & more.

Multi-Family yard sale. Sat. 9/28, 8-3. 5 Wainwright Ave. (off Olympia). Toys, furn., paintings, and much more.

YARD / MOVING sale. 27 Stevin Dr. Sat. 9/28, 8:30 - 4 p.m. Vintage pottery, furn., electronics, toys, luggage, cameras, hshld. items, exercise equip., art work, lamps, tools & misc.

REAL ESTATE

Real Estate Services 4010

EQUAL HOUSING OPPORTUNITY All real estate advertising in this newspaper is subject to the Federal "Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

Houses for Sale 4040

WILMINGTON - Affordable duplex. \$197,380. 2BR, 1.5 ba., fin. bsmt. rms., 1212 s.f. Restrictions apply. Kristen 978-758-0197.

Land 4060

Berkshires 6 Acres with pond only \$59,900 beautiful wooded property located close to 1000's of acres of State Land, hunt, hike, snowmobile and x-country ski, new survey recent perc, bank financing available owner 413-743-0741

Real Estate Wanted 4080

All Run Down Homes Wanted for demo or rehab. Cash buyer, builder. 978-851-4851.

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Commercial 5020

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WILMINGTON HERITAGE COMMON OFFICE PARK Sunny 2nd flr. end unit. New carpet & paint. 700s.f. @ \$678.41/mo. 978-851-4116 www.nedevcorp.com

AUTOMOTIVE

Auto-X-Change 6040

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2004 Pontiac Grand Am GT, Fully loaded, new rims & tires, Great cond. \$5,000. Call or text 508-468-7891.

2000 CHEVY Blazer. 127K miles, 4 wheel drive, black, leather. Good condition. \$3500. 781-858-8407.

1999 Chevy Tahoe, black, 4 wh dr., barn drs. garaged & very good cond. 139K hwy mi. \$3,200. 781-273-0955.

1990 JEEP Wrangler with plow. Good condition. Original 80K. \$3,800. 781-249-1744.

Autos Wanted 6050

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Recreational Vehicles 6070

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BUSINESS & FINANCE

EMPLOYMENT

Employment Services & Publications 8020

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General Help Wanted 8040

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Local from S-1

is only one, and sustainable/local (or regional) food systems, of which there are many.

The term "local food system" (or "regional food system") is used to describe a method of food production and distribution that is geographically localized, rather than national and/or international. Food is grown (or raised) and harvested close to consumers' homes, then distributed over much shorter distances than is common in the conventional global industrial food system. In general, local/regional food systems are associated with sustainable agriculture, while the global industrial food system is reliant upon industrial agriculture.

Commonly, "local food" refers to food produced near

the consumer (i.e., food grown or raised within X miles of a consumer). However, because there is no universally agreed-upon definition for the geographic component of what "local" or "regional" means, consumers are left to decide what local and regional food means to them. A 2008 survey found that half of consumers surveyed described "local" as "made or produced within a hundred miles" (of their homes), while another 37% described "local" as "made or produced in my state." The ability to eat "locally" also varies depending on the production capacity of the region in question: people living in areas that are agriculturally productive year-round may have an easier time sourcing food that is grown or raised 100 miles (or even 50 miles) from their homes than those in arid or colder regions, whose residents may define

"local food" in a more regional context.

While local food sources are the special topic for the first meeting of Acting Locally, after the meal each person is invited to explain their recipe, the ingredients, and the local businesses and companies they use. Each will also have the opportunity to discuss why living a local and sustainable life is important to them. Acting Locally will provide the plates, cups, etc.; you just bring your covered dish!

Here are some sources and recommendations for finding local companies.

•Whole Foods Lynnfield (and most Whole Foods) has many products labeled "local". In addition, Whole Foods Lynnfield has a beer and wine section with many of the products from local vineyards and breweries. <http://www.wholefoodsmarket.com/stores/lynnfield>

ket.com/stores/lynnfield

•Consider buying your produce from a local farm or the farmer's market.

•The Massachusetts Federation of Farmer's Market lists the days, time and location for farmer's markets in your area. Additionally many of them list the companies that are represented there. <http://www.massfarmersmarkets.org/>

•Your garden!

Participants are welcome to join the Acting Locally Facebook group by searching for Acting Locally and requesting to join. For questions or to express interest, email actinglocallywakefield@gmail.com or leave a message for Acting Locally at the Wakefield UU Church by calling 781-245-4632.

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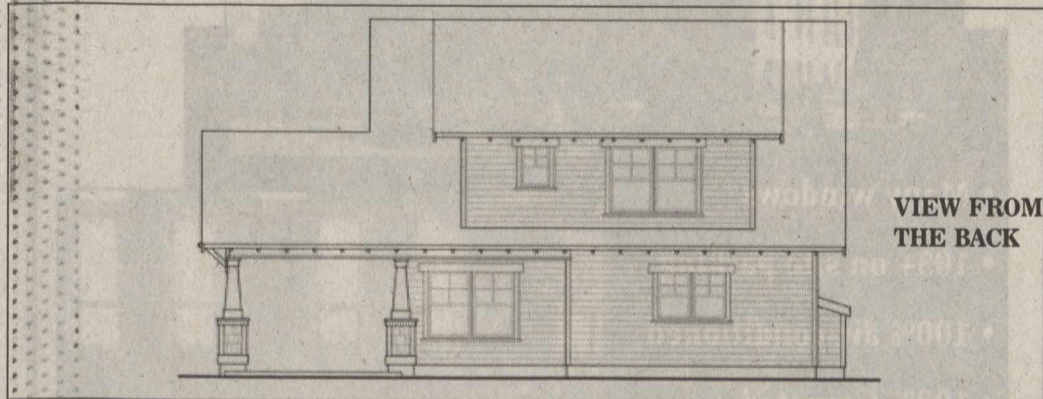
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VIEW FROM
THE BACK

Sampler

From S-8

that angles up the right wall leads to three bedrooms and two bathrooms. Straight ahead is a coat closet, which makes good use of the under-stair space.

Family living areas fill the main floor. A wide opening on the left side of the foyer feeds into a large living room with a wide triplex of windows facing the porch, and two standard-

sized windows arrayed along the other outside wall. Slender wall segments mark the juncture of the living room and dining room.

The dining area is also naturally bright, due to matched windows that flank its gas fireplace. An opening on the opposite wall provides access to a convenient powder room, and a good-sized hobby room, or home office, windowed on two sides. A pocket door in the hobby room opens into a utility room, fully outfitted with a

utility tub and a wide folding counter. Another door leads out to the porte cochere.

A second set of slender wall segments marks where the Blue River's dining room segues into the C-shaped kitchen. A conversation bar rims one side of its central work island. The roomy and partially recessed walk-in pantry is next to a door leading out onto a cozy covered patio.

Middlesex East Real Estate

Transfers From S-8

-STONEHAM-

140 ELM ST was sold to Paul R Souza by Shirley A Woodson for \$379,900
86 HANCOCK ST #86 was sold to Nicholas J Hooper by Jack S & Sudarat Kurtpin for \$210,000
426 MAIN ST #110 was sold to John E Seccareccio by Upper Lake Properties LP for \$310,000
100 PARK TERRACE DR #122 was sold to Walter T Morgan by Grace E Umbach Est & Edward H Smith for \$130,000
70 PINE ST was sold to Dennis F Guerin & Sarah E Marcone by Helen G Maidrand Est & John Maidrand for \$355,000
6 SPALDING RD was sold to Stabile Hmes Stoneham LLC by Wincrest Properties LLC for \$285,000
7 WARREN ST was sold to Broadfield RT & Nick Aalerud by Jeanne M Oneill for \$186,200
42 WINSHIP DR was sold to Stabile Hmes Stoneham LLC by Wincrest Properties LLC for \$285,000

-TEWKSBURY-

353 TRULL RD was sold to Joseph E & Tiffany R Carroll by Redevelopment Assoc LLC for \$285,000
21 WAYSIDE RD was sold to Mathieu Villefranche by Richard P & Jo A Messina for \$305,000

-WAKEFIELD-

894 MAIN ST #12 was sold to Evans & Ryann Cazeau by Salvatore & Terre P Mazzola for \$367,000
1 NAZARETH RD was sold to Stabile Hmes Stoneham LLC by Wincrest Properties LLC for \$285,000
6 SWANSEA RD was sold to Saray C & Michael A Caruso by Michael Musto for \$450,000
1 TEAL RD was sold to Healthy Habits LLC by 1 Teal Road RT & David Monastiero for \$600,000
3 TEAL RD was sold to Healthy Habits LLC by 3 Teal Road RT & David Monastiero for \$600,000
34 VALLEY ST was sold to William A & Jennifer M Morris by John V & Doris Moriana for \$275,000

-WILMINGTON-

200 ANDOVER ST #2 was sold to Ernest A Croteau by LFL Realty Corp for \$150,000
59 ASHWOOD AVE was sold to James & Kelli Keck by Brookfield Estates LLC for \$633,900
27 FOREST ST was sold to Jaime L McLennan by Paula J Miele for \$250,000
35 FOX RUN DR was sold to Sarah & Kevin Greenhalgh by James H & Kathy A Halas for \$490,000

11 HILLSIDE WAY was sold to TCM RT & Richard W Stuart by Salvatore E & Sylvia P Fantasia for \$205,000

-WINCHESTER-

194 CROSS ST #194 was sold to Ethan Y Xu & Yijun Zhang by Hamilton S & Swati S Sekino for \$749,000
1 CURTIS CIR was sold to John A & Meghna G Eichelberger by Respite RT & Tamara J Leaf for \$1,770,000
16 THORNBERRY RD was sold to Mark & Jacqueline Lachance by Rita M Staffier Est & Laura M Staffier for \$510,000

-WOBURN-

4 FAIRVIEW RD was sold to Glenn English by Joan F Sousa for \$235,000
10 HILLTOP TER was sold to Adrienne C Nolan by William D Kerns for \$465,000
13 LAFAYETTE PL was sold to Richard M Smith by W V Perrelli for \$725,000
115 MONTVALE AVE was sold to Rhisa Prince & Jeffrey Dickson by Agnes P Marderosian & Elizabeth B Sheeran for \$315,000
24 POOLE ST was sold to Murrays Realty Inc by John A Deangelis Est & Gerald P Buckley for \$192,500
122 WASHINGTON ST was sold to Chinh D Vu by Joan E Gorton for \$352,500

-LYNNFIELD-

16 CANLEWOOD RD was sold to Amie T & David E Geary by Carol A Koles for \$817,105
3 CHARING CROSS was sold to Timothy F Allen by Moore RT & Margaret M Moore for \$735,000
1200 SALEM ST #189 was sold to Susan E Broderick by Jeffrey L & Kara J Maciorowski for \$349,900
35 WING RD was sold to Colin Shield by Robert Zwolinski & Edward Blee for \$749,900

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-BURLINGTON-

2 CLONMEL AVE was sold to Jean M & Frederique Peallat by Hill Park Circle LLC for \$609,500
5 MARRETT RD was sold to Todor Iamalov by Maria Rosario for \$570,000
13 MOUNTAIN RD was sold to Rachael L Connolly & Joseph M Rezendes by Joseph Dirienzo for \$385,000
10 SUNSET DR was sold to Giuseppino & Teresa Miniello by Tracy C & Kar Y Lee for \$300,000

-NO READING-

4 ADRIAN DR was sold to Stephen J & Paola L Comer by Peter & June C Miranda for \$959,000
3 BARBIE LN was sold to Yevginiy & Maria Shkolnik by Nicholas G & Marleen M Arena for \$975,000
276 HAVERHILL ST was sold to Mary E Seward & Peter J Eagan by Douglas S Samuel for \$355,000
21 MARSHALL ST was sold to Kyle C Donovan by J M Brophy RT & Margaret T Brophy for \$625,000
13 OAKLAND RD was sold to Paula J Astil & Julie A Wilson by Christopher & Jill Sullivan for \$369,900
259 PARK ST was sold to Gopinath Karunakaran by Nelson C Harris for \$412,000
21 WILLIAMS RD was sold to Ann Powers by Vera Hart Est & J E Hart for \$285,000

-READING-

52 COUNTY RD was sold to Katherine R & Timothy P Lynch by Barbara Stewart for \$590,000
18 GLEASON RD was sold to Susan A & Christopher W Crogan by John G Pack for 430,000
1115 MAIN ST was sold to John N Papantonakis by Carmen I Cuevas for \$55,000
48 PARKVIEW RD was sold to Win Win Properties LLC by Lori A Chester for \$225,000
141 PEARL ST was sold to Eduardo J Orsini by Donna M Gillis for \$359,900
745 PEARL ST was sold to Nicole M & Kevin P Lucey by Janice G White for \$465,000
65 WAKEFIELD ST was sold to Nicole B & Thomas D Quinn by Harriet M Kennedy for \$495,000

Transfers to S-7

Sampler to S-7

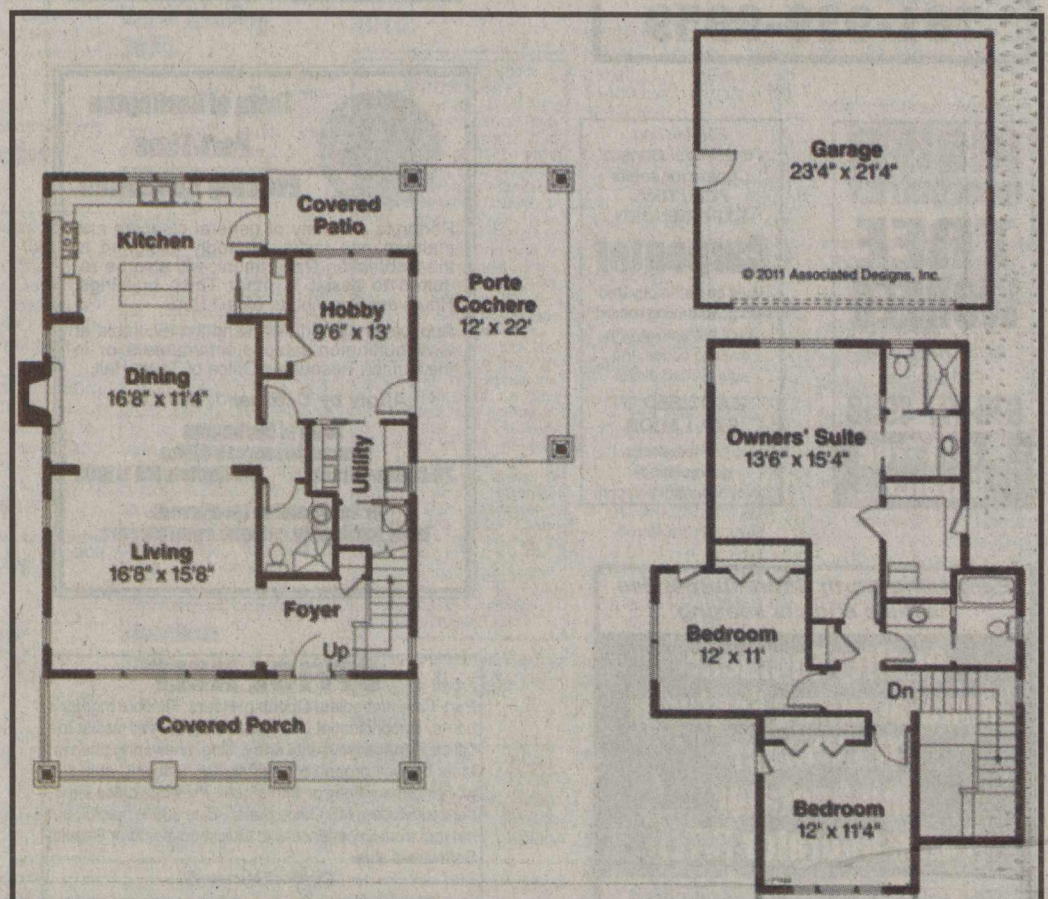
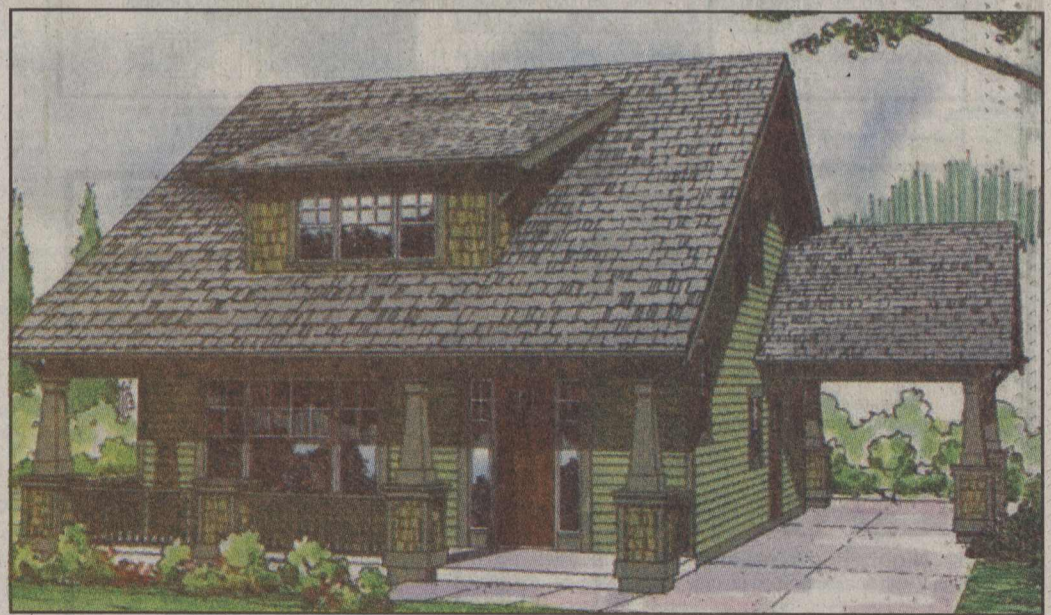


This Week's Sampler: Blue River

Blue River blends charm with function

Its Craftsman-style front dormer, handrailed front porch, tapered columns and porte cochere all add to the nostalgic charm of the Blue River. This two-story Craftsman bungalow would be equally at home in a suburban neighborhood or a retreat setting.

It's easy to imagine relaxing on the porch in summer, sipping iced drinks, chatting with friends, or waving to neighbors passing by. Soft light spills into the vaulted foyer through sidelights and glass near the top of the Craftsman door. The stairway



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BILLERICA - \$299,900



Great location for this split entry style home featuring central a/c, 1.5 baths, 1 car garage, fireplace living rm, 2 other finished rooms in lower level (one w/wood stove)

WILMINGTON - \$750,000



Pristine condition Colonial with 4-5 bedrooms, 3.5 baths & 3 car garage is located in desirable Andover Heights. Lge kitchen w/island, breakfast bar & pantry open to the oversized family room w/gas fl & cathedral ceiling. Brand new hwd flrs thruout & newly finished basement.

NEW LISTING WILMINGTON - \$379,900 OPEN HOUSE SUNDAY 1-3 57 CHESTNUT STREET



Come see this expanded Cape with 4 bedrooms, 2.5 baths & many updates. Master suite w/new carpeting & full bath. Eat-in kitchen AND formal dining rm! Close to trains & highways.

BURLINGTON - RENTAL \$2,500/MONTH



Great Split Entry on corner lot in Fox Hill area. Located within walking distance to Foxhill School. Features include: LL fam rm w/fpl, 3-4 bedrooms, freshly painted interior, 1-1/2 baths & C/A. October 1st occupancy.

WILMINGTON - RENTAL \$2,800/MONTH



Need space? This large 3 bdrm, 4 bath gambrel has so much to offer! Updated, fully appliance, kitchen w/granite Huge family rm with hwd flrs. Attached 2-car garage. Great location! Immediate occupancy.

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DON'T MISS OPEN HOUSES SUNDAY!!



SUNDAY OPEN HOUSE 12-2 READING AND BRAND NEW!

Enjoy the benefits of a brand new home! 4000 sq. ft. plus with 5 bedrooms, 3 full baths, situated on a cul de sac street. 2 car garage. There's still time to make some final selections but this charmer will be finished in 45 days. Stroll to Birch Meadow, the YMCA, Coolidge Middle & the High School. Lot 5 Bethune off Forest St.

\$899,900



SUNDAY OPEN HOUSE 11-1 PEABODY!
EXCELLENT AREA 8 ROOMS, 4 BEDROOMS,
2 FULL BATHS, GREAT POTENTIAL INLAW.
7 STONE WAY, PEABODY

\$439,900

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Thurs. 9/26, Hillview CC - 149 North St., N. Reading

6pm - Registration, 6:30pm - Presentation by Professional Organizer,
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New Listing! Ipswich
Rare 3BR/2/5BA TH built in 2011
with many Seller Upgrades!
\$424,900
55RiverPoint30.C21.com



Karen Dame



New Listing! Billerica
Almost New Construction
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\$364,000
5WhittemoreTerrace.C21.com



Cheryl Cairns



Ridgeway Estates! North Reading
4BR/3.5BA Colonial on 0.93ac lot
w/partially finished LL, 2 Car gar & more!
\$679,990
25CountryClubRoadNorthReading.c21.com



Amy Nigro-LeBlanc

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Forest Green Estates - North Reading
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Lot4ForestGreenEstates.c21.com - \$749,900 & up



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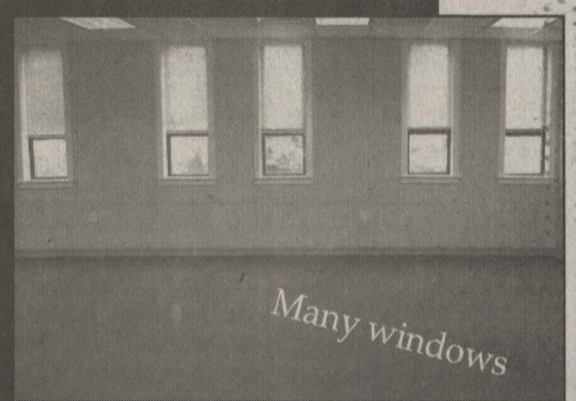
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